FROM INCARCERATED ADOLESCENT TO PRODUCTIVE ADULT

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Learning Objectives

• Learn sequential mapping, intercept points, and how to expand services and engagement between Behavioral Health Services and the Criminal Justice System

• Review best practices in partnering with law enforcement, courts, jails and probation for alternative responses including pre-and post-diversion and problem-solving courts

• Discuss Rapid Cycle Change as a technique to quickly implement projects
All I Really Need to Know I Learned in Kindergarten
Robert Fulghum

• Play Fair
• Don’t hit people
• Clean up your own mess
• Don’t take things that aren’t yours
• Say you’re sorry when you hurt somebody
• When you go out into the world, watch out for traffic, hold hands and stick together
• Live a balanced life – learn some and think some and draw and paint and sing and dance and play and work some every day
Developmental Tasks Of Adolescents

• Identity vs. Role Confusion
  – Synthesis of past experiences, expanding independence and new boundaries with family
  – Peers – the new measure of self worth
  – Personal value system is beginning to be defined
  – Successes and failures become more personal

• Support system
  – Parents
  – Mentors

• Successful navigation of previous milestones?
  – Stable family?
  – Trauma?
The Teenage Brain
Frances E Jensen, MD

• A Brain still under construction
  – Only 80% Developed
  – Connecting from Back to Front
  – Plasticity – still learning how to live

• The Circadian Rhythm of the Adolescent
  – Time Shift
  – Time for synthesis

• Risk Taking – more excitatory neurons than inhibitory neurons ... which leads to imperfect self control
What can go wrong?

• Substance Use
  – Starting at age 12
  – THC Data
• Trauma
  – Physical – risk taking and concussions
  – Emotional – bullying, mass shootings
  – Sexual – abuse and unsafe experimentation
• Genetics – onset of mental illness
  – Schizophrenia
  – Bipolar Disorder
Therapeutic Jurisprudence

• Rehabilitative Justice
• Goals:
  – Prevent further penetration into the Criminal Justice System
  – Redirect towards a successful life
• Methods
  – Clearly defined and consistent rules, expectations and goals
  – Multidisciplinary Team – CJ, Behavioral Health, School System, Others
  – Consistent Responses and Consequences
  – Mistakes and missteps are teachable moments – Judge becomes an active agent for positive change
Objective Outcomes

• Enhanced personal responsibility

• Pro-social Decision Making

• Personal Resilience
Co-Occurring Disorders: It begins in adolescence.

Mental Health Disorder ➔ Substance Use Disorder

Substance Use Disorder ➔ Mental Health Disorder

Third Variable (Eg: Genetics, Trauma) ➔ Mental Health Disorder ➔ Substance Use Disorder
Problems Caused

• Family problems
• School or employment problems
• High risk behavior
• Multiple admissions for crisis stabilization
• Development of Substance Use Disorders
• Increased emergency room admission
• Legal problems and incarceration
What Can We Do?
Treatment Options

- Crisis Stabilization/Detox
- Residential
- Intensive Outpatient
- Care Coordination/CAT Teams
- Outpatient Counseling/Med Clinic
- Outpatient Counseling/Med Clinic
- Care Coordination/CAT Teams
- Crisis Stabilization/Detox
Community Treatment Partnerships

- Community Based Care of Central FL
- Devereux Mobile Crisis
- Wraparound Orange/Seminole
- Seminole & Orange Counties
  - Public Safety Coordinating Council
  - Mental Health & Substance Abuse Task Force
  - Seminole Prevention Coalition
  - Seminole/Orange Opioid Task Force
  - Crisis Intervention Team Training for local law enforcement
  - Seminole/Orange County Courts
  - Orange County Youth Mental Health Management Network Consortium
Problem-Solving Courts

- Juvenile Drug Court/Juvenile Assessment Center
- Adult Drug Courts
- Veterans Court
- Mental Health Court
How Do We Fund This?

Utilizing a variety of options:

– Insurance
– DCF SAMH funding/Managing Entity
– Grants:
  • BJA, SAMHSA, Reinvestment Grant
– State funds
Expanding to juveniles

- Youth Mental Health Pilot Project
- Zero Suicide Care Coordination
- Future Juvenile Mental Health Court
Where do you begin?

  – 16 strategy guide for building a successful youth problem solving court
    1. Collaborative Planning
    2. Teamwork
    3. Clearly Defined Target Population & Eligibility Criteria
    4. Judicial Involvement & Supervision
    5. Monitoring & Evaluation
    6. Community Partnerships
    7. Comprehensive Treatment Planning
    8. Developmentally Appropriate Services
    9. Gender-Appropriate Services
   10. Cultural Competence
    11. Focus on Strengths
    12. Family Engagement
    13. Educational Linkages
    14. Drug Testing
    15. Goal-Oriented Incentives & Sanctions
    16. Confidentiality
No need to panic!

Take it step-by-step!

Let’s take a quick look into the first few...
Who’s at the table?

• Identify your stakeholders
  – What makes juveniles different from adults?
    • Lack of control of their environment
    • Adolescent invincibility
    • Heavy influence of peers
    • Family involvement
    • Academic issues

“The needs of youth in juvenile treatment courts are often more complex than that of adults in similar programs.”

(Linden et al., 2010, p 130)
Who’s at the table?

• Identify your stakeholders
  • Use your Sequential Intercept Map & the expertise of current stakeholders
  • With our adults we likely already have:
    – Courts
    – Law Enforcement
    – Behavioral Health
    – Local Government
• We know you’ll need:
  – Family
  – School System
  – Other unique elements to your community

“Results showed that the relative effectiveness of JDC and the evidence-based treatments was likely due, at least in part, to the capacity of these interventions to alter well-established family (e.g., parent supervision) and peer (e.g. association with deviant peers) risk factors for antisocial behavior in adolescents.”

(Schaeffer et al., 2010, p 57)
We know who, now how?

• Know who has the most pull
  – Identify a leader who can start the conversations
  – Work together to understand who the right connection is to avoid setbacks

• Know your buy-in for each group
  – Look before you leap
    • Try to understand how your court will benefit those you wish to engage
  – Read the audience, listen to concerns, remain open
    • Be prepared for hesitation and ready for open dialogue to figure out how to gain commitment
The Homelessness Initiative Example

The Need
- 60 Minutes story on child homelessness in Seminole County
- Entities working separately to tackle the issue

The Move
- County contracts with American Roundtable to Abolish Homelessness
- Strategic planning, mapping, begins

Stakeholders
- Individual conversations $\rightarrow$ Contracts/Agreements
- Diverse group now brought together with unified goal

Stumbling Blocks
- Rigidity of beliefs/understanding $\rightarrow$ Tensions $\rightarrow$ Lower team turnout
- Pre-team experiences lead to distrust & battles over territory

The Lessons
- Remaining open, flexible & able to adapt is KEY
- Appreciate expertise that is different from your own!
Homelessness Initiative: The Stakeholders

- County Government
- Behavioral Health
- Law Enforcement
- Business Leaders
- Faith Community
- Non-Profits
- School District
Homelessness Initiative: The Results

✓ Ongoing process change
✓ More open, flexible dialogue
✓ Return of stakeholders to the table
✓ Excellent outcomes in 1st year
  → >168 individuals & families housed
  → 54% reduction in ER visits
  → 100% housing retention
  → 96% of pilot participants maintained or increased income

(Housing the First 100: By the Numbers, Seminole County report to community, 2017)

✓ Improved understanding of roles in solving the problem
  → Additional, unexpected partnerships & opportunities
  → Discussion of creation of new problem solving court
FINAL THOUGHTS

• Learn about Evidence Based Models and Novel Programs
  – You do not have to reinvent the wheel ...
• Understand your community’s needs, partners and systems
  – Sequential Mapping is one way to bring everyone together
• Collaborate to design a system that is responsive and flexible
  – Be creative and modify what is out there to fit your needs
• Make a commitment to create your system and set deadlines you intend to keep
  – Your best intentions may never happen if you don’t
• Focus on CONTINUOUS Transformational, Rapid Cycle Change
Questions?