Get a COVID-19 vaccine if you are age 12 or older. Don’t forget to talk to your care team about how many doses you need.

Wash your hands for 20 seconds and don’t touch your face.

Please be cautious and make sure to wash your hands often, especially when getting labs drawn from a hospital.

Use masks and gloves during dressing changes.

Masks and gloves should be worn for driveline dressing care. Don’t use masks worn outside for dressing changes.

Monitor for COVID-19 symptoms.

Symptoms may include: congestion, fever, cough, diarrhea, fatigue. For Fevers: ONLY take Acetaminophen (Tylenol).

Wipe down everything.

It’s important to clean the outside of your equipment and bag with sanitizing wipes daily to prevent exposure to germs.

Your care team is here for you.

To keep your care team healthy, they may be short staffed or working from home. Please be patient with them and try to plan ahead for your VAD needs.

Call your care team, or use telehealth.

Develop a plan to contact your care team in the event that you start to experience COVID-19 symptoms.

Keep more space between yourself and others.

Social distancing rules apply to all VAD patients. Please limit any unnecessary exposure to COVID-19 by remaining local and staying at least 6 feet apart from people that don’t live in your house.

If you get sick, your transplant listing status may change.

If you are currently eligible and active on the transplant waiting list, and you become ill, your status may be temporarily affected. Call your care team with any concerns or questions.