

# Saint Emmelia Ministries

Orthodox Christian Homeschooling

Inspire, equip, unite, and educate Orthodox Christian Homeschool families

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Recommended Activities for

# The Liturgical Cycle

\*Dates are based on the New Calendar

### Indiction/Liturgical New Year (Sept. 1)

- Happy New (Church) Year! Fr. Thomas Hopko, Ancient Faith, Podcast
- Orthodox Church New Year Traditions Ascetic Life of Motherhood, Article
- Ways to Start the Church New Year Off Right Orthodox Motherhood, Article
- <u>Vasilopita</u> Allrecipes, **Recipe**

#### Nativity of the Mother of God (Sept. 8)

- The Gate Facing East Fr. Thomas Hopko, Ancient Faith, Podcast
- Nativity of the Theotokos Ascetic Life of Motherhood, Activity
- The Nativity of the Theotokos Many Mercies, Activity
- <u>Theotokos Mother's Day Activities</u> Orthodox Pebbles, Activity

### Elevation of the Life-Giving Cross (Sept. 14)

- The Universal Exaltation of the Precious and Life-Giving Cross Fr. Thomas Hopko, Ancient Faith,
  Podcast
- <u>Exaltation of the Holy Cross</u> Orthodox Pebbles, Curriculum/Activity
- <u>Elevation of the Cross Peg Dolls</u> Raising Orthodox Christians, **Activity**

# Nativity Fast (Nov. 14-Dec. 24)

- <u>A Lesson on the Nativity of Christ</u> Orthodox Pebbles, **Curriculum/Activity**
- Nativity Fast: Orthodox Advent Wreath Tutorial Patristic Nectar Kids, Activity
- The Nativity of the Theotokos Patristic Nectar Kids, Video
- The Icon of the Nativity of Christ Trisagion Films, Video
- The Nativity Icon A Reader's Guide to Orthodox Icons, Article
- Icon of the Nativity of Christ: Explained Fr. Ayman Kfouf, Article
- <u>Christmas Coloring and Symbolism</u> Orthodox Education, Activity
- <u>Christmas Orthodox Craft Ornaments</u> Orthodox Education, Activity

<sup>\*\*</sup>This document will be periodically updated. Please let us know if we're missing any activities!

### Entry of the Theotokos into the Temple (Nov. 21)

- Entrance of the Theotokos Ancient Faith Kids, Video
- The Entrance of the Theotokos Orthodox Pebbles, Curriculum/Activity
- Interactive Online Activities Orthodox Pebbles, Activity

#### Feast of St. Katherine the Great (Nov. 25)

- The Broken Wheel: The Triumph of Saint Katherine Ancient Faith Store, **Book**
- Oatmeal Cattern Cakes Ascetic Life of Motherhood, Recipe

#### Feast of St. Nicholas (Dec. 6)

- Saint Nicholas, the Gold Coin Tradition, and Resources Patristic Nectar Kids, Video
- St. Nicholas Day Guide- Ascetic Life of Motherhood, Guide/Activity
- Saint Nicholas, Archbishop of Myra Orthodox Pebbles, Curriculum/Activity
- O Who Loves Nicholas the Saintly & O Kto, Kto Nikolaja L'ubit (Russian) Sheet Music

### Feast of St. Herman and St. Lucia (Dec. 13)

- St. Herman Resources
  - O St. Herman of Alaska | Draw the Life of a Saint California Pilgrim, Video
  - Saint Herman the Missionary and Wonderworker of Alaska Trisagion Films, Film
  - o The Way of a Christian (written by St. Herman) Antiochian Archdiocese, Text
  - O North Star: St. Herman of Alaska Ancient Faith Store, **Book**
  - O The Service of Supplication to St. Herman of Alaska Antiochian Village Camp, Service
  - O St. Herman Spruce Island Cookies Ascetic Life of Motherhood, Recipe
- St. Lucia Resources
  - o <u>Lucia</u>, <u>Saint of Light</u> Ancient Faith Kids, **Video**
  - <u>Celebrate St. Lucia Day: Learn, Bake Lussekatter, and Sing Along</u> Patristic Nectar Kids,
    Video/Activity
  - Orthodoxy for Kids, **Guide/Activity**
  - O Saint Lucia Traditions Ascetic Life of Motherhood, Guide/Activity
  - O St. Lucia Saffron Buns Simply Recipes, Recipe
  - O Vegan Swedish Saffron Buns (Lessebullar) (Fasting-friendly) Vegan Vvocals, Recipe

### Circumcision of Christ (Jan. 1)

• The Tradition of the Vasilopita- Antiochian.org, Recipe

### Theophany (Jan. 6)

• How to Prepare for a House Blessing - Ascetic Life of Motherhood, Guide/Article

# Three Holy Hierarchs (Jan. 30)

- Three Hierarchs Dr. Pat's Orthodox Super Sunday School Curriculum, Activity
- The Holy Three Hierarchs Orthodox Pebbles, Curriculum/Activity

### The Meeting of the Lord in the Temple/Candlemas (Feb. 2)

- Feast of the Presentation: Rolled Beeswax Activity Patristic Nectar Kids, Video/Activity
- How to Make Beeswax Candles Prairie Homestead, Activity

### St. Raphael of Brooklyn (Feb. 27)

- Pizza Tradition for Saint Raphael of Brooklyn Patristic Nectar Kids, Video/Activity
- St. Raphael Bishop of Brooklyn- Antiochian Archdiocese, Information/Resource
- The Service of Supplication to St. Raphael of Brooklyn Antiochian Village Camp, Service

#### The Triodion

- Preparing for Lent
  - o <u>Learning Lenten Vocabulary</u> Antiochian Archdiocese, **Information/Activity**
  - Lent: Tips for Orthodox Families Patristic Nectar Kids, Video/Activity
- The Sunday of the Publican and the Pharisee
  - o The Publican and the Pharisee (Kids Homily 2025) -Patristic Nectar Kids, Video
  - o The Parable of the Publican and the Pharisee Orthodox Pebbles, Curriculum/Activity
  - The Sunday of the Tax Collector: Be humble like the tax collector, Antiochian Archdiocese,
    Activity
- The Sunday of the Prodigal Sun
  - The Prodigal Son -Patristic Nectar Kids, Video
  - Sunday of the Prodigal Son: God wants us to come back to Him Antiochian Archdiocese,
    Activity
  - o The Parable of the Prodigal Son -Orthodox Pebbles, Curriculum/Activity
- The Sunday of the Last Judgement
  - o The Last Judgement Patristic Nectar Kids, Video
  - The Sunday of the Last Judgement: Jesus wants us to help those in need Antiochian Archdiocese, Activity
  - <u>Lenten Sundays Series: The Sunday of the Last Judgement/Meatfare</u>, Orthodox Christian Sunday Church School Teachers, **Article/Activity**

#### Lent

- General Lent Resources
  - O How to Prepare for Pascha Be the Bee, Video
  - O Great Lent: The Journey to the Empty Tomb Antiochian Archdiocese, Article
  - o Sundays of Great Lent Orthodox Pebbles, Curriculum/Activity
  - o Great Lent LapBook Orthodox Pebbles, Activity
  - Worldwide Pascha Exchange 2025 Orthodox Pebbles, Activity
  - o Orthodox Fasting Orthodox Pebbles, Curriculum/Activity
  - o Prayer of St. Ephraim Bookmark Antiochian Archdiocese, Bookmark/Printable
- Sunday of Forgiveness
  - o Sunday of Forgiveness (Cheesefare) Patristic Nectar Kids, Video
- First Sunday: Triumph of Orthodoxy
  - O Sunday of Orthodoxy Kids Homily Patristic Nectar Kids, Video
  - o Holy Icon crafts Orthodox Pebbles, Curriculum/Activity
- Second Sunday: Saint Gregory Palamas
  - o Prayer and St. Gregory Palamas Orthodox Pebbles, Curriculum/Activity
- Third Sunday: Veneration of the Cross
  - o Sunday of the Holy Cross Patristic Nectar Kids, Video
  - Veneration of the Cross Orthodox Pebbles, Curriculum/Activity
- Fourth Sunday: Saint John of the Ladder (Climacus)
  - o 4th Sunday of Lent St. John of the Ladder Fr. Thomas Hopko, Ancient Faith, Podcast
  - Orthodox Pebbles, Curriculum/Activity
- Fifth Sunday: Saint Mary of Egypt
  - o The Life of St. Mary of Egypt by St. Sophronius OrthoChristian.com, Text
  - Orthodox Pebbles, Curriculum/Activity
- Lazarus Saturday
  - o Rejoice, O Bethany Sheet Music
  - The Raising of Lazarus Orthodox Pebbles, Curriculum/Activity
- Palm Sunday
  - o Palm Sunday with Fr. Jason (John 12:1-18) Patristic Nectar Kids, Video
  - Palm Sunday Orthodox Pebbles, Curriculum/Activity
- Holy Week
  - o Holy Week: Creative Projects Orthodox Pebbles, Curriculum/Activity

# Feast of the Forty Martyrs of Sebaste (Mar. 9)

- <u>Larks & Lizards</u> Monica L Olsen, **Story**
- What Are Zhavoronki and How to Make Them? The Catalog of Good Deeds, Recipe

#### The Annunciation (Mar. 25)

- The Annunciation of the Theotokos Orthodox Pebbles, Curriculum/Activity
- Annunciation Workbook The Ascetic Life of Motherhood, Curriculum/Activity
- The Annunciation Coloring Page Sparks 4 Orthodox Kids, Activity
- Another Coloring Page Sparks 4 Orthodox Kids, Activity
- Mary Gardens FishEaters, Article/Guide
- Annunciation of the Theotokos interactive online activities Orthodox Pebbles, Games

### St. George the Trophy-Bearer (April 23, or Bright Monday)

- Saint George Storytime with Presbytera Patristic Nectar Kids, Video
- Saint George the Great Martyr Trisagion Films, Film
- Bishop Anthony's Homily on the Great-Martyr George Antiochian.org, Homily
- St. George the Trophy-Bearer OrthodoxyForKids, Article/Activity
- St. George to the Rescue! Video Game, Trisagion Games, Game
- St George and the Dragon Ancient Faith Store, **Book**
- Troparion of St. George (Russian melody) Sheet Music

#### Great and Holy Pascha

- Our New Life in Christ (Pascha) Be the Bee, Video/Information
- Christ is Risen, Gregorian Chant RayJ Banna, Video/Music
- Christ is Risen, American Melody Fund4Assistance, Video/Music
- Ways to Share Great Lent and Pascha with Your Child Antiochian Archdiocese,
  Information/Activity
- Learning About Pascha Orthodox Pebbles, Activity
- Pascha Lesson Plan (3-5 Years Old) Dr. Pat's Orthodox Sunday School Curriculum, Activity
- Pascha Lesson Plan (6-9 Years Old) Dr. Pat's Orthodox Sunday School Curriculum, Activity
- Pascha Lesson Plan (10-12 Years Old) Dr. Pat's Orthodox Sunday School Curriculum, Activity
- Pascha Lesson Plan (Middle School) Dr. Pat's Orthodox Sunday School Curriculum, Activity
- Pascha Lesson Plan (High School) Dr. Pat's Orthodox Sunday School Curriculum, Activity
- The Angel Cried St. Vladimir's Seminary Press, **Sheet music**
- Christ is Risen-Troparion Antiochian Archdiocese, **Sheet music**
- Super Egg Battle Trisagion games, Virtual Game/Activity

#### Ascension

- "The Ascension of Our Lord" Tending the Garden of Our Hearts, **Podcast episode**
- <u>"The Ascension of Our Lord" by Mother Melania</u> Readings from Under the Grapevine, **Podcast** episode

- The Great Commission Dye Experiment Mission Bible Class, Activity
- Ascension Activity Pack Joy in Play, Activity sheets
- Homemade Cloud Marshmallows La Receta de Felicidad, Recipe/activity
- Up in the Clouds Gigi Baba, Music

#### Pentecost

- On Light and the Feast of Pentecost Orthodox Christian Sunday Church School Teachers,
  Information/Reflection
- On the Liturgical Year for Teachers: Pentecost and the Time After Pentecost Orthodox Christian Sunday Church School Teachers, Information/Reflection
- <u>Lesson for Children on Pentecost</u> Saint Kosmas: Orthodox Christian Education Association,
  <u>Information/Story</u>
- Pentecost Troparion Antiochian Archdiocese, Sheet Music
- Holy Pentecost, Orthodox Pebbles Orthodox Pebbles, Activity

### Sts. Peter and Paul (June. 29)

- <u>Learning from the Saints: St. Peter (June 29)</u> Orthodox Christian Sunday Church School Teachers,
  <u>Information/Reflection</u>
- <u>Learning from the Saints: St. Paul (June 29)</u> Orthodox Christian Sunday Church School Teachers,
  <u>Information/Reflection</u>
- The Holy, Glorious Apostles Peter & Paul Apolytikion Antiochian Archdiocese, Sheet music

### St. Paisios the Athonite (July 12th)

- <u>Saints of Recent Decades: St. Paisios (July 12/June 29)</u> Orthodox Christian Sunday Church School Teachers, <u>Information/Reflection</u>
- A Boy's Journey to Sainthood: Saint Paisios the Athonite Ancient Faith Store, **Book**

## St. Elizabeth the New Martyr (July 18th)

• Saint Elizabeth the New Martyr - Ascetic Life of Motherhood, Information/Activity

# Transfiguration (Aug. 6)

- The Transfiguration Gigi Baba, Music
- On the Feast of the Transfiguration of Christ (August 6 or 19) Orthodox Christian Sunday Church School Teachers, **Activity**
- Light of Christ Nightlight Craft Ascetic Life of Motherhood, Craft

### Dormition (Aug. 15)

- Patristic Nectar Kids Video Patristic Nectar Kids, Video
- <u>Fr. Thomas Hopko-The Dormition of the Theotokos</u> Ancient Faith: Speaking the Truth in Love,
  <u>Podcast</u>
- On the Feast of the Dormition of the Theotokos (August 15 or 28) Orthodox Christian Sunday Church School Teachers, Information/Reflection
- <u>Dormition of the Theotokos</u> Orthodox Church in America, **Information**
- Dormition Fast Calendar Printable and Lesson Plan Many Mercies, Activity
- <u>Dormition Word Search & Flashcards</u> Orthodox Education, **Activity**
- The Dormition of the Most Holy Theotokos: Apolytikion Antiochian Archdiocese, Sheet Music

### Beheading of John the Baptist (Aug. 29)

- Remember-don't eat off plates or use knives!
- Locust and Honey Rolls Ascetic Life of Motherhood, Recipe/Activity
- <u>John 1:1-14</u> Every Last Word by Ross King and Matt Papa, **Music**
- Guess Who? (John the Baptist) Gigi Baba, Music

#### General Resources for Feasts

- Patristic Nectar App Synaxarion Readings, **Podcast**
- Minion hymns in Western and Byzantine notation Saint Anthony's Monastery Divine Music Project
- OCA Saint Lives, **Sheet Music/Recording**
- Antiochian Archdiocese Website Antiochian Archdiocese, Saint lives/Daily readings/Prayers/Spiritual Readings

#### General Resources for Great Feasts

- MS Feast Day Icons.pdf Antiochian Archdiocese, Icon/Apolytikion
- Microsoft Word Great Feasts Resources Antiochian Archdiocese, Resources
- Free Coloring Pages Sparks4Orthodox