



ALL DAY MENU

MONDAY *thru* FRIDAY
8 AM - 4 PM

Breakfast Tacos ◆◆

scrambled eggs or tofu, serrano slaw, chipotle cream, poblano mashers, organic corn tortillas
+ avocado \$3.5 + salsa roja \$1

the Breakfast Special ●

two eggs, your choice of bread, two mushroom sausage patties or two maple tempeh strips + avocado \$3.5

Jo's Breakfast Sandwich ◆◆

griddled millet toast, smashed avocado, two fried eggs, arugula, chipotle cream and chili lemon dressing
+ tempeh bacon \$4

Mikey's Chilaquiles ◆

corn chips, enchilada sauce, black beans, cilantro cream, pepitas, house vegan queso, serrano slaw, avocado
+ two eggs or tofu scramble \$4

Huevos Rancheros ◆

fried eggs, enchilada sauce, organic tortillas, black beans, cilantro cream, pepitas, house vegan queso, serrano slaw
+ avocado \$3.5

Avocado TLT ●

avocado, cherry tomatoes, & tempeh served open-faced on millet and flax toast with dijon aioli, house side salad with sunflower brittle & tarragon balsamic + egg \$2

the Morning Glory Bowl ◆

kale with kaffir lime & chili lemon dressing mixed with coconut brown rice topped with sesame seeds, green onion, seared shishitos, with a fried egg or avocado

Gomasio Brown Rice Cakes ◆

sesame brown rice cakes, crispy oyster mushrooms, mustard greens & shishitos with chili lemon dressing, cilantro chutney, toasted black sesame seeds + avocado \$3.5

Moros Cakes ◆

black bean & brown rice patties, cilantro serrano slaw with lime dressing, chipotle cream, cilantro ginger chutney + avocado \$3.5 + egg \$2

House Kale Salad ●◆

seared oyster mushrooms, pickled veg & coriander seeds, house millet croutons, creamy lemon dressing + avocado \$3.5

Dill Pesto Quinoa ◆

quinoa, arugula, almond dill pesto, avocado, red cabbage & beet tahini slaw, toasted black sesame seeds + egg \$2

House Pancakes ●◆

oat, buckwheat and corn flour pancakes with seasonal fruit, toasted coconut, Vermont maple syrup + coconut whip \$1

Snickerdoodle Pancakes ●◆

dusted in cinnamon coconut sugar and topped with a scoop of cinnamon coconut sugar butter

Sunshine Bowl ◆

blode kuh cashew yogurt, whole banana, seasonal fruit, chia seeds, pepitas, house seedy granola, vanilla bean maple syrup

◆ soy free ● nut free

we are not designated gluten-free kitchen
please use caution if you have severe allergies to nuts, wheat, soy or eggs

LUNCH SPECIALS

MONDAY *thru* FRIDAY
11 AM - 4 PM

Tempeh Chilli Bowl

black beans & tempeh topped with cilantro cream, pepitas, and green onions with jalapeño cornbread **\$10**

Dal Bowl ◆

brown rice, red lentil dal, cucumber mint salad, cilantro mint chutney + tikka mushrooms \$4 **\$10**

Burger Bowl ◆

black bean & brown rice patty with Russian dressing, avocado, cornichon, pickled sliced red onion, spinach, cherry tomato, toasted pepitas **\$10.5**

Buffalo Bowl ◆

brown rice, black beans, collards, yams, dill cashew & buffalo sauces substitute rice & beans for Mac 'n' Cheese \$2 **\$10**

\$9.5

Tempeh Reuben (tacos or toast)

seared tempeh, cashew cream, & caraway sauerkraut served open-faced on millet toast or corn tortillas, chipotle aioli, house side salad with sunflower brittle & tarragon balsamic **\$10**

\$10

Tikka Mushroom Tacos ◆

roasted cremini & oyster mushrooms piled on green pea mashed potatoes, drizzled with tikka sauce & cilantro mint chutney, and finished with a cucumber, red onion, mint salad + avocado \$2.5 **\$10**

\$11

\$11

kids

all day every day

\$10

Mac 'n' Cheese

brown rice elbows in a creamy cheese sauce made from veggies, nuts & other nutritious stuff **\$6**

\$11

Grilled Cheese

Follow Your Heart brand provolone cheese on buttery golden millet and flax bread **\$5.5**

\$13

Silver Dollar Kids Special

(great for kids 5 & under!)

silver dollar pancakes (3)

+ choose two:

one scrambled egg or tofu,

1/4 avocado, 1 piece toast, fruit,

single tempeh or sausage

\$6

\$10.5

\$10

\$10

SIDES

one egg \$2

rice & beans \$5.5

poblano mashers \$3.5

arugula \$3

side salad \$5.5

collard greens \$4

fruit \$4.5

side sauce \$1

avocado \$3.5

tortillas \$3

toast/bagel \$3

pancake \$3.5

snickerdoodle pancake \$5

tempeh bacon \$4

mushroom sausage \$4

tofu scramble \$4

5904 N Figueroa St, Los Angeles, CA 90042
Monday-Friday 8-4 / Saturday & Sunday 7-4
(323) 259-9555