Welcome + Keynote

Welcome | Kyl Myers
Contraceptive Policy Update | Jessica Sanders
A Word from a Fellow Provider | David Turok
Keynote | Maria Rodriguez
Welcome

Kyl Myers, PhD, MS
Family Planning Elevated
Contraceptive Education + Training Conference
HOUSEKEEPING

1. Evaluation
   a) Today: pre- & post-conference survey
   b) July 2019: 6-month follow up = $20

2. Restrooms

3. City Creek self-care room

4. #FPEconf

5. Opportunity drawing

6. Reception 5:00-6:00 p.m.
CONFERENCE SPONSOR

laura and john arnold foundation

#FPEconf   @LJA_Foundation   arnoldfoundation.org
FAMILY PLANNING ELEVATED

Committed to expanding access to contraceptive care in the Intermountain West
The average woman’s reproductive-age years:

3 years trying to get pregnant or pregnant
30 years trying to avoid pregnancy
One in five new moms in Utah report their pregnancy was unintended
One in three new moms report their pregnancy was unintended if they were uninsured/Medicaid covered.
Barriers to contraceptive access

Uninsured or Underinsured
Barriers to contraceptive access

Unaware of options
Barriers to contraceptive access

Distance to clinic
Barriers to contraceptive access

Health center lacks capacity
FAMILY PLANNING ELEVATED

Committed to expanding access to contraceptive care in the Intermountain West
Patients  Providers  Policies
Who is in the room today?

- 70 attendees
- 26 Health Centers
- 11 of Utah’s 13 Local Health Districts
- 4 states (UT, CO, WA, ID)
FPE Contraceptive Access Program
Cohort One

Eastern Utah Women’s Health
Midtown Community Health Center
Utah Partners for Health
FPE Contraceptive Access Program

FPE partners with community health centers to expand access to comprehensive contraceptive care.

- **CASH GRANT**
- **TECHNICAL SUPPORT**
- **METHOD STOCKING**
- **MONTHLY REIMBURSEMENT**
- **MARKETING CAMPAIGN**
- **EVALUATIVE SUPPORT**
FPE Contraceptive Access Program

Cohort Two

Applications & Selection
Summer 2019
Jessica Sanders, PhD, MSPH
CONTRACEPTIVE POLICY UPDATE:
MEDICAID EXPANSION AND IMPLICATIONS FOR FAMILY PLANNING CLIENT SERVICES IN UTAH

JESSICA N. SANDERS, PhD, MSPH
OVERVIEW

- Medicaid Expansion
- Other 2019 FP Implementation
  - Immediate Postpartum LARC
  - Direct pharmacy dispensing
- Being a patient advocate!
- Synergy with Family Planning Elevated
UTAH’S EXPERIENCE

- ~650,000 women of reproductive age in Utah
  - ~212,250 Utah women in need of publicly funded family planning services
- Historically, Medicaid largely unavailable
  - Many of these women go on Medicaid when they do become pregnant
  - Utah Medicaid funded 1:3 births in the state

A Woman’s Reproductive Years

- Trying to avoid pregnancy: 30 years
- Trying to get pregnant: 3 years
LOCAL DEMONSTRATION

[Graph showing trends in contraceptive methods from October 2015 to September 2016]

- **IUDs & Implants**
- **Pills, Patch, Ring & Injectable**
EXPANDING COVERAGE TO 7,400 UTAHNS Prevented*:

- 1,590 unintended pregnancies
- 750 unplanned births
- 540 abortions

$7,321,170 Net Savings*

*estimated coverage & cost based on Frost JJ et al.
Utah was 1 of 7 states without expanded family planning coverage.
MEDICAID EXPANSION IN UTAH

- Voters approve Proposition 3
- Up to 138% FPL
- Scheduled to start April 1, 2019
- Based solely on income eligibility
  - $16,753/year individual
  - $34,638/year family of 4
WHAT IS COVERED?

- Inpatient hospital services
- Outpatient hospital services
- EPSDT: Early and Periodic Screening, Diagnostic, and Treatment Services
- Physician services
- Rural health clinic services
- Federally qualified health center services
- Laboratory and X-ray services
- Family planning services
- Nurse Midwife services
- Certified Pediatric and Family Nurse Practitioner services
- Freestanding Birth Center services (when licensed or otherwise recognized by the state)
- Transportation to medical care
- Tobacco cessation counseling for pregnant women
- And more
MEDICAID NAVIGATOR

- CHIP demonstrated positive impact
  - 74% of those who work with a Medicaid Navigator will enroll vs 26% without help
- Resources:
  - Takecareutah.org
  - 2-1-1
Family Planning 1115 Waiver

- H.B. 12 (Family Planning Amendments)

- Approved request for 1115 waiver (<100% FPL)
  - This covers family planning related services to individuals not eligible for traditional Medicaid

- Given the approval of full Medicaid Expansion to 138% FPL this will serve as a back up if full expansion is delayed or derailed.
IMMEDIATE POSTPARTUM LARC

- H.B. 12 (Family Planning Amendments)
  - Requires Medicaid to cover IPP LARC

- IPP LARC (insertion in the delivery room or before discharge)
  - Copper IUD
  - Contraceptive Implant
  - LNG IUD*

- Many private insurances also cover
IMMEDIATE POSTPARTUM LARC

- Convenient
  - After Cesarean and Vaginal Delivery
- Safe & Effective
- Slight increase in risk of expulsion
- Counsel during prenatal visits

FPE offers postpartum insertion trainings
DIRECT PHARMACY DISPENSING

- SB 184
- Date of implementation (stay tuned!)

Pharmacist will be able to counsel and provide self-administered hormonal contraception (pills, patch, and rings) to women 18 or older without a prescription from a provider.
PATIENT ADVOCACY IS NEEDED IN UT

- Policymakers need to understand Medicaid’s significance for family planning
- Your voice can...
  - Strengthen and improve Medicaid
  - Protect against cuts in services
  - Protect in cuts against eligibility
  - Ensure your patients have access

#FPEconf FPEutah.org
HOW TO ADVOCATE FOR PATIENTS

- Know who your representative are
  - https://le.utah.gov
- Introduce yourself as a resource
- Track relevant legislation
- Share your patients’ stories
- Opportunities to testify*
- Write op-eds*
- FPE can support your efforts with evidence

2019 Upcoming family planning related policy -

Contraceptive Equity Act
FPE IS A RESOURCE FOR YOU!

- FPEutah.org can be a central resource for...
  - Practice updates for clinical care
  - Patient education
  - Policy related updates

FPE can support your advocacy
Maria Rodriguez, MD, MPH