the sandwiches...

breakfast sandwich  over easy egg, bacon, breakfast potatoes, swiss, chipotle aioli, michetti roll
(add avocado 2.00) 10.75

Cubano  roasted pork, roasted ham, dill pickles, swiss cheese, dijon mustard, garlic aioli on pressed michetti roll 11.50

fried chicken  chicken breast, cumin coleslaw, roma tomato, chipotle aioli, michetti roll
(add bleu cheese 0.50) 11.25

bbq Pulled chicken  arugula, red onions, garlic aioli, bbq sauce, pretzel roll 10.75

Chicken Parmesan sandwich  fried chicken breast, tomato sauce, fresh mozzarella, red pepper flakes, basil on michetti roll 11.25

Egg salad  made to order • soft boiled eggs, mayo, arugula, pretzel roll 9.50

Portabella & Avocado  hickory roasted portabella mushrooms, fresh avocado, roma tomato, roasted red peppers, butter lettuce, veganaise, ciabatta roll 10.50

Thanksgiving  roast turkey, cranberry chutney, cornbread stuffing, gravy, michetti roll 11.00

Caprese Press  fresh mozzarella, roma tomato, basil, pesto (no nuts), on pressed michetti roll 11.25

Turkey avocado  turkey, butter lettuce, roma tomato, smashed avocado, dijon, mayo, michetti roll 11.75

The Rainy Day  grilled cheese on soft pretzel roll, american & provolone with a cup of tomato soup (or seasonal soup) 11.25

Chicken Club sandwich  chipotle chicken breast, bacon, smashed avocado, bleu cheese, roma tomato, red onions, mayo, michetti roll 11.25

Skirt Steak Press  sliced grilled skirt steak, roma tomatoes, red onions, dressed arugula, provolone cheese, chimichurri on pressed ciabatta 11.75

mix & match...

½ sandwich & cup soup 11.75
½ salad & cup soup 12.25
½ sandwich & ½ salad 13.50

create-your-plate 12.95

1 pick your main...
herb chicken breasts
chipotle chicken thighs
Turkey meatloaf
smoked portabella mushrooms
Grilled salmon + $0.75
Bbq glazed salmon + $0.75

2 pick your side salad...
tossed greens  arugula, kale, cherry tomatoes, parmesan cheese & balsamic vinaigrette
butter leaf  butter lettuce, tarragon, red onions & herb ranch dressing
caesar  green leaf, kale, crouton, parmesan cheese & caesar dressing
...or sub it out for a cup of soup or second side item (below) add 2.00

3 pick a side item...
the sides...  small 4.95  large 6.95

Brussels Sprouts  topped with crispy onions
Pesto Cauliflower  pesto (no nuts), parmesan & red pepper flakes
Spicy Tater Tots  parmesan, red pepper flakes, garlic & served w/ chipotle aioli
Mac & Cheese  (add bacon 1.50)
Balsamic Pasta Salad  goat cheese, roasted peppers, arugula, kalamata olives, cherry tomatoes
Roasted Tomato Soup  served with tossed greens

ask us about our kids menu!

Grain Bowls...

Tuscan Chicken Bowl  herb chicken breast, roasted cherry tomatoes, sauteed kale, rainbow quinoa, shaved parmesan cheese, topped with balsamic glaze 13.00

Chimichurri Steak  grilled skirt steak, roasted corn, roasted red peppers, sauteed kale, rainbow quinoa, served with chimichurri sauce & cotija cheese 14.00

Grilled Salmon  grilled salmon, roasted corn, roasted cherry tomatoes, cumin slaw, sauteed kale, rainbow quinoa, soft boiled egg topped with balsamic glaze 12.00

Simple Veggie Bowl  smoked portabella, pesto cauliflower, roasted cherry tomatoes, sauteed kale, rainbow quinoa, soft boiled egg topped with balsamic glaze 12.00

The Salads...

Roasted Chicken Salad  butter lettuce, goat cheese, roasted pecans, dried cranberries with sherry vinaigrette dressing 13.50

Harvest Veggie Salad  shredded kale, arugula, roasted baby carrots, brussels sprouts, cauliflower, dried cherries, roasted pecans, parmesan cheese with balsamic vinaigrette 13.00

Fried Chicken Salad  green leaf, fried chicken, avocado, corn, cherry tomatoes, red onions, blue cheese with herb ranch dressing 13.75

Chopped Salad  green leaf, chicken breast, bacon, avocado, bleu cheese, cherry tomatoes, soft boiled egg with balsamic vinaigrette 13.00

Chicken Pot Pie  13.00

Roasted Tomato Soup  served with tossed greens

ask us about today's chef special soup