

#### **Tailored Approaches to Therapy** to Help Achieve Your Goals

Each counselor will tailor his or her approach to help you reach your specific goals, including:

Marriage Intensives (Full Day) Marital Crisis/Intervention Relationship Coaching and Mentoring Traditional and Equine Assisted **Enrichment for Husbands** Premarital Workshops Prepare/Enrich Premarital Assessments Restoration for Women Enneagram Work for Couples and Individuals

Visit LanternLaneFarm.org for a full list of excellent Therapists and Interns to help you achieve your goals.

> To Learn More Call 615.973.5454

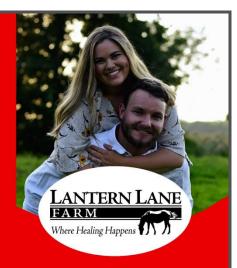
## **Hours of Operation** (by Appointment)

Monday 9am - 8pm Tuesday 9am - 8pm Wednesday 9am - 8pm 9am - 8pm Thursday Friday 9am - 8pm 9am - 8pm Saturday Closed Sunday

We are a 501(c)3 non-profit counseling center located just outside of Nashville, Tennessee

Our Mission is to provide restorative and compassionate care to those who need spiritual, emotional, and physical healing through traditional and equine assisted counseling services in a peaceful, countryside setting.

We provide services on a sliding fee scale based on total household income. We are committed to making services available to all, so that no one is ever turned away because they cannot afford therapy



# Marriage & Family Counseling

LanternLaneFarm.org info@LanternLaneFarm.org 6201 Corinth Rd | Mt Juliet, TN 37122 615.973.5454



### Invest in the Most Important Partnership That You Have!

When was the last time that you intentionally invested in your marriage? We make time for so many things in life, there's no better time than now to make our marriage a priority!

- Through counseling you can:
  Build new ways of communicating
  Gain tested tools for resolving
- conflict, and Learn how to create emotional safety for each other.

Whether you seek restoration in your relationship, premarital therapy, relationshps enrichment or are experiencing a marital crisis... we are here for you.

Our private, confidential farm, away from the hustle and bustle of life, provides a safe place where you can invest in the most important partnership you have.



#### **Reconnect through Couples** Intensives and Seminars

At Lantern Lane Farm, you can step out of your daily routines and get to the heart of what really matters in your relationship. In many cases, equine assistance is used during therapy sessions.

Couples Restoratives are lead by LLF's Clinical Director, Ralph Cook. Additional options and tailored approaches are available based on your needs.

For a full list of excellent therapists, visit us at LanternLaneFarm.org

Special pricing arrangements and considerations apply for miliatry

- Private Counseling in our country-side setting.
   Intensives are 2 or 3 day tailored
- retreats. Seminars are 2-3 hour restorative
- events held at and tailored to your church or organization. Also offering Premarital workshops.

To learn more or to schedule an appointment call 615.973.5454. Please mention this brochure when calling

"...Having found a lot of the tools we learned and exercised with Ralh invaluable, we were able to gain experience and confidence in utilizing them correctly together with him and then took them home to use ourselves going forward, which has been brilliant!"

"It was such a truly excellent weekend, we were able to work through many difficulties and grow together personally, as a couple and in our faith...We felt incredibly supported, heard and loves in the process, allowing us

to gain many positive outcomes.



"If ever needed, we would do another intensive with Ralph in a heartbeat and fully recommend his work to anyone who is looking to benefit in improving not only the relationship sin their life, but their own health and well-being."

"When was the last time you intentionally invested in your relationship?"