n Sunday, February 12 citizens of the Mashpee Wampanoag Tribe came out and casted votes in an election for the four tribal council officer seats and one tribal council member. In the election the Chairman of the Tribe, Cedric Cromwell, and Vice Chair of the Tribe, Jessie “little doe” Baird were re-elected.

“I am honored to have been re-elected to finish what this administration has worked so hard to achieve,” said Chairman Cromwell. “Our government has grown by leaps and bounds over the past several years, offering employment and a wide-range of services for our people.”

Chairman Cromwell added “we look to secure our land in trust and move forward with the completion of a $1 billion dollar casino that will serve as an economic development platform for my people for generations to come.”

Chairman Cromwell defeated challenger Aaron Tobey 358-298.

Vice Chair Jessie “little doe” Baird won a second term, narrowly defeating challenger Tribal Council Member Carlton Hendricks 258-254. Marie Stone garnered 155 votes.

In other races, Gordon Harris was elected treasurer, defeating Angela Shwom 329-222.

In the race for Secretary, Ann Marie Askew was elected with 290 votes defeating Paula Peters and Charles “Bobby” Foster who both received 186 votes.

David Weeden won a run-off for Tribal Council seat with 330 votes. Laura Etta Miranda received 288 votes and Marjorie Sea-graves received 44.

Dear Tribal Family,

I’d like to thank each and every tribal citizen that participated in the elections – participating as a candidate, volunteering at elections and casting a vote. We had almost 700 Tribal Citizens come out and vote in our 2017 elections, a symbol of a strong, healthy and engaged tribal body. I want to thank each of you for exercising your rights, and providing your love for our community and the sacrifices you made to get to our Community and Government Center on Election Day to let your voice be heard.

I’d also like to thank you for the confidence you have placed in me. We’ve accomplished a lot over the past eight years with land into trust, protection of our sovereign rights and building a foundation for economic development. But we still have a lot of work to complete to realize our goals and I’m so grateful that you’ve entrusted me to lead us through to success over the next four years. It’s my pledge to continue working day in and day out for you…I will not let you down. Thank you for your vote.

Your voice and votes have also strengthened our Tribal Council with the re-election of Vice Chairwoman Jessie “little doe” Baird, a fearless leader and advocate of our tribal rights, laws and culture. Jessie and I have worked extremely well together over the past four years and I’m confident we’ll continue to get it done over the next term. We also strengthened our Tribe with the election of Tribal Secretary Ann Marie Askew, Treasurer Gordon Harris and Council Member David Weeden. Each of these dedicated tribal leaders brings a unique set of skills and knowledge to the table that I welcome. We are a stronger,

New Leadership in Planning and Development Department

Tribal Administrator Leslie Jonas is pleased to announce that within the span of just a few weeks the Mashpee Wampanoag Tribe Planning and Development Department, a department often not seen but certainly felt across just about every department within the Tribe’s Community and Government Center, have a new director and associate director. Judi Urquhart, who previously worked as a consultant with the Tribe on millions of dollars of successful grant applications, was named Director and Roxanne Mills Brown named Associate Director.

The Planning and Development Department is responsible for managing the growth of tribal operations against the
New Events

March 11
21st Annual Mashpee Wampanoag Ball, Resort and Conference Center of Hyannis

March 12 – 2:00 p.m. to 4:00 p.m.
General Body Meeting, MWTCGC

March 14 – 4:30 p.m. to 6:00 p.m.
QPR Training, Health Service Administrative Building

March 14 & 16 – 5:30 p.m. to 7:30 p.m.
Rebuilding Your Credit Workshop, MWTCGC

March 16 – 10:00 a.m. to 11:30 a.m.
QPR Training, Health Service Administrative Building

March 20 – 9:00 a.m. to Noon
Creating a Budget Workshop, MWTCGC

March 21, 22 or 23 – 8:30 to 4:30 p.m.
Mental Health Youth Training, Health Service Administrative Building

March 25 – 4:00 p.m. to 6:00 p.m.
Alice Lopez Pasta Dinner, MWTCGC

March 28, 29 or 30– 8:30 to 4:30 p.m.
Mental Health Adult Training, Health Service Administrative Building

Weekly Events

Mondays – 5:30 p.m. to 7:30 p.m.
Youth Boys Basketball, MWTCGC

Mondays – 6:00 p.m. to 8:00 p.m.
Craft Night, MWTCGC

Tuesdays – 11:30 a.m. to 1:30 p.m.
Elders Lunch & Learn, MWTCGC

Tuesdays – 6:00 p.m. to 8:00 p.m.
Coed Volleyball, MWTCGC

Wednesdays – 10:00 a.m. to 11:00 a.m.
& 5:30 p.m. to 6:30 p.m.
Tribal Health Yoga with Virginia and Kimma, MWTCGC

Thursdays – 11:30 a.m. to 1:30 p.m.
Elders Lunch & Learn, MWTCGC

Thursdays – 6:30 p.m. to 8:00 p.m.
Youth Dance & Drum Class, MWTCGC

Fridays – 5:30 p.m. to 6:30 p.m.
Tribal Health Zumba with Shirley, MWTCGC

Fridays – 5:30 p.m. to 7:30 p.m.
CCDF Family Paint Nights, MWTCGC

Sundays –10:00 a.m. to 11:00 a.m.
Tribal Health Zumba with Shirley, MWTCGC

Welcome Jacaree Charles Peters

Terrell Peters and Jade Fernandes are proud to announce the arrival of their son Jacaree Charles Peters. Jacaree was born on February 2, 2017 at 7:00 p.m. at Falmouth Hospital. He weighed 5 pounds 2 ounces and was 19 inches long at birth. Jacaree’s family include his paternal grandparents Amy Peters and Leno Mendes III, Great Grandparents the late Charles Peters and Deborah Peters and Great, Great Grandfather the late Stacey Peters, Sr. and Great, Great Grandmother Gloria (Cash) Haskell. Terrell, Jade and Jacaree are doing very well.

Tribe Hires New Water Quality Tech

Cayton “C.J.” Oakley-Robbins was recently hired as the new Mashpee Wampanoag Tribe Water Quality Tech in the Natural Resources Department. C.J. was offered the position after completing a 22-week internship in the Natural Resources Department. He is a welcome addition to the team.

Prior to accepting the position of Water Quality Tech, C.J. completed a Water Resources Technician Training Program offered through the Bureau of Indian Affairs (BIA) Native American Water Corps. In 2012 C.J. was the recipient of the Bill Gates Millennium Scholarship.

21st Annual Mashpee Wampanoag Ball

The Mashpee Wampanoag Ball Committee is pleased to announce that the 21st Annual Mashpee Wampanoag Ball will be held on Saturday, March 11 at the Resort and Conference Center of Hyannis. Please mark your calendars for the celebration.

This year’s theme is “Solidarity – All Nations Stand as One.” A theme that is appropriate for the struggle for sovereignty, rights and protecting our land that is going on across Indian Country and right here in our own homeland.

Tickets are now available to purchase. Tickets purchased in advance will be $40 for general admission and $30 for Mashpee Wampanoag Tribal Elders. Tickets purchased at the door will be $50.

We look forward to seeing everyone at the 21st Annual Ball on March 11.
Chairman’s Column (continued)

goals that Leslie Jonas has set. It’s a tall task that requires the department leadership to act as advisors with the Tribal Administrator to departments, Tribal Council, commissions, committees and senior management on current program funding opportunities, recommended land use and economic development opportunities.

Tribal Administrator Leslie Jonas is thrilled to see new leadership in the department and is excited about the direction it will go under their direction. “We’re so fortunate to have Judi and Roxanne join our team,” said Leslie. “We’ve relied on Judi for many years to guide us through some of our more challenging grant and program development opportunities as a consultant. She’s always delivered amazing results and we’re so fortunate to have her onboard full time. After Judi accepted, we’re then able to bring Roxanne onboard. A move that really rounded out the team perfectly. Roxanne understands our Tribe – both from a cultural and economic standpoint – and she’s a real asset to the community.”

Judi brings over 20 years of experience in fundraising to her role as Director of Planning and Development for the Mashpee Wampanoag Tribe. Prior to this position, she was instrumental in bringing in nearly $5 million in grant revenue for the Wampanoag tribal community as a freelance consultant through Wakeby Fire & Associates, a tribally-owned fundraising and marketing agency.

Planning and Development (continued)

Roxanne is the daughter of Mashpee Wampanoag Chief Earl H. Mills, Sr and Shirley L. Mills, Navajo. For many years she helped her parents with the Mashpee Pow Wow; was a tribal council member and member of the Federated Eastern Indian League (FEIL) and Coalition for Eastern Native Americans (CENA) during its infancy. After attending high school in Falmouth, Roxanne attended Simmons College where she participated in the youth group at the Boston Indian Council and was a regular on Indian radio, hosted by Al Oakley, Supreme Sachem of the Wampanoag Nation. Roxanne married James C. Brown (deceased) and is the mother of 3 children, Fawn, Nebasset, and Wamsutta; and the grandmother of Ava, Ella, and Olivia Brown (deceased) and is the mother of 3 children, Fawn, Nebasset, and Wamsutta; and the grandmother of Ava, Ella, and Olivia Brown.

Judi has extensive experience in fundraising, direct marketing, database management and grant writing and, throughout her career, has worked for American Express, Outward Bound, the World Society for the Protection of Animals as well as in direct marketing agencies such as A.B. Data, Epsilon, and Newport Creative Communications.

She holds a B.A. in Asian Studies from Mount Holyoke College and an M.B.A. from Northwestern University’s Kellogg School of Management. She is married to Gordon Harris and they have two daughters, Zoë, a student at Northeastern and Alyssa, a student at Mashpee High School. In 2014, she was honored with a Lew Gurwitz Spirit Award.

Kutaputunnmumw;

Cedric Cromwell
Qaqeeqamq
(Running Bear)
Chairman Cromwell Featured on NECN

On Tuesday, February 21, Chairman of the Mashpee Wampanoag Tribe Cedric Cromwell was featured on The Take with Sue O’Connell. During the interview, Chairman Cromwell discussed economic development for the Tribe and Southeastern Massachusetts and the next steps for First Light Resort and Casino. To view the interview, visit www.necn.com/business and search for “Next Steps for Wampanoag Casino.” You can also enter the full website address for the video www.necn.com/news/business/Next-Steps-for-Wampanoag-Casino-414431623.html to view it.

Opening on Housing Commission

The Mashpee Wampanoag Tribe currently has three openings on its Housing Commission that it is looking to fill. The Housing Commission is tasked with policy-level goals, determinations and review to guide the Housing Department. Duties and responsibilities of the Housing Commission include, but are not limited to creating the Indian Housing Plan (IHP), policies, enforcement of housing-related tribal law, department oversight and regulatory compliance. If you are interested in serving as a Housing Commissioner, send a letter of interest to Francie Dottin, executive administrative assistant to the chairman, at francie.dottin@mwtribe-NSN.gov. The Housing Commissioners meet every third Monday of the month at the government center and on an as needed basis. The Commission is appointed and may be re-appointed by Tribal Council with consideration of input from the Housing Executive Director.

Tribal Council Members Participate in Swearing-In Ceremony

In a first, the newly elected tribal council officers and council member elected on February 12 were sworn into office during a brief ceremony held on Tuesday, February 21. The ceremony, which was held prior to the opening of a tribal council special meeting, was the first time elected officials were asked to participate in a swearing-in ceremony. Chairman of the Mashpee Wampanoag Tribe Cedric Cromwell presided over the ceremony for everyone except himself - Medicine Man Guy “Soaring Eagle” Cash performed the swearing in for Chairman Cromwell.

The newly elected tribal council members reaffirmed their commitment to support the constitution of the Mashpee Wampanoag Tribe and to faithfully and impartially perform and discharge the duties of the office they were elected to during the swearing-in ceremony.

Chairman Cedric Cromwell felt it was appropriate to hold the ceremony right after the elections and hopes it will become a bi-annual event that will follow all elections. “It’s so important to remind ourselves of the responsibilities we’ve accepted as elected officials serving our tribal Nation,” said Chairman Cromwell. “The swearing in ceremony gave us that opportunity to pause, recite our oath, clear the slate from the business of the elections and begin our day as a unified tribal council working together on behalf of our community.”

CCDF Paint Night

The Cape Cod Child Development Fund (CCDF) at the Mashpee Wampanoag Tribe is continuing to sponsor a weekly parent and child paint night that started in early December and took a break during the holidays. The paint night resumed on January 13 and is free and open to one adult and child per tribal household and is being held every Friday at the Mashpee Wampanoag Tribal Community and Government Center from 5:30 p.m. to 7:30 p.m. Space is limited each week to 10 adults and 10 children and you must RSVP. To reserve space in an upcoming paint night, please send an email to CCDF Program Assistant Eileen Miranda at emiranda@mwtribe-nsn.gov or call (508) 477-0208 x152.
Radon Awareness Lunch on March 26

The Mashpee Wampanoag Tribe Natural Resources Department is asking for your assistance in raising awareness of the health risks of radon gas. The Natural Resources Department will host a radon awareness and education lunch at the Tribal Community and Government Center 483 Great Neck Road S. Mashpee, Massachusetts, on Sunday, March 26 at 1:00 PM. We invite all tribal members to attend this educational event. We are recruiting 25 tribal “household” volunteers to have their homes (or apartments, duplexes, condos, mobile homes etc.) tested for radon levels, participate in a survey, and if necessary, assist tribal members to identify resources to help reduce radon level in their homes.

High levels of radon have been found to be problems in many homes in Massachusetts. While studies show high levels of radon are typically found in one of 15 of homes nationwide, statistics are one of five in Massachusetts and on Cape Cod.

Radon is a cancer-causing, radioactive gas. You can’t see radon, can’t smell it or taste it, but it may be a problem in your home. Radon is estimated to cause many thousands of deaths each year. That’s because when you breathe air containing radon at high levels, you are at higher risk for lung cancer. Radon comes from the natural (radioactive) breakdown of uranium in soil, rock and water and gets into the air you breath. It can get into any type of building—homes, offices, and schools—and result in a high indoor radon level. But you and your family are most likely to get your greatest exposure at home, where you spend most of your time.

The EPA and the Surgeon General recommend testing all homes below the third floor for radon. The EPA also recommends testing in schools. Testing is inexpensive and easy—it should only take a few minutes of your time. Millions of Americans have already tested their homes for radon.

We can fix a radon problem. Radon reduction systems work and they are not too costly. Some radon reduction systems can reduce radon levels in your home by up to 99%. Even very high levels can be reduced to acceptable levels.

New homes can be built with radon-resistant features. Radon-resistant construction techniques can be effective in preventing radon entry. When installed properly and completely, these simple and inexpensive techniques can help reduce indoor radon levels in homes. In addition, installing them at the time of construction makes it easier and less expensive to reduce radon levels.

Uncovering and addressing the silent danger of radon gases is a first step toward keeping our families, homes and community protected from this silent killer.

Transcending Historical Trauma

We will now continue with our series on Historical Trauma which impacts Indian people today across this vast land. There is not a tribe that has not been touched by it. Thanks to the Wisdom of the Elders, we are able to present this series to our tribal members.

Transcending Historical Trauma

The list of historical traumas is long and painful. First contact with the people from Europe caused sometimes as high as 85% of Indian people to die from smallpox, tuberculosis and other infectious diseases. These diseases were in fact used as biological warfare to clear the way for foreign communities, plants, and animals. Many know of the massacres of Wounded Knee and Sand Creek, but do not know that there were dozens of others. The Cherokee Trail of Tears, for example, forced hundreds to relocate to Indian reservations, which were operated like prison camps by Indian agents.

Federal policies require that children be removed from families and sent to boarding schools where they were systematically belittled and beaten, and sometimes raped and murdered. Prohibiting and perpetuating doubt about native cultural traditions coincided with loss of cultural identity. People began to be ashamed to be Indian. This was further exacerbated when the ancient spiritual practices of Indian people were declared illegal, including grieving traditions, songs, and healing practices. Spiritual leaders were frequently banished, imprisoned or murdered. Their sacred pipes, drums and other spiritual bundles were confiscated and burned or put into museums. Tribal terminations, relocation of Native Americans to cities where they lived in poverty, resulted in rampant alcohol abuse and severe mental health and health conditions, especially Type 2 Diabetes. Research continues to demonstrate that these conditions are co-occurring in many of today’s native peoples.

Pasta Dinner and Raffle Fundraiser for Memorial Statue

A pasta dinner fundraiser for the Alice May Lopez Memorial Statue will be held on Saturday, March 25 from 4:00 p.m. to 6:00 p.m. at the Mashpee Wampanoag Tribe Community and Government Center. Tickets for the event are $10 and $5 for children under 12. Tickets will be available at the door or may be purchased in advance by calling Carol Lopez at (508) 505-6693 or Marcia Lopez at (774) 238-6906.

Guests will be able to choose lasagna, spaghetti or chicken Alfredo as a dinner choice and will come with salad, bread and dessert.

In addition, the memorial statue fund committee will be selling raffle tickets at the event. Raffle items include a 55” Vizeo smart TV, a 60” x 90” Pendleton Woolen Mills blanket and a $30 gift card for the 99 Restaurant. Tickets for the raffle are $5 each or five for $20. Tickets for the raffle will also be available for purchase before and after the pasta dinner. You may purchase a ticket for the raffle by sending an email to marcia-bead@aol.com or by calling Carol Lopez at (508) 505-6693.

All funds raised from the pasta dinner and raffle will directly benefit the Alice May Lopez Statue Fund. The committee is raising $100,000 to create a life-sized bronze statue in memorial of Alice who passed away unexpectedly at the age of 49 in 2011. Alice was the founder and first director of the Mashpee Wampanoag Tribe’s Housing Department.

(Transcending Historical Trauma Response Among Natives and Its Relationship with Substance Abuse: A Lakota Illustration, Maria Yellow Horse Brave Heart, PhD, Journal of Psychoactive Drugs, 35 (1), 7-13, 2003)
Tribal Child Welfare Jurisdiction

It is important in child welfare cases to know who holds parental rights. This can be particularly complicated in the case of paternity: who is recognized legally as the father of the child? Only legally recognized fathers have rights and protections under state laws, federal laws (such as ICWA), and in child welfare proceedings. But the definition of “legal father” varies across jurisdictions. For example, in some jurisdictions it may be relatively easy to do, involving little more than the filing of paperwork with the appropriate authorities. In others, it may involve extensive court processes before paternity is legally recognized.

In other jurisdictions, marital status may not matter in the determination of paternity. Furthermore, the legal father of a child is not necessarily the child’s biological or natural father. The legal father is simply the person holding parental rights.

Jurisdictions also vary in how easy or difficult they make it for an individual to be recognized as the legal father of a child. In some jurisdictions it may be relatively easy to do, involving little more than the filing of paperwork with the appropriate authorities. In others, it may involve extensive court processes before paternity is legally recognized.

Peacemaking Court Development and Implementation Project

Project Overview - The Mashpee Wampanoag Tribe implemented a Social and Economic Development Strategies grant from 2014-2016. Prior to the grant, the Tribe was unable to incorporate traditional Peacemaking dispute resolution processes into their existing court system. Additionally, the loss of Peacemaking would signify the loss of ancestral wisdom and a vital component of Mashpee Wampanoag culture.

The Tribe’s SEDS grant directly addressed these community needs by creating a Mashpee Wampanoag Peacemaking Model specific to the cultural values of the Tribe and recruiting and training a pool of 18 Peacemakers, or individuals who are trained in implementing the Wampanoag Peacemaking Model.

After the Mashpee Wampanoag received federal recognition in 2007, an Elder’s Judiciary Committee (EJC) was formed to establish the formal Tribal court system. The EJC developed the basic foundation for the Mashpee Wampanoag to adjudicate cases using federal procedures, but the community expressed a need for an alternative model for dispute resolution that better reflected one of their core cultural tenets – restorative justice.

Because the EJC held the community knowledge of traditional Peacemaking, they naturally transitioned into responding to community needs for Peacemaking. First, the EJC began coalition building to seek out community advisors for the development and implementation of the Peacemaking model, including Clan Mothers, Spiritual Advisors, and Chief’s Circle members. Then the group developed the core Peacemaking guidelines including dispute resolution techniques, referral and intake processes, record keeping, and Tribal resource utilization. Once these guidelines were in place, 18 Peacemakers were recruited and trained to implement the model.

Project Outcomes and Impact - The implementation of the Peacemaking Model is ongoing as more Mashpee Wampanoag are learning about and trusting this alternative dispute resolution model. As a result, 6 cases have been filed so far, including one that involved a Tribal Council member. Both parties entered the process voluntarily. Guided by two Peacemakers, one female and one male to maintain balance, the parties were able to explain how they perceived the issues and as a result, had joint ownership over the outcome of the case. Tribal Council members have now become advocates for Peacemaking.

Peacemakers have remarked that it was empowering to develop and implement this project, as it allows them to re- incorporate traditional adjudication methods into Tribal law. As a result, the Mashpee Wampanoag have expanded opportunities for resolution that are firmly rooted in their cultural values. The Tribal Council has decided to add Peacemaking to the Employee Handbook to provide an option to automatic termination. Peacemaking has also been added to the Juvenile Codes as an alternative to going to court.

Key Results: 18 Peacemakers trained, 6 cases filed

“Some Wampanoag were born to be Peacemakers. They’ve already done it all their lives.” – Peacemaking Spiritual Advisor.
21st Annual
Mashpee Wampanoag Ball
Solidarity - All Nations Stand as One

March 11, 2017
6 p.m. to 12 a.m.
Resort and Conference Center of Hyannis
35 Scudder Avenue, Hyannis

Formal Attire Requested | Ages 21 and over | DJ Scotty Never:
$30 - MWT Elders ~ $40 - In advance ~ $50 - At the door
Tickets available for purchase at the MWT Community & Government Center and Puritan's of Cape Cod
Department Lands Free Equipment for Tribe

The Mashpee Wampanoag Tribe Emergency Management Department is committed to ensuring the entire Tribe – both the citizens and departments that make up the tribal operations – is prepared for all types of emergency situations. To achieve this goal the Emergency Management Department has established a partnership with Indian Health Services (IHS) Project TRANSAM – a partnership that is allowing the tribe the acquire shipments of equipment at no cost.

The free equipment that the Emergency Management Department receives has been distributed back out to the various MWT operations departments ensuring these support services have the equipment and resources needed to better respond to future hazards and incidents.

Emergency Management Department Director Nelson Andrews Jr. has been working hard to foster a strong partnership with the various government agencies involved in Project TRANSAM. “Project TRANSAM is a Civilian-Military Cooperative Action Program between the Indian Health Service (IHS) and the Department of Defense (DOD) concerning distribution of medical equipment and supplies obtained from closure of military bases as well as other sources such as the GSA Excess program, Direct Transfers from other Federal agencies,” said Nelson. “It’s an amazing program for the Tribe to be involved with and has worked out extremely well.”

The Tribe has already received a wide range of equipment through this program including vehicles, generators, cots, blankets and a trailer to name just a few.

Nelson sees the long-term benefits of a program like this. “We will continue to grow the resource capacity of the department through this method as well other methods, so that we are ultimately a self-sufficient entity and can continue to provide needed support and services to the tribal community and our neighboring partners.”

If you have additional questions about this program or the Emergency Management Department, please send an email to nelson.andrewsjr@mwtribe-nsn.gov.

Smoke and Carbon Monoxide Detectors Available

The Mashpee Wampanoag Tribe Emergency Management Department has teamed up with the American Red Cross on a home fire campaign that is delivering and installing free smoke and carbon monoxide detectors in the homes of tribal citizens in Barnstable, Plymouth and Bristol counties. The campaign launched in January and there are still new smoke and carbon monoxide detectors available.

It’s so important that you and your family have properly working smoke and carbon monoxide detectors. On average seven people die every day from a home fire with another 36 people suffering injuries every day. These fires cost over $7 billion in property damage every year. Fires happen and they happen quickly. Can your family escape in just two minutes after a fire starts? The alert from your smoke or carbon monoxide detector can make all the difference.

All gasoline and diesel generators create carbon monoxide, a colorless, odorless, tasteless gas that inhibits the body’s ability to absorb oxygen, a condition that can cause serious health problems, and even death, within a matter of minutes. The first symptoms of carbon monoxide poisoning usually include headache, light-headedness, dizziness and unexplained sleepiness. Having a properly functioning carbon monoxide detector could potentially help to save the life of you and your loved ones.

The Emergency Management Department is committed to keeping your family is prepared for all types of emergencies. That’s why the department is providing and installing smoke and carbon monoxide detectors in tribal households at no cost. If you or someone you know is interested in this free service, please contact Emergency Management Director Nelson Andrews Jr. at (508) 477-5800 x15 or Emergency Preparedness Specialist Allyssa Hathaway at (508) 477-5800 x13.

Utility Service Announcement

The Tribal Health and Human Services Department wants you to be aware of programs for tribal citizens that are having a hard time managing their utility bills. If you are struggling, don’t wait for service interruption before you take action.

You may be eligible to take advantage of winter protection. Winter protection says utility companies cannot terminate service that is heat related between November 15 and March 15 if you cannot afford to pay your utility bills. (The March 15 end-date is often extended to April 1 by DPU).

If you receive the Discount Rate, you may be eligible to enroll into bill management programs and save money. Be proactive and contact your service provider before March 15, 2017. Call the National Grid customer service at (800) 548-8000 and the National Grid discount rate phone number is (800) 322-3223. Eversource discount rate phone number is (800) 592-2000 and the Eversource new state program is (866) 315-2496.
**Title 5 and You as a Homeowner**

The Mashpee Wampanoag Tribe Housing Department was awarded a grant from the Indian Health Service (IHS) through Public Law 86-121 to allow a homeowner to connect to public water and/or repair or replace the homeowners’ septic system. There is no income eligibility for this important sanitation program.

If you have concerns regarding your septic system, please inquire as you may be eligible to have your system repaired/replaced with a new system. There is no income eligibility for this important sanitation program.

As a homeowner, did you know that you’re responsible for maintaining your septic system? If the septic system is properly designed, constructed and maintained, it should provide effective treatment of your household’s wastewater for several years.

Please contact Assistant Director of Housing Melissa Phillips at melissa.phillips@mwttribe-NSN.gov or (508) 477-0208 ext. 106 with any questions regarding this program.

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**Dental Incentive Prize Winner**

Congratulations to Nicholas Brown the Mashpee Wampanoag Family Dental Clinic January Incentive Prize Winner. Each month one lucky patient of the clinic is chosen at random as the winner and is able to select a prize. Prizes include items such as an electric toothbrush, a water pick or a dental care package.

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**Winter Preparedness: Home Winterization.**

The Mashpee Wampanoag Tribe Emergency Management Department has a new winter preparedness tip; in January’s newsletter we covered winter vehicle readiness. Please see this month’s preparedness tip on how to Winterize Your Home.

- Winterize your home to extend the life of your fuel supply by insulating walls and attics, caulking and weather-stripping doors and windows, and installing storm windows or covering windows with plastic.
- Winterize your house, barn, shed or any other structure that may provide shelter for your family, neighbors, livestock or equipment. Clear rain gutters; repair roof leaks and cut away tree branches that could fall on a house or other structure during a storm.
- Maintain heating equipment and chimneys by having them cleaned and inspected every year.
- Insulate pipes with insulation or newspapers and plastic and allow faucets to drip a little during cold weather to avoid freezing. Running water, even at a trickle, helps prevent pipes from freezing.

- All fuel-burning equipment should be vented to the outside and kept clear.
- Keep fire extinguishers on hand, and make sure everyone in your house knows how to use them. House fires pose an additional risk, as more people turn to alternate heating sources without taking the necessary safety precautions.
- Learn how to shut off water valves (in case a pipe bursts).
- Insulate your home by installing storm windows or covering windows with plastic from the inside to keep cold air out.
- Hire a contractor to check the structural ability of the roof to sustain unusually heavy weight from the accumulation of snow or water, if drains on flat roofs do not work.

For additional information and details please be sure to contact; Emergency Management Director, Nelson Andrews Jr at 508-477-5800 Ext 15, Nelson.AndrewsJr@mwttribe-NSN.gov or Emergency Preparedness Specialist, Alyssa Hathaway at 508-477-5800 Ext 13, Alyssa.Hathaway@mwttribe-NSN.gov

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**Rebuilding Your Credit Workshop**

The Human Service Department in partnership with the Housing Assistance Corporation on Cape Cod will be hosting a free Rebuilding Your Credit Workshop at the Tribe’s Community and Government Center. The two-day workshop will be held from 5:30 p.m. to 7:30 p.m. on Tuesday, March 14 and Thursday, March 16.

During part 1 and part 2 of this workshop attendees will learn about credit reports, including tri-merge credit reports, and what your credit score means. The two-part class will also provide you with the tools you can use to rebuild your credit score.

Space is limited and it is strongly recommended that you RSVP early. To sign up, please contact Cassie Jackson, emergency services specialist, at (508) 477-0208 x142 or at cassie.jackson@mwttribe-NSN.gov. The course is free of charge and light food and refreshments will be served.

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**QPR Training**

Mashpee Wampanoag Tribal Citizens and their families are invited to attend QPR (Question - Persuade – Refer) training. The training program will be held in the MWT Health Service Unit Administrative Building located behind the Community and Government Center on Tuesday, March 14 from 4:30-6:00 p.m. and on Thursday, March 16 from 10:00 a.m. to 11:30 a.m. Attendees can choose either date to attend.

So, what is QPR? QPR is a three step-training program that anyone can learn to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives.

QPR is the most widely taught gatekeeper training program in the United States, with more than one million adults trained. At the end of the program, attendees will be ‘Certified QPR Gatekeeper’ responders.

The training is to help further the efforts to prevent acts of suicide within the tribal community. If you have been trained in QPR before, you are welcome to participate and/or recertify.

To register or for more information, please call PumukQien Collins at (508) 477-6967 x2562.
ARE YOU A VETERAN?

The Mashpee Wampanoag Tribe’s Veteran Supportive Services is looking for ways to give back, but we need your input!!!

We will be collaborating with the Veterans Outreach Center and want you to share your vision as to how we can help you in your times of need.

Please complete the form below and send it back to:

Mashpee Wampanoag Tribe
Veteran Supportive Services
483 Great Neck Road South
Mashpee, MA 02649
Attention: Cassie Jackson

For more information please contact:
Cassie Jackson, Emergency Service Specialist @ 508-477-0208 Ext. 142

Name: _______________________________ DOB: ______________
Address: _______________________________ Phone: ______________

Start Date: _______________ End Date: _______________
Rank: _______________________________
Branch: _______________________________
War: _______________________________
Duty Station: _______________________________

Thank You for serving our country & protecting our freedoms!
Mental Health First Aid – Youth Training

The Mashpee Wampanoag Tribe Indian Health Services (IHS) will be hosting a Mental Health First Aid – Youth Training. The eight-hour training will be held from 8:30 a.m. to 4:30 p.m. on Tuesday, March 21, Wednesday, March 22 and Thursday, March 23 at the Health Service Unit Administration Building located behind the Community and Government Center. Tribal citizens interested may register for one of the three days the training is being held by contacting PumukQien Collins at (508) 477-6967 x2562.

This one day, eight-hour training course gives people the tools to identify when a youth might be struggling with a mental health or substance abuse problem or crisis, and how to connect them with appropriate support and resources.

Participants will learn the potential risk factors and warning signs for a range of mental health problems including depression, anxiety, psychosis, eating disorders, substance use disorders and self-injury. In addition, the training will provide an understanding of various mental health disorders, a five-step action plan covering skills, resources, and knowledge to assess the situation and to select and implement appropriate intervention. Participants will learn how to help someone in crisis and will become a “Certified Mental Health First Aid – Youth” responder at the completion of the program.

This training is for Mashpee Wampanoag Tribal citizens 18 years and over and their families caring for youth in any capacity.

Free Creating a Budget Workshop

Managing finances and living within a budget is something most people could use a little help with. That’s why the Mashpee Wampanoag Human Services Department has joined up with the Housing Assistance Corporation on Cape Cod to offer Tribal citizens a free budget workshop on Monday, March 20 from 9:00 a.m. to Noon at the Mashpee Wampanoag Tribe Community and Government Center.

The three-hour budget workshop will walk attendees through the process of creating a budget for yourself and your household. Some of the points that will be covered include what to include in a budget, when to make adjustments, how a budget can benefit your household and how it will assist you in meeting your financial goals. There will also be time to meet with instructors and evaluate your budget and discuss what type of budget works best for your unique situation.

Space is limited and it is strongly recommended that you RSVP early. To sign up, please contact Cassie Jackson, emergency services specialist, at (508) 477-0208 x142 or at cassie.jackson@mwtribe-NSN.gov. The course is free of charge and light food and refreshments will be served.

Job Opportunities at the Tribe

At the time of publication, The Mashpee Wampanoag Tribe has at least three positions it is looking to fill. However, the opportunities can open and be filled in a relatively quick and efficient manner. If you would like to see the most current list of job opportunities at the Tribe, please visit www.mashpeewampanoagtribe-NSN.gov and click on the “Jobs” tab on the right column of the home page.

Substance Abuse Case Worker - This is a full-time, exempt position with benefits with a beginning salary range of $41,878 - $53,180.40. The Substance Abuse Case Manager will report to the Tribal Health Services Manager and will plan, coordinate and provide case management services while advocating for each individual’s needs pertaining to a structured recovery process. The SA case manager will motivate individuals to actively participate in their own recovery process while assisting clients with learning coping skills and gaining the necessary knowledge to assist with sobriety.

Health and Human Services Manager – This is a full-time, exempt position with benefits with a beginning salary of $64,937.60. The Health and Human Services Manager will report to the Health and Human Services Director and will be the lead on all substance abuse cases while coordinating and providing case management services along with advocating for each individual’s needs pertaining to a structured wellness recovery process.

Tribal Action Plan (TAP) Project Manager - This is a full-time, exempt position with benefits with a beginning salary range of $60,041.80 - $62,444.20. The TAP Project Manager will report to the Tribal Administrator and will provide a high level of technical, analytical, research, preparing statistical reports, and administrative support duties to Tribal Coordinating Committee (TCC), in the design, planning, implementation, and monitoring of the strategic Tribal Action Plan (TAP) for the establishment of an Alcohol and Substance Abuse Treatment Center.

Transportation Coordinator - This is a full-time, non-exempt position with a wage of $27.06 per hour/$49,249.20. The Transportation Coordinator position is responsible for oversight and coordination of the MWT tribal transportation program. The coordinator position plays a vital role in interacting with our internal staff, vehicle drivers and safe delivering transportation services to our tribal citizens. The coordinator must have a professional disposition when communicating to passengers, and drivers.

Mental Health First Aid – Adult Training

Mashpee Wampanoag Tribe Indian Health Services (IHS) will be hosting a Mental Health First Aid – Adult Training. The eight-hour training will be held from 8:30 a.m. to 4:30 p.m. on Tuesday, March 28, Wednesday, March 29 and Thursday, March 30 at the Health Service Unit Administration Building located behind the Community and Government Center. Tribal citizens interested may register for one of the three days the training is being held by contacting PumukQien Collins at (508) 477-6967 x2562.

This one day, eight-hour training course gives people the tools to identify when a adult might be struggling with a mental health or substance abuse problem or crisis, and how to connect them with appropriate support and resources.

Participants will learn the potential risk factors and warning signs for a range of mental health problems including depression, anxiety, psychosis, eating disorders, substance use disorders and self-injury. In addition, the training will provide an understanding of various mental health disorders, a five-step action plan covering skills, resources, and knowledge to assess the situation and to select and implement appropriate intervention. Participants will learn how to help someone in crisis and will become a “Certified Mental Health First Aid – Adult” responder at the completion of the program.
As the snowfalls at your feet, bringing great cleansing,
While the soft wind and the cracks in the air bring germination for the spring.
Remember the days of the old
when a snowball fight was in the air,
a snowman needing a arm,
and sledding was the task at hand.
To some they hate snow,
forgetting the days of long ago,
when they too would play.
Skating with a tire ah glow.
At Mitchell’s bog jumping the bandagoes.
My how time flies,
but the fond memories of old still hold.
For we as a people live a simple life.
Not much mattered,
but the tide and the hunt,
and making sure you had enough bullets.
As the deer, skunk, squirrel, raccoon, patridge quail, duck, rabbits and pheasant, had given themselves to us to share,
for this we give thanks of tobacco.
The elders being number one,
nourishing them first would ensure the stories of long ago.
Our rich history of things told to be so.
Frozen in time stories, knowledge, wisdom,
just waiting to be heard by a soft ear.
With a gun over shoulder pheasants in tow,
Upstream, down street, Great Neck Road, we did go.
This was a badge of honor for all to see.
Chest out, chin high,
a proud young Wampanoag man was he.
So on this snowy day he did hunt,
Pride gleaming from head to toe,
if you did not live this life then one will never know.
So sit back and enjoy the view of stories to be told.
For you are being taught part of your rich history,
of the past of the old.
With these teachings you must share,
not keeping them to thee,
for sharing them to everyone, everyone,
unselfishly.
Then hearing those stories from the youth, they will be sung.
Now time has passed by
no longer steady in your stride.
Thank you great elders for keeping those wonderful memories of long ago.
So we give thanks to our Elders for taking time to share.
For our fondest memories, are those sitting across from you in your chair.
Medicine Many Guy “Soaring Eagle” Cash
All my relations.