Deep Dive + Empower

Overview of Methods | Michael Policar
Addressing Client Concerns | Erica Torres
LARC Procedure Set-Up | Caitlin Stearns
Jeopardy-Style Review
CLIENT CONCERNS IN CONTRACEPTIVE COUNSELING

ERICA TORRES
OBJECTIVES

• Help you become more comfortable in engaging in conversations with clients regarding birth control use

• Ability to identify or tease out root concern(s)

• Empower you to empower clients on birth control use!
WHAT ARE SOME COMMON CONCERNS YOU HEAR FROM PATIENTS?
“I THINK I NEED A BREAK FROM HORMONES”

• Patient preferences

• Medication misconceptions
“WILL ANYONE FIND OUT I’M USING BIRTH CONTROL?”

• Issues of privacy in use
• Minor consent
“I DON’T WANT SOMETHING INSIDE ME”

- User control
- Body autonomy
REPRODUCTIVE JUSTICE
“The human right to maintain personal bodily autonomy, have children, not have children, and parent the children we have in safe and sustainable communities.”
REPRODUCTIVE JUSTICE

• People have different life experiences and opportunities based on identity categories, such as race, class, gender, and sexuality, which interact with each other.

• This means that it is often harder for some people to access healthcare because of factors such as education, income, geographic location, immigration status, and potential language barriers.
RESOURCES

• Planned Parenthood Association of Utah
  • Visit a clinic or online
• Bedsider.org
  • Free birth control support network
• Reproductiveaccess.org
  • Fact sheets comparing all methods
• Reproductive Justice by Loretta J. Ross
QUESTIONS, CONCERNS, COMPLIMENTS OR ANY FEARS GOING FORWARD?
THANK YOU!