Resource for Education on Pregnancy and Planning

REPP

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INTRODUCTION TO FAMILY PLANNING RESOURCES AND PROGRAMS IN UTAH; CREATING A NETWORK FOR FAMILY PLANNING CARE IN UTAH

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PERSONAL INTRODUCTION

• Program Director, Family Planning Elevated
• Department of Ob/Gyn
• University of Utah
DISCLOSURES

• Nothing to disclose
LEARNING OBJECTIVES:

1. Understand that recent legislative changes have expanded contraceptive access for many Utahns.

2. Understand there are federal, pharmaceutical, and online resources available to reduce economic and geographic barriers to contraceptive care.

3. Understand that training opportunities are available
IMPORTANT TAKE AWAYS

• There are numerous family planning resources available to your clients

• Don’t let you be the barrier to care
CONTRACEPTIVE COVERAGE

• Health insurance is associated with contraceptive use

• Affordable Care Act
  – Contraceptive Mandate

Out-of-pocket costs

LARC insertions

Guttmacher.org
CONTRACEPTIVE COVERAGE GAP

NOTE: Applies to states that do not expand Medicaid. The current median state Medicaid eligibility limit for parents is 48% FPL in the 21 states that are not moving forward with the Medicaid expansion at this time.
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MEDICAID FAMILY PLANNING WAIVER

• Expands Medicaid-funded family planning services for ≈50,000 Utahns

• Including all FDA approved methods

• <100% Federal Poverty Level
  – Childless person ≈$1,000 month
  – Family of four ≈$2,000 month

• January 1, 2019
IMMEDIATE POSTPARTUM LARC

• Long Acting Reversible Contraception (LARC)
  – Intrauterine Device (IUD)
    • Hormonal: Mirena®, Kyleena®, Skyla®, Liletta®
    • Non-hormonal (copper): Paragard®
  – Contraceptive implant
    • Nexplanon®

Can be inserted immediately after placenta delivery or placed prior to hospital discharge

Covered by Medicaid starting January 1, 2019
PHARMACIST DISPENSING AUTHORIZATION

• Allows pharmacists to dispense short acting hormonal methods under a standing order
  – Oral contraceptive pills
  – Contraceptive ring
  – Contraceptive patch

• Not in practice yet, stay tuned...
MEDICAID EXPANSION

- Ballot initiative, Proposition 3
- Full Medicaid Expansion
- <138% Federal Poverty Level
- Vote November
- Effective April
340B DRUG PRICING PROGRAM

• Government program that allows hospitals and clinics serving low-income populations to obtain discounted prices on certain drugs.

• Liletta® - Hormonal IUD
  - $50 (soon to be 100)

• https://www.hrsa.gov/opa/index.html
AFAXYS GROUP PURCHASING ORGANIZATION

• Any entity that has a greater than 20% patient volume of Medicaid patients can join Afaxys

• Access to reduced pricing on many products of relevance for family planning providers

• https://gpo.afaxys.com/
ARCH PROGRAM

• Bayer Pharmaceuticals
• Patient assistance program
  – Mirena
  – Kyleena
  – Skyla

• ARCHPatientAssistance.com
CLINICAL TRIALS

• University of Utah always has clinical contraceptive trials.

• Current trials include copper IUD and vaginal ring research. Soon to have transcervical sterilization trial.

• Contact Amy Orr, Clinical Research Study Coordinator  Amy.Orr@hsc.utah.edu
Updates
Digital tools – (reminders for patients)
FAQ
Order materials

https://providers.bedsider.org/
ONLINE/MOBILE APPS

• Fertility Awareness Based Methods
  – Natural Cycles, Kindara, Dot

• Contraceptive delivery
  – The Pill Club
  – PRJKT Ruby
ONLINE/MOBILE APPS
ADDITIONAL RESOURCES

- Tool for forecasting costs
- Resources for Developing Capacity of Staff to Provide Contraceptive Counseling
- Patient Education Resources

Found on FPEutah.org
UNIVERSITY OF UTAH FAMILY PLANNING EXPERTS

• Family Planning Division has experts who want to hear from you!

• Call University of Utah Hospital Operator
  – 801-581-2121
  – Ask for on call Family Planning person

• All family planning related questions
  – Contraception, basic or complex
  – Referrals for options counseling
FAMILY PLANNING ELEVATED

• Aims to improve contraceptive access across the state.

  1. Contraceptive Education and Training Conference
  2. Contraceptive Access Program

• www.FPEutah.org
CONTRACEPTIVE EDUCATION & TRAINING CONFERENCE

• Patient centered counseling
• Provision of all methods
• IUD training
• Implant training
• Train the trainer

➢ Tracks for all health center staff roles
  – Providers
  – Medical assistants
  – Administrative
FOR PROJECT REPP PARTICIPANTS...

• Comped registration fee!

• Look out for our email
FAMILY PLANNING ELEVATED
CONTRACEPTIVE ACCESS PROGRAM

- 11 health centers will be selected and receive:
  - Cash grants to defray equipment & personnel expenses
  - Customized training & support
  - Devices and reimbursement for contraceptive services for uninsured clients
FAMILY PLANNING ELEVATED
CONTRACEPTIVE ACCESS PROGRAM

• Health Center in Utah
• Serve Medicaid and uninsured clients
• Want to improve contraceptive services
• Willing to partner for two years
• Application available soon! FPEutah.org
CREATING A NETWORK

We want to add you and your health center to the Family Planning Elevated Health Center Directory!
CONTACT INFO

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801-213-2252

FPEutah.org
QUESTIONS?