

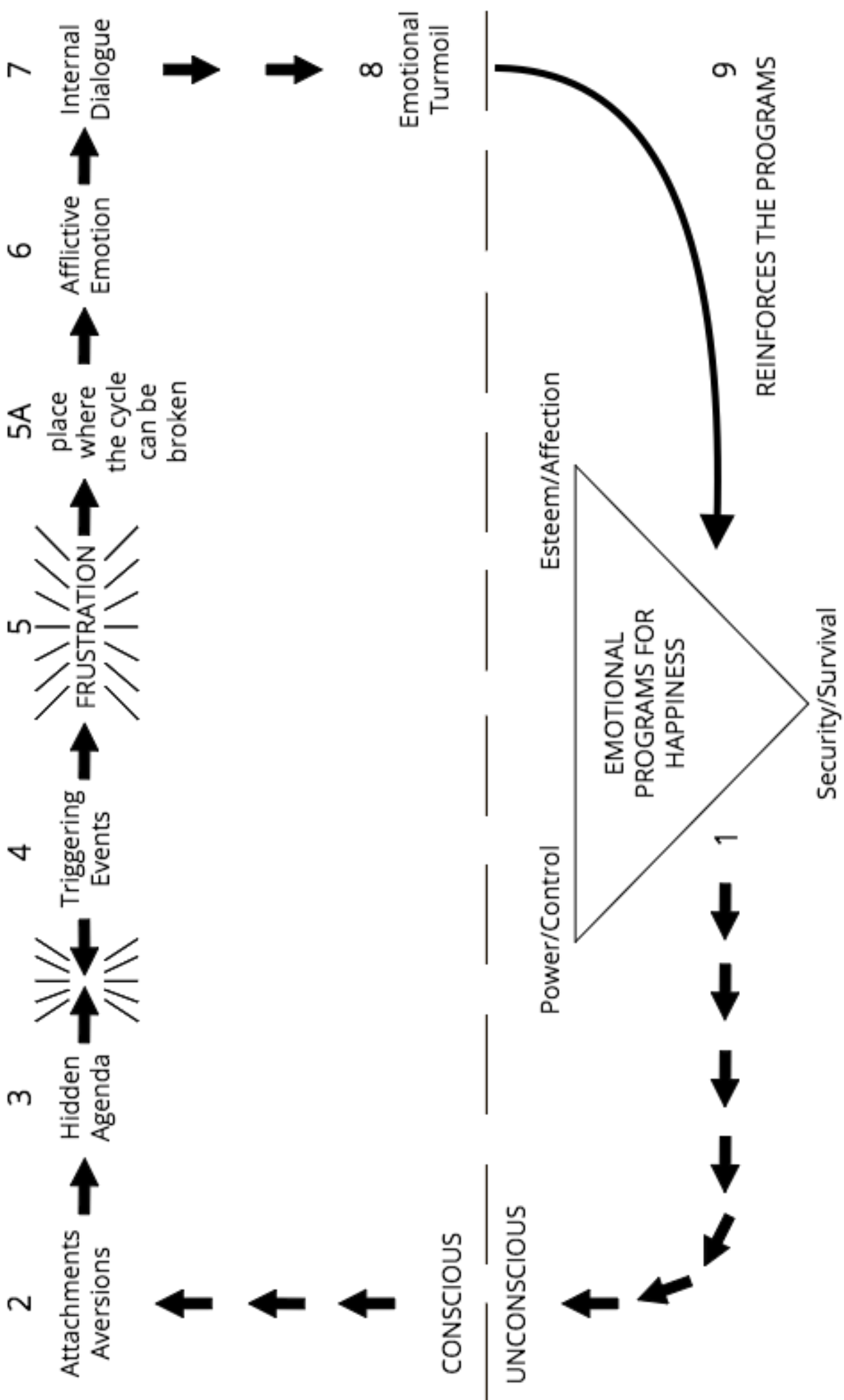


BR5AKING
THE CYCLE

SOLITARY WORK THAT CANNOT BE DONE ALONE

The False Self in Action

Emotional programs for happiness based on institutional needs from early childhood.



The Welcoming Prayer

Gently become aware of your body
and your interior state.

Welcome, welcome, welcome.

I welcome everything that comes
to me in the moment
Because I know it is for my healing.
I welcome thoughts,
feelings, emotions, persons,
situations and conditions.

I let go of my desire for security.

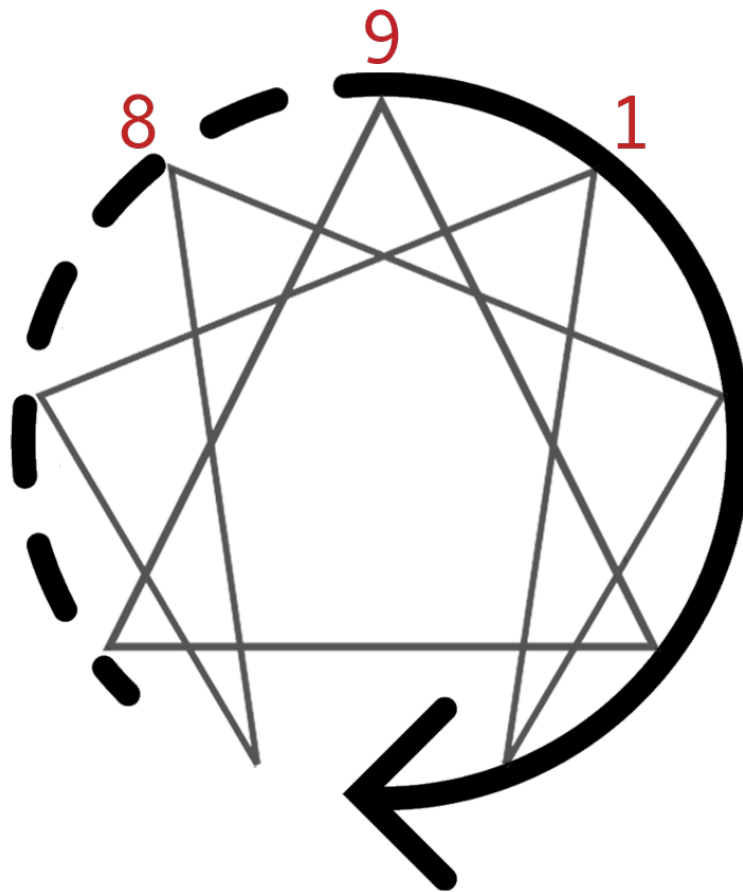
I let go of my desire for approval.

I let go of my desire for control.

I let go of my desire to change any
situation, condition, person, or myself.

I open to the love and presence of God
and the healing action and grace within.

Gut Triad



ANGER TRIAD

BODY CENTERED

DOMINANT CENTER OF INTELLIGENCE: DOING

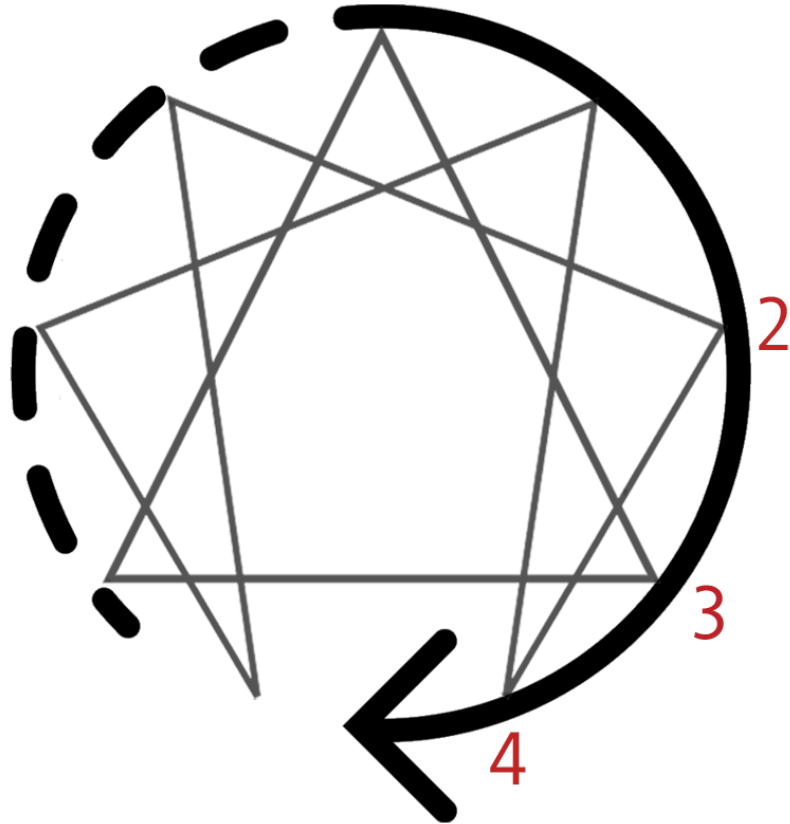
PASSIONS:

8-LUST

9-RESIGNATION

1-ANGER

Heart Triad



SHAME TRIAD

EMOTIONALLY CENTERED

DOMINANT CENTER OF INTELLIGENCE: FEELING

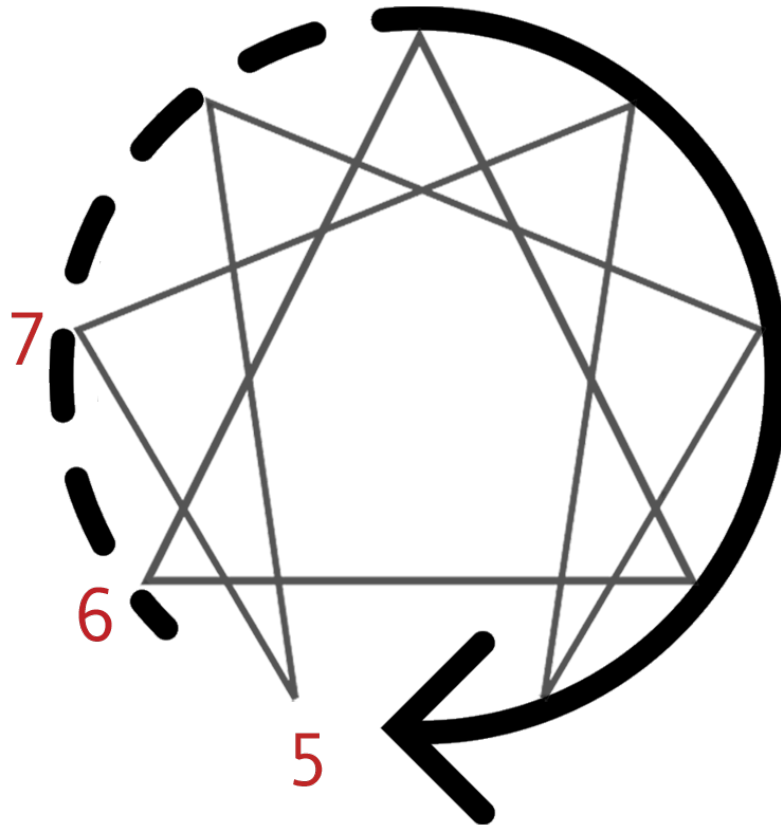
PASSIONS:

2 - PRIDE

3 - VANITY/VAIN GLORY

4 - ENVY

Head Triad



FEAR TRIAD

MENTALLY CENTERED

DOMINANT CENTER OF INTELLIGENCE: THINKING

PASSIONS:

5 - AVARICE

6 - FEAR

7 - GLUTTONY

Resources

- Thanks to Contemplative Outreach for The Welcoming Prayer
- The False Self in Action, work of Cynthia Bourgeault in “Centering Prayer and Inner Awakening”
- Prayer and the Enneagram with Rev. Joseph and Suzanne Stabile
- Centering Prayer with Rev. Joseph Stabile
- russhudson.com
- suzannestabile.com
- lifeinthetrinityministry.com

LIFE IN THE TRINITY MINISTRY
**CONTEMPLATIVE
COHORT**

★ 2022 ★

In this Cohort, Facilitated and led by Hunter Mobley and Rev. Joseph Stabile, we will study and practice many and varied spiritual disciplines. We will hold one another accountable in our practices, finding companionship and support along the way. We will discuss issues that are pertinent to spiritual growth and formation and we will use the wisdom of the enneagram to inform the ease or difficulties we might encounter in our personal spiritual growth.

FOR MORE INFORMATION AND TO APPLY VISIT
[LIFEINTHETRINITYMINISTRY.COM/2022COHORTS](https://lifeinthetrinityministry.com/2022cohorts)

ALL ARE WELCOME

The Table

Fatih. Community. Growth.

SUBSCRIBE / SIGN IN

lifeinthetrinityministry.com/thetable

The Table is Life in the Trinity Ministry's new online subscription service. It is a wealth of teaching and knowledge from Rev. Joseph and Suzanne Stabile and their friends and colleagues. Your monthly subscription includes free access to online virtual teaching events, Live podcast recordings of The Enneagram Journey, a library filled with hours of video teaching, discounts on LTM products and upcoming events, and more!



LIFE IN THE TRINITY
— **MINISTRY** —