

Preventing Gun Violence

Through A Community of Care Andres Acosta, LCSW

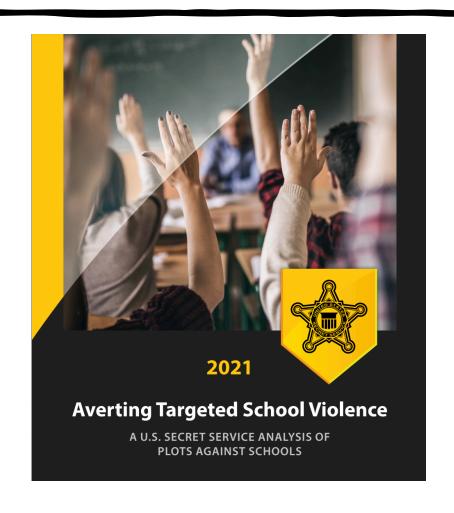
Relevant Facts

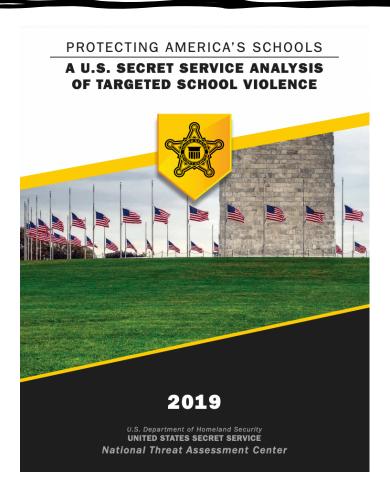
Gun violence is the leading cause of death in the U.S. among children and teens (Center for Disease Control)

In 2020, 45,222 people died from firearm related injuries in the U.S. (Center for Disease Control)

 More than half of those deaths were suicides Mass school shootings are rare relative to other incidents of gun violence

National Threat Assessment Center





Key Findings from the U.S. Secret Services reports

There is no one profile of a student attacker or of a type of school

Most attackers used firearms acquired from the home

Most frequently identified motive was grievance with a classmate

Most attackers were victims of bullying

All attackers exhibited concerning behaviors and most communicated their intent to harm

Key Findings from the U.S. Secret Services reports

Targeted school violence can be reduced or prevented when communities recognize warning signs and intervene.

Early intervention in response to behaviors is key

Students are best positioned to identify and report concerning behavior of classmates

 parents and families are also critical

School resource officers play an important role

Students who show an interest in violence or hate-filled topics should receive immediate assessment and intervention

National Association of School Psychologists endorse the following:

- Create school-community safety partnerships-
 - Strengthen protective factors through programs community programs such as tutoring, mentoring, and parent engagement
- Establish comprehensive school crisis response plans
 - Ex. NASP's evidence-based <u>PREPaRE Model</u>
- Enhance both school AND classroom climate
 - Foster belonging, inclusion, anti-bullying and <u>social and emotional</u> <u>competencies</u>
- Promote positive school discipline and support
 - Ex. School-Wide Positive Behavior Support

Creating a community of care in Glen Ellyn & Downers Grove

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Model kindness, inclusion, and belonging at home, at school, and in the community

 encourage others to do the same Support social and emotional learning initiatives in your school and community and other programs that increase protective factors in youth.

Ensure that counseling services are available. Identify and problem-solve around gaps in access to care.

Support and engage with local school districts including schoolstaff, teachers, school social workers, psychologists, counselors, administrators, & school-board members

BE SOMEONE'S TRUSTED ADULT !!!!



WHAT IS A WARNING SIGN?

Something someone says or does that shows they may be PLANNING TO HARM themselves or others

WARNING SIGNS A PERSON MAY BE PLANNING TO HARM OTHERS

- Being obsessed with weapons or school shootings
- Talking about hurting other people
- Talking or posting about an upcoming attack
- Bringing a weapon to school

WARNING SIGNS OF SOMEONE WHO MAY BE IN CRISIS

- Big changes in personality or appearance
- Withdrawal from friends and activities
- Refusing to go to school
- Being physically or verbally abused
- Cruelty to animals

WARNING SIGNS OF SOMEONE WHO MAY BE IN CRISIS

Being bullied or bullying others based on real or perceived differences, including any of the following:

- Race
- Gender
- Sexual Orientation

- Religion
- Disability
- Body Type

WHAT IS A THREAT?

When someone communicates that they PLAN TO HARM themselves or others





WHAT ARE SOME REASONS WE MAY NOT ACT IMMEDIATELY?

"She's too young to hurt herself."

"I thought someone else would do something about it."

"He just wants attention."

WHAT ARE SOME REASONS WE MAY NOT ACT IMMEDIATELY?

"My friend will be mad at me."

"My friend won't trust me anymore."

"My mom told me to stay out of other people's business."



VS.



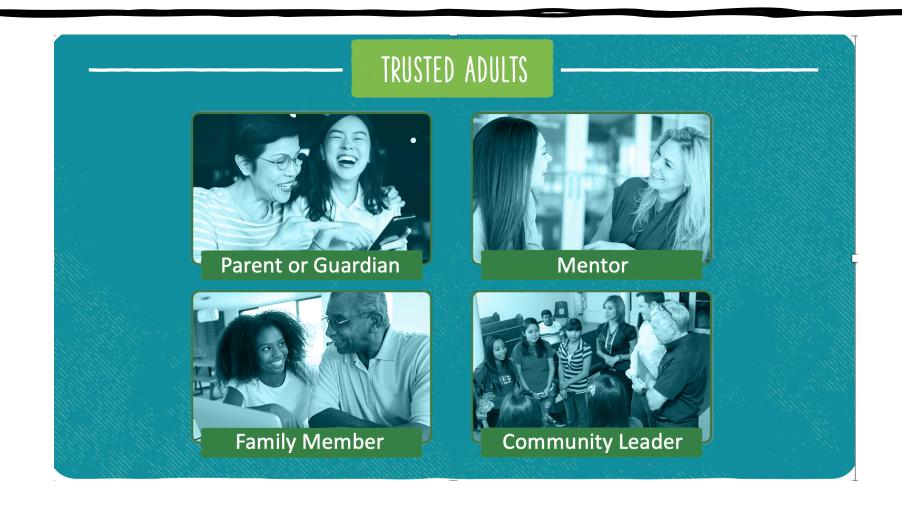
Trying to get someone in trouble for your own gain

Getting someone help for their own safety and protecting others from harm

act IMMEDIATELY
TAKE IT SERIOUSLY!

Be an upstander, not a bystander







Mental Health Resources

- Glen Ellyn Youth and Family Counseling Service
- <u>DuPage County Health Department</u>
- Northeast DuPage Family and Youth Services
- National Alliance on Mental Health Illness (NAMI) DuPage
- National Association for School Psychologist's Talking to Children About Violence (Handout)
- National Suicide Prevention Hotline Call or Text 988

Gun Violence Prevention Resources

- Sandy Hook Promise
- Be Smart For Kids
- Speak for Safety Illinois
- Illinois State Police School Violence Tip Line
- National Association of School Psychologist's Violence Prevention Resources

Upcoming presentation

• <u>Preventing the Unthinkable with Karen Zimen</u> (Thanks D41!)