

## BUDDHIST & SPIRITUAL RESOURCES

revised 04/4/2018

- **Abhayagiri Buddhist Monastery**

16201 Tomki Road, Redwood Valley, CA 95470, [www.abhayagiri.org](http://www.abhayagiri.org) , Books in the Therevadan Thai Forest tradition.

- **Americana Buddhist Temple**

10515 North Latson Road, Howell MI 48855 / website: [www.abtemple.org](http://www.abtemple.org) / tel: (517) 545-7559

They offer Mahayana Buddhist books free to prisoners Write for a booklist. They also offer free downloads of Buddhist books on their website.

- **Amitabha Buddhist Society of U.S.A.**

650 South Bernardo Ave., Sunnyvale CA 94087 / 408-736-3386 / website: [www.amtb-usa.org](http://www.amtb-usa.org) /email: [info@amtb-usa.org](mailto:info@amtb-usa.org)

Pure Land Buddhist (Mahayana), is a method of cultivation for attaining Buddhahood in this lifetime. This path is for those who wish to transform life's pain and suffering into happiness and fulfillment with direction and purpose. They offer audio and video tapes, books, and pictures of Buddha. English or Chinese. Write for a catalog and provide specific prison regulations for receiving items.

- **Asian Classics Institute / Correspondence Course**

6490 State Route 179, Sedona, AZ 86351 / website: [www.acidharma.org](http://www.acidharma.org) / 928-295-7020 /

Dedicated to the serious study and personal practice of the original teachings of the Buddha with purpose to provide a thorough, accurate Tibetan Buddhist education to anyone interested. They offer 15 formal study courses which parallel the same basic core of information that a Geshe (Doctor of Theology) learns at a Tibetan Buddhist monastery. Course is provided free to prisoners who are unable to pay.

- **Buddhist Association of the United States**

2020 Route 301, Carmel NY 10512 / email: [rijbhhh3@mac.com](mailto:rijbhhh3@mac.com) / website: [www.baus.org](http://www.baus.org)

They welcome inquiries from all schools of Buddhism. You may write to receive books on Buddhism and their *Buddhist Correspondence Course*. This course is designed to acquaint the student with the fundamentals of Buddhism, with a focus on meditation and mindfulness practice.

- **Buddhist Bookstore / Jodo Shinshu Buddhism / Buddhist Churches of America**

1710 Octavia St., San Francisco CA 94109 / [www.buddhistchurchesofamerica.org](http://www.buddhistchurchesofamerica.org) / 415-776-5600

Write to request Jodo Shinshu pamphlets as well as a catalogue for the Buddhist Bookstore.

- **Buddhist Peace Fellowship / Turning Wheel Newsletter**

PO Box 3470, Berkeley CA 94703 / website: [www.bpf.org](http://www.bpf.org) / tel: (510) 239-3764

*Turning Wheel Journal* is the quarterly publication offered. The BPF prison project offers a one year subscription to prisoners for \$10, and for non-prisoners the cost is \$45 per year.

- **Bukkyo Dendo Kyokai America – Society for the promotion of Buddhism**

BDK America, 1675 School Street, Moraga, CA, 94556-1118 / 925-388-0067 , [www.bdkamerica.org](http://www.bdkamerica.org) , The Teachings of Buddha book – available in almost every language.

- **Chan Meditation Center**

90-56 Corona Avenue, Elmhurst, NY 11373, 718-592-6593, [www.chancenter.org](http://www.chancenter.org) , Chan Buddhist books and newsletter.

- **Compassion Works For All / Dharma Friends Newsletter**

PO Box 7708, Little Rock AR 72217-7708 / website: [www.compassionworksforall.org](http://www.compassionworksforall.org)

CWFA offers a monthly newsletter, *Dharma Friends*, free to prisoners. The newsletter is also available by subscription to those who are not incarcerated. Dharma Friends supports Buddhists in their meditation practice and provides healing and psychological guidance. Write to be placed on the mailing list.

- **Crescent Temple Of Enlightenment**

3070 Albany Crescent, Bronx, NY 10463, 718-884-9111, Buddhist books.

- **Dallas Buddhist Association**

515 Apollo Rd., Richardson TX 75081 / tel: (972) 234-4401 / Website: [www.amtb-dba.org](http://www.amtb-dba.org)

Pure Land Buddhism (Mahayana), is a method of cultivation for attaining Buddhahood in this lifetime. This path is for those who wish to transform life's pain and suffering into happiness and fulfillment with direction and purpose. They offer audio and video tapes, books, and pictures of Buddha. Teachings offered in English or Chinese. Write for a catalog and provide specific prison regulations for receiving items.

• **Dharma Companions**

P O Box 752, Cotati, CA 94931-0762, [www.dharmacompanions.wordpress.com](http://www.dharmacompanions.wordpress.com) , Provides buddhist books and booklist

• **Dharma Publishing**

35788 Hauser Bridge Road, Cazadero, CA 95421 / Tel: 800-873-4276 / E-mail: [info@dharmapublishing.com](mailto:info@dharmapublishing.com) / Website: [www.dharmapublishing.com](http://www.dharmapublishing.com)

We prefer to send books to prison libraries where they can be enjoyed by many, but we can also send individual books to prisoners upon request.

• **Dharma Seed Archival Center**

PO Box 66, Wendell Depot MA 01380 / E-mail: [dharmac@crocker.com](mailto:dharmac@crocker.com)

Inmates may write to receive free audio and video talks on Western Vipassana Buddhist teachings. Please include shipping instructions in accord with prison regulations for receiving audio or video tapes.

**Dharma Seed Prison Project**

PO Box 1494, Greenfield, MA, 01301-1494

• **Freeing the Mind / Kadampa Buddhism**

Kelsang Tekchog c/o Saraha Buddhist Center, PO Box 12037, San Francisco CA 94112 /

Website: [www.meditationinsanfrancisco.org](http://www.meditationinsanfrancisco.org)

The New Kadampa Tradition (NKT) is an association of Buddhist Centers and practitioners that derive their inspiration and guidance from the example of the ancient Kadampa Buddhist Masters and their teachings, as presented by Geshe Kelsang Gyatso. Please write to request a correspondence program or free books offering the teachings of Geshe Kelsang Gyatso.

• **Gassho Newsletter / Atlanta Soto Zen Center**

Attn: Gassho, 1167-C Zonolite Place, Atlanta GA 30306 / Website: [www.aszc.org](http://www.aszc.org)

The Gassho newsletter is a free publication created by and written for incarcerated sangha practitioners. Articles discuss prison life and the practice of Buddhism for those serving time. Each issue is produced in conjunction with the Atlanta Soto Zen Center. Inmates may write and request to be on the mailing list. Also, we welcome questions, articles, artwork, etc. from prisoners for publication.

• **Human Kindness Foundation**

PO Box 61619, Durham NC 27715 / Website: [www.humankindness.org](http://www.humankindness.org) , 919-383-5160, The Human Kindness Foundation consists of the following components: 1) The Prison Ashram Project: Offers friendship and support in the form of interfaith books, tapes, newsletters, and workshops. 2) Education and Outreach: Includes the free distribution of our quarterly newsletter, A Little Good News, and a catalog of books and tapes.

• **Insight Meditation Society**

1230 Pleasant St, Barre MA 01005 / Tel: (978) 355-4378 / E-mail: [ims@dharmadharma.org](mailto:ims@dharmadharma.org) /

Website: [www.dharma.org/ims](http://www.dharma.org/ims)

IMS is a Buddhist vipassana meditation center. Inmates may write to receive a free copy of our newsletter Insight, which comes out twice a year, as well as receive a letter listing other resources.

• **International Buddhist Meditation Center**

928 South New Hampshire Ave, Los Angeles CA 90006 / Tel: (213) 384-0850 /

E-mail: [karunadh@earthlink.net](mailto:karunadh@earthlink.net) / Website: [www.ibmc-la.org](http://www.ibmc-la.org)

IBMC is primarily oriented toward Zen but teaches all schools of Buddhism. We can send our quarterly newsletter c/o the prison library or chaplain. You may write to request the newsletter, please provide the name of the prison and/or the chaplain's name. We will send a maximum of 4 copies to each prison.

• **Larson Publications**

4936 Route 414 Dept K, Burdett NY 14818 / Website: [www.larsonpublications.org](http://www.larsonpublications.org) , Free karma book for prisoners. Upon request, Larson Publications will donate the book, What is Karma by Paul Brunton, to prisoners in the US and Canada. This

book offers a positive view of karma, explains what karma is, how it works, its relationship to forgiveness, freedom, and enlightenment, and how to get karma working for you. Paul Brunton is one of the 20th century's most perceptive students of how timeless wisdom enhances daily life. Please include information regarding prison regulations for reading material being sent in.

• **Lama Yeshe Wisdom Archive**

P O Box 636, Lincoln, MA 01773, 781-259-4466, [www.lamayeshe.com](http://www.lamayeshe.com) , Books on Tibetan Buddhism

• **Lionheart Foundation**

P O Box 170115, Boston, MA 02117, 781-444-6667, email: [questions@lionheart.org](mailto:questions@lionheart.org) , [www.lionheart.org](http://www.lionheart.org) , “Houses of Healing” book

• **Liberation Prison Project**

PO Box 33036, Raleigh NC 27636 / Website: [www.liberationprisonproject.org](http://www.liberationprisonproject.org) / 415-701-8500

We provide many services and materials for prisoners interested in Tibetan Buddhism. We offer the following: free Tibetan Buddhist books; small booklets for specific practices and prayers; materials for prison libraries; a free subscription to our publication *Liberation Magazine*; and practice support for serious students. Selected literature is available in Spanish, Vietnamese, and Chinese.

▪ **Metta Forest Monastery**

13560 Muutama Lane,, Valley Center, CA 92082, Mailing address P.O. Box 1409, Valley Center, CA 92082-1409 / 619-813-8461

Metta Forest Monastery is a meditation monastery in the lineage of the Thai Forest Tradition founded in 1990 by Ajaan Suwat Suvaco. Address your letters to “Book Request”

\* **Mindfulness Bell Magazine**

P.O. Box 5131, San Diego, CA 92165 / Email: [dperciva@unm.edu](mailto:dperciva@unm.edu)

Free subscription of Mindfulness Bell Magazine to inmates upon request.

• **Naljor Prison Dharma Service**

Website: [www.sourcepointglobaloutreach.org](http://www.sourcepointglobaloutreach.org) / P.O. Box 1247, Paho, HI, 96778 / 808-464-0177

Naljor Prison Dharma Service offers *The Heart of Dharma Collection*: ten precious dharma teachings. These accurate, concise teachings are perfect for daily study, contemplative meditation, and inspiration. Practitioners of all lineages will greatly benefit from these essential teachings. This entire collection is available free of charge from our website. We also offer an excellent 29-page *Resource Directory for Prisoners*. This directory presents an open horizon of possibility and potential for personal support and psychological/spiritual transformation. We encourage individuals and outreach organizations serving those on the inside to freely download and distribute these teachings as well as our resource directory. You are welcome to put your own information at the top of this directory to customize it for your organization. For those on the inside, if you have a chaplain, friend or family member with access to the internet, this directory and the collection of dharma teachings mentioned above can be printed out free of charge from our website.

• **National Buddhist Prison Sangha / Zen Mountain Monastery**

PO Box 197, South Plank Road, Mt. Tremper NY 12457 / 845-688-2228 / [www.znm.mro.org/national-buddhist-prison-sangha/](http://www.znm.mro.org/national-buddhist-prison-sangha/)

The National Buddhist Prison Sangha is a nationwide support network offering personal guidance, support, and instruction for prisoners interested in Zen Buddhist practice through correspondence, books, audio tapes, and a series of training manuals specially designed for prison practitioners.

• **Parallax Press**

PO Box 7355, Berkeley CA 94707 / 510-540-6411 / [www.parallax.org](http://www.parallax.org)

We offer the engaged Buddhist teachings of Thich Nhat Hanh. You may write to receive slightly damaged books free of charge. You may request a specific Thich Nhat Hanh book, however it may not always be possible to fulfill your request, or simply write to request our catalogue.

• **Prison Mindfulness Institute/Prison Dharma Network**

P.O. Box 206 South Deerfield, MA, 01373 / Tel: (401) 941-0791 / Web: [www.prisonmindfulness.org](http://www.prisonmindfulness.org) Buddhist books

• **Purple Lotus Temple**

636 San Mateo Ave, San Bruno CA 94066 / Website: [www.purplelotus.com](http://www.purplelotus.com)

The objective of the Purple Lotus Temple is to promote, with compassion and dedication, the True Buddha Tantric Dharma to benefit sentient beings. The Purple Lotus Journal is a yearly magazine offering reprinted teachings and lectures. Prisoners may write to receive a free subscription and further information. We also donate Buddhist books to prison libraries and prison dharma groups. Our magazine and books are available in either Chinese or English. Please provide us with the prison regulations for sending books.

• **San Francisco Zen Center**

300 Page Street, San Francisco, CA 94102, 415-863-3136, [www.sfzc.org](http://www.sfzc.org) , Books on Zen buddhism.

• **Snow Lion Publications**

PO Box 6483, Ithaca NY 14851-6483 / E-mail: [info@snowlionpub.com](mailto:info@snowlionpub.com) / Website: [www.shambhala.com/buddhism/tibetanbuddhism](http://www.shambhala.com/buddhism/tibetanbuddhism)

Snow Lion Publications offers a free newsletter and catalog (called *Snow Lion*) upon request. We will also consider sending books to prisoners in solitary confinement.

• **Sravasti Abbey**

692 Country Lane, Newport, WA 99156 / 509-447-5549 / [www.sravastiabbey.org](http://www.sravastiabbey.org)

Sravasti Abbey is a Buddhist monastery in the Tibetan tradition established in October 2003 by Bhikshuni Thubten Chodron. “Inmates can receive books and courses from venerable Thubten Chodron... they are very fast at sending books and letters...”

• **Sutra Translation Committee**

2611 Davidson Avenue, Bronx, NY 10468, 718-584-0621, Buddhist books.

• **The Ratna Peace Initiative**

1507 Pine Street, Boulder, CO 80302, 303-443-0444, [www.ratnapeaceinitiative.org](http://www.ratnapeaceinitiative.org) , Tibetan study course and Tibetan Buddhist books.

• **Tricycle Magazine: The Buddhist Review**

89 5th Ave, Ste 301, New York NY 10003 / Subscription Services: 212-929-0320 / [www.tricycle.org](http://www.tricycle.org)

• **Wisdom Publications**

199 Elm Street, Somerville, MA 02144, 617-776-7416, [www.wisdompubs.org](http://www.wisdompubs.org) , Buddhist books

• **Wildmind Meditation Services**

55 Main Street Ste 315 , Newmarket NH 03857 / 603-292-3960, 877-763-3488 / E-mail: [steve@wildmind.org](mailto:steve@wildmind.org) / Website: [www.wildmind.org](http://www.wildmind.org)

Wildmind Meditation Services is a non-profit organization promoting mindfulness and compassion through the practice of meditation. We offer guided meditations tapes (in clear plastic, assembled without screws) for use in prisons. Tapes include the Mindfulness of Breathing meditation and the Metta Bhavana (Developing Loving Kindness) meditation. These tapes are available to prisoners free of charge. If family or friends want to purchase the tapes for a prisoner or their own use, there is a charge of \$6.95 per tape plus shipping costs.

• **Zen Mountain Monastery**

P O Box 197, Mount Tremper, NY 12457, 845-688-2228, email: [zmmtrain@mro.org](mailto:zmmtrain@mro.org) , [www.zmm.mro.org](http://www.zmm.mro.org) , Books on Zen Buddhism