



ROUND

06



NORTHERN LIGHTS

VS

CENTRAL FOOTBALL

SUN 6 DEC | IPM KICK OFF | NORTH HARBOUR STADIUM OVAL



ISPS HANDA
WOMEN'S PREMIERSHIP

weston design



COACH'S COMMENTS

Welcome to Barry, his staff and the Central Football squad to the North Harbour Stadium for the 6th round of the 2020 ISPS Handa Women's Premiership.

Last week saw the Lights lose our first game of this campaign against a very spirited WaiBOP team.

They defended extremely well for large parts of the game and even with most of the ball and out shooting them 3 to 1 we couldn't find the 2nd goal that would have set up a tense finish.

Needless to say, the girls were frustrated and disappointed and now we have to win our next two games to play finals football in 2020.

With a point to prove this week, training has been excellent with lots of little things to work on across the board to refine our processes ready for what will be another tough game against a young and talented Central team.

Central have struggled for results this season but have managed a draw against the same WaiBOP team we lost to. Every game becomes a cup final

now for us and with Centrals strong threat on the counterattack we will need to wary of any lapses in concentration.

We also have a family connection in today's game with Taranaki native Mackenzie Barry lining up against her sister Eve in todays game.

On behalf of myself, my staff and the players, we hope you enjoy the game.

Ben Bates
Northern Lights Head Coach



PREMIERSHIP REVIEW

ROUND 05



0 : 1

Errington



3 : 0

Hirano (2), Cunningham-Lee



2 : 1

Brown, Cawte Green



BYE

PREMIERSHIP TABLE

	P	W	D	L	GF	GA	GD	PTS
 Auckland Football	5	4	0	1	20	7	13	12
 Capital Football	5	3	1	1	9	4	5	10
 Canterbury United	4	3	0	1	15	7	8	9
 Northern Lights	4	2	1	1	9	4	5	7
 WaiBOP Football	4	1	1	2	6	8	-2	4
 Central Football	4	0	1	3	3	18	-15	1
 Southern United	4	0	0	4	1	15	-14	0



**ISPS HANDA
WOMEN'S PREMIERSHIP**

PHOTO GALLERY



2-1



**JOHN KERKHOFF PARK,
CAMBRIDGE**

Full Gallery on our Facebook Page. Images courtesy of Phototek.

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ROUND 06 PREVIEW



VS



central
football

SUN 6 DEC, 1PM KICK OFF

NORTH HARBOUR STADIUM OVAL, AUCKLAND

skySPORT

WATCH LIVE ON

NEXT



VS



SUN 22 NOV, 2PM

PETONE MEMORIAL PARK, WELLINGTON



VS



SUN 22 NOV, 2PM

DUNEDIN ARTIFICIAL TURF, DUNEDIN



BYE



NORTHERN LIGHTS



1 EMILY **COUCHMAN**
GOALKEEPER



2 ARABELLA **MAYNARD**
MIDFIELDER



3 RENE **WASI**
MIDFIELDER



4 ANEKA **MITENDORFF**
DEFENDER



5 SASKIA **VOSPER**
DEFENDER



7 CHLOE **KNOTT**
MIDFIELDER



8 MALIA **STEINMETZ**
MIDFIELDER



9 EMMA **KETE**
FORWARD



10 EMMA **ROLSTON**
MIDFIELDER



11 JESS **INNES**
MIDFIELDER



12 LIZ **SAVAGE**
MIDFIELDER



13 DANNI **CANHAM**
MIDFIELDER



PREMIERSHIP SQUAD 2020



14 LILY JERVIS
DEFENDER



15 SUYA HAERING
DEFENDER



16 AVA PRITCHARD
FORWARD



17 MACKENZIE BARRY
DEFENDER



18 ERIN HUGHES
GOALKEEPER



20 GREER MACINTOSH
DEFENDER



21 TALISHA GREEN
DEFENDER



23 STACEY MARTIN
MIDFIELDER



BEN BATES
HEAD COACH



ANDY CLAY
ASSISTANT COACH



HARRIET STEELE
ASSISTANT COACH



KAITLYN SAVAGE
GOALKEEPER COACH



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PLAYER PROFILE

LILY JERVIS

PLAYER DETAILS

Nickname: Lil
D.O.B / Age: 31.07.1998 (Age 22)
Nationality: NZ European
Previous Clubs: Forrest Hill Milford
Preferred Foot: Right
Honours / Trophies:
2016 NZ Knockout Cup Champions

QUICKFIRE FAVOURITES

Pro Team: Manchester United
Player: Cristiano Ronaldo
Food: Pasta
Travel Destination: Hvar, Croatia
Movie / TV Series: Suits
Hobbies: Roadies, catching up with friends & family
Book: Can't Hurt Me – David Goggins
Music Genre: All types of music
Pre-Game Song: Anything that gets the team hyped

PLAYER Q & A

Q: WHERE WERE YOU MOST RECENTLY PLAYING BEFORE NORTHERN LIGHTS?

A: I was playing for Forrest Hill Milford.

Q: WHAT'S YOUR BEST FOOTBALL MEMORY?

A: Winning the NZ Knockout Cup in 2016 with Forrest Hill Milford.

Q: BEST GOAL SCORED / SAVE MADE?

A: That's a hard one, I don't score many... Probably from a corner vs Dunedin in NWL last year.

Q: WHICH TEAM DO YOU LOOK FORWARD TO PLAYING AGAINST MOST AND WHY?

A: Auckland Football Federation - because they have set the benchmark and its always fun playing against mates.

Q: BEST PLAYER YOU'VE EVER PLAYED WITH OR AGAINST?

A: Hard to choose just one, have played with lots of good players over the years at Forrest Hill and Northern Lights!

Q: DREAM 5-ASIDE TEAM, YOU AND WHO ELSE?

A: Messi, Ronaldinho, Cristiano Ronaldo, Zidane

Q: WHAT DO YOU LIKE TO DO IN YOUR SPARE TIME OUTSIDE OF FOOTBALL?

A: I like to catch up with friends and family, as well as going on roadies around New Zealand.

Q: HOW WOULD YOU DESCRIBE YOURSELF AS A FOOTBALL PLAYER?

A: Loves a battle, passionate.

Q: IF YOU COULD PLAY ANOTHER POSITION FOR A GAME, WHERE WOULD IT BE?

A: Definitely be striker - loves a goal!

Q: BIGGEST INFLUENCE ON YOUR CAREER?

A: My parents and past coaches.

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PLAYER
PROFILE

TALISHA GREEN

PLAYER DETAILS

Nickname: T

D.O.B / Age: 25.07.2001 (19 Years)

Nationality: NZ European

Winter Club: Forrest Hill - FFDP Apprentice

Preferred Foot: Right

Honours / Trophies:

'16 Kate Sheppard Cup Champions

'18 & '19 National Women's League Runner-Up

QUICKFIRE FAVOURITES

Pro Team: Liverpool

Player: Steven Gerard or Ronaldinho

Food: Anything really, I love food in general

Travel Destination: Germany (when COVID is over)

Movie / TV Series: Brooklyn Nine-Nine

Hobbies: Cooking and eating food

Book: No favourites

Music Genre: Drum and Bass

Pre-Game Song: Anything that will hype me up, love a bit of Drum and Bass.

Quote: "Go Hard or Go Home"

PLAYER Q & A

Q: WHERE WERE YOU MOST RECENTLY PLAYING BEFORE NORTHERN LIGHTS?

A: Forrest Hill Milford United Women's Premier

Q: WHAT'S YOUR BEST FOOTBALL MEMORY?

A: Not the best but the funniest - when I was playing in 6th grade I scored a goal and my celebration was running up to the ref and giving him a hug... the ref was my dad.. and our coach!

Q: BEST GOAL SCORED / SAVE MADE?

A: Against Glenfield Rovers this season, from just outside the box scored top left corner.

Q: MAIN WORK-ON FOR THIS SEASON?

A: Getting forward more and myself in the attack and in goal scoring positions as well as 1-on-1 defending.

Q: WHICH TEAM DO YOU LOOK FORWARD TO PLAYING AGAINST MOST AND WHY?

A: Canterbury Pride - because I know a lot of the girls from U-20's and it will be a good challenge for us to come back from last seasons final.

Q: BEST PLAYER YOU'VE EVER PLAYED WITH OR AGAINST AND WHY?

A: Played with CJ Bott and Hannah Carlsen during my first year at Forrest hill when I was about 14/15. I just think that they are really skilful players that can change a team and lead a team

Q: DREAM 5-ASIDE TEAM, YOU AND WHO ELSE?

A: Steven Gerrard, Ronaldinho, Manuel Nuer and CJ Bott.

Q: WHAT DO YOU LIKE TO DO IN YOUR SPARE TIME OUTSIDE OF FOOTBALL?

A: Work at a daycare centre, Study a bachelor of business at Massey Uni, gym and catch up with friends.

Q: IF YOU COULD MEET ANYONE IN THE WORLD, WHO WOULD IT BE AND WHY?

A: My Grandparents in Germany because I don't see them enough and have only met them when I was young.

Q: HOW WOULD YOU DESCRIBE YOURSELF AS A FOOTBALL PLAYER?

A: Just ready to get absolutely stuck in, not afraid to go into any tackle and not afraid to put my body on the line for my team. Also likes to get on the attack and involve me.

Q: IF YOU COULD PLAY ANOTHER POSITION FOR A GAME, WHERE WOULD IT BE?

A: I would be terrible at it but I think that being a goalkeeper would be awesome, being able to pull amazing diving saves and sometimes be the hero of the game for the team.

Q: BIGGEST INFLUENCE ON YOUR CAREER?

A: Growing up my biggest influence was definitely my family, my dad always put the effort in and coached when I was little.



UPCOMING GAMES

ROUND 07 AWAY



VS



**SUN 13 DEC
1PM KICK OFF**

ENGLISH PARK, CHRISTCHURCH

LIVE ON sky SPORT
NEXT

ALL 2020 FIXTURES

DATE	K.O	OPPOSITION	VENUE	RESULT
SUN 1 NOV	1.00PM	CAPITAL FOOTBALL	MCFETRIDGE PARK	1 – 1 D
SUN 15 NOV	12.00PM	SOUTHERN UNITED	DUNEDIN ARTIFICIAL	3 – 0 W
SUN 22 NOV	1.00PM	AUCKLAND FOOTBALL	MCFETRIDGE PARK	4 – 1 W
SUN 29 NOV	1.00PM	WAIBOP FOOTBALL	JOHN KERKHOF PARK	1 – 2 L
SUN 6 DEC	2.00PM	CENTRAL FOOTBALL	MCFETRIDGE PARK	■ – ■
SUN 13 DEC	1.00PM	CANTERBURY UNITED	ENGLISH PARK	■ – ■

FINAL

SUN 20 DEC	2.00PM	1ST v 2ND	TBC
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NORTHERN LIGHTS

EMILY **COUCHMAN**
ARABELLA **MAYNARD**
RENE **WASI**
ANEKA **MITTENDORFF**
SASKIA **VOSPER**
CHLOE **KNOTT**
MALIA **STEINMETZ**
EMMA **KETE**
EMMA **ROLSTON**
JESS **INNES**
LIZ **SAVAGE**
DANNI **CANHAM**
LILY **JERVIS**
SUYA **HAERING**
AVA **PRITCHARD**
MACKENZIE **BARRY**
ERIN **HUGHES**
SAM **TAWHARU**
GREER **MACINTOSH**
ROSE **LUXTON**
TALISHA **GREEN**
STACEY **MARTIN**

HEAD COACH
BEN **BATES**

ASSISTANT COACHES
HARRIET **STEELE**
ANDY **CLAY**

GOALKEEPER COACH
KAITLYN **SAVAGE**



central
football

CENTRAL FOOTBALL

BROOKE **BENNETT**
EVE **BARRY**
FLORENCE **MACINTYRE**
JANA **NIEDERMAYR**
CHARLOTTE **LANCASTER**
ABBY **RANKIN**
GEORGIE **FURNELL**
GRACE **SMITH**
MIKAELA **BOXALL**
ANIELA **JENSEN**
KAITLYN **WATTS**
HOLLY **KLEINSMAN**
SAMANTHA **WOOLLEY**
REBEKAH **TREWHITT**
JESSIE **FALLOON**
NATALIE **OLSON**
AIMEE **ATKINS**
GORGI **VAN LIENEN**
AMY **SIMMERS**

HEAD COACH
BARRY **SCULLION**