

BENTO BOX

20 MINUTES MAKES 1 SERVING

Bento boxes are a great way to encourage your kids to have fun with their food and feel in control of their choices.

INSTRUCTIONS

Our microgreens make the perfect, fun, curly addition to any bento box and are packed full of vitamins and nutrients growing kids need.

We packed our Bento Box with:

- GoodLeaf Micro Broccoli
- Ham & Cheese Sandwiches
- Carrot Sticks
- ½ of an Orange, sliced
- Crackers
- Sweets

Enjoy!

INGREDIENTS

⅓ Package of GoodLeaf Microgreens (your choice)

1 Ham & Cheese Sandwich, cut into two

½ Cup of Carrot Sticks

½ of an Orange, sliced

Crackers

Sweets

