

**Session 1: Am I Doing the Right Thing?**

September 13, 2021 on Facebook Live

1.20 Now, with his flag like a monkey,  
Arjuna saw your sons, his own  
first cousins, arrayed for battle,  
eager to fight, and raised his bow.

1.26 Then Arjuna saw stationed there  
fathers and grandfathers, teachers,  
maternal uncles, brothers and  
sons and grandsons, and friends, as well.

Arjuna speaks:

1.36 “What pleasure will be ours, Krishna,  
by slaying my blind uncle’s sons?  
Only sin would come upon us  
by killing all these murderers.

1.39 “Why should we, who can see the fault  
in destroying the family,  
not turn back from this wickedness,  
Krishna, You Who Helps the People?”

1.47 Thus having spoken, Arjuna  
sat in his chariot seat on  
the battlefield, throwing down bow  
and arrows, mind full of sorrow.

Krishna speaks:

2.11 While you seem to speak wise words, you  
are mourning for those who should not  
be mourned. The truly wise ones do  
not mourn the living nor the dead.

2.16 The unreal has no being;  
the real does not cease to be.  
The line between these two is seen  
by those who see Reality.

4.42 Thus, with the sword of knowledge, cut  
out doubt of your Self born from the  
ignorance living in your heart.  
Find yoga! Rise up, Arjuna!

Please use and share this video and join us again!

**Yoga and the Bhagavad Gita** biweekly class starts [Thursday](#)

**What if I Try and Fail?** September 27, 10-10:45am on [YouTube Live](#)

Find more free resources at <https://www.dharmakshetrayoga.com/resources>

Original translation by Atmadarshan © 2021.