CS Employee Prem Kumar Set to Run 220-mile Event in Haiti

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Prem Kumar, a program manager for our DoD business within CS, has certainly logged a lot of miles as a runner. He has participated in 278 races over the past six years, but nothing like what he’s about to take on next month.

February 16-23, Prem will be one of 40 runners selected to participate in the Run Across Haiti fundraising event. He will traverse roughly 220 miles along the coast of Haiti over eight days – think of it like a marathon a day in about 80-degree heat!

In its fifth year, the Run Across Haiti is organized through Work, a non-profit group whose mission is to accompany families in Haiti out of poverty through good, dignified jobs. More info. about the organization and the February event in Haiti can be found here:
http://www.dowork.org/whywerun

"Running has given me a lot, and I want to use it to give back to a mission that I feel connected to," said Prem. "I was born and raised in the South Western part of Pakistan, where poverty, low literacy rates, a lack of clean drinking water and civil unrest are the norm."

Runners across the nation applied for the opportunity to participate in the 5th Annual Run Across Haiti, noting their experience and explaining why they’d be a good fit for this mission. Prem proved to be a prime candidate – an active member of the Rochester-area running community, he has run hundreds of races on all kinds of terrains, including more than 30 full and ultra-marathon distances. Notified of his selection last summer, Prem has been training for his Haiti endeavor since September.

"I am honored to be among those selected for this event that will help raise awareness for the beautiful country that Haiti is and to help
people there rise out of poverty,” said Prem. “It will be a challenge both physically and mentally, but one that I’m looking forward to.”

Click [here](https://www.rochesterfirst.com/news/local-news/rochester-runners-to-trek-across-haiti-for-charity/1679150291) to see a recent interview with Prem on Rochester's WROC-TV.

The 2019 Run Across Haiti spans about 220 miles from the North Coast near Cap-Haitien to the South Coast near Jacmel, over a period of eight days.