



VEGAN POKE BOWL

60 MINUTES

MAKES 4 SERVINGS

*A vegan version of a poke bowl,
healthy, protein and vitamin packed.*

INSTRUCTIONS

Assemble ingredients as pictured.
Enjoy!

INGREDIENTS

GoodLeaf Baby Arugula

GoodLeaf Micro Spicy Mustard Mix

Seaweed Salad

1 Avocado, sliced

½ Cup of Edamame, shelled

¼ Head of Purple Cabbage, shredded

1 Cup of Smoked Tofu, cubed

Pickled Red Onion (garnish)

Nori Sheet, shredded (garnish)

1 Radish, thinly sliced

1 English Cucumber, sliced

1 Carrot, julienned

Fresh Lime Juice



Vertically Farmed. Straight-up Good.™