

## **2019 LTM Contemplative Practices Cohort Program Privileges and Expectations**

It is with great excitement that we introduce the 2019 LTM Contemplative Practices Cohort Program with Rev. Joe Stabile and Rev. Hunter Mobley. In this cohort we will study and practice many and varied spiritual disciplines. We will hold one another accountable for the practice so that we will find companionship and support along the way. We will discuss issues that are pertinent to spiritual growth and formation and we will use the wisdom of the enneagram to inform the ease or difficulties we might encounter in our personal spiritual growth.

The Cohort Program is a significant commitment and not all applicants will be admitted into the program. Apprentices are chosen (by committee) based on the following criteria:

- Desire to use contemplative practices for the betterment of the community
- Video-chat interview (for second round applicants, only)

### **Schedule**

The 2019 Contemplative Practices Cohort will meet once a quarter: February 21-23, May 2-4, August 22-24, and November 14-16. The schedule for the gatherings will be:

Thursday: 1:00 p.m. - 8:00 p.m. (Teaching and Dinner Group)

Friday: 9:00 a.m. - 5:00 p.m.

Saturday: 9:00 a.m. - 3:00 p.m.

Snacks and drinks will be provided during all three days of the Cohort gathering. Lunch will be provided on Friday and Saturday. All other meals, including the Friday evening dinner group, will be the responsibility of the participant.

Dinner groups are required, as is homework between each gathering. Homework typically consists of a spiritual practice, a suggested book to read, and personal observation.

### **Travel**

All Cohort gatherings will happen at LTM's Micah Center in Dallas, TX. The Micah Center is located on the Southwest corner of Northwest Highway and Midway Rd.

**Address:** 9027 Midway Rd Dallas, TX 75209

**Phone number: 214-366-3377**

For Cohorts traveling from out of town, Love Field is the most convenient airport to fly into, located just two or three miles from the Micah Center.

LTM has an arrangement for a corporate rate with Embassy Suites Dallas Love Field. They are located on Northwest Highway about a mile from the Micah Center. They offer a shuttle service to and from the Micah Center and Love Field Airport as well as a delicious breakfast each morning. If you would like to reserve a room, it is best to call the Embassy Suites representatives directly. Be sure to mention "Life in the Trinity Ministry" and ask for our corporate rate.

**Tuition**

Tuition for the LTM Contemplative Practices Cohort is \$1,500 a year. As participants are expected to participate in every cohort gathering, any missed gatherings will not be pro-rated.

Annual tuition is due by January 31<sup>st</sup>. If you need to make alternative payment plans, please email Laura Addis ([laura@lifeinthetrinityministry.com](mailto:laura@lifeinthetrinityministry.com)) separately to work out other options.

If you are paying by check, please make checks payable to "Life in the Trinity Ministry" and mail to the Micah Center. Please include your name and "Cohort Tuition" in the memo line.

We thank you for your interest and continued support of Life in the Trinity Ministry!

Blessings,

Suzanne and Joe Stabile