Time for breath and for grief

23 minutes
In this bilingual episode we take some time to sit with our grief and celebrate the lives of our senior center community members we have lost.

Whether or not you know the seniors we commemorate, we invite you to get to know them and also make time for the losses you are carrying.
For an audio version in English and Spanish
dial: 646-880-9127

To stream, visit
www.thebushwickstarr.org/silverliningradio
This episode of the Silver Lining is created by Camila Cano-Flavia, Rachel Kauder Nalebuff, Justice Nnanna, Caitlin Ryan O’Connell, Nicole Villamil, and the drama students of the Ridgewood Bushwick and Roundtable Senior Centers.

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