

Parent/Student Handbook

Mountain Rides 2022

Story Riders @Casa Barelas 1024 4th St. SW Albuquerque, NM 87102

Contact Information

Should you need to contact us during a ride, please call Program Manager Marco Sandoval at the number provided below.

Bike Shop:	(505) 200-9907 (Forwarded to Program Manager's cell phone)
Marco cell:	(505) 712-8594 (Text messages accepted at this number)
Story Riders shop/Casa Barelas:	1024 4 th St. SW, Albuquerque, NM 87102
Program Manager email:	marco@centerofsouthwestculture.org
Associate Director (Kateri Zuni) email:	kateri@centerofsouthwestculture.org
Website:	www.centerofsouthwestculture.org/storyriders

Center of Southwest Culture Mission Statement

Developing healthy Indigenous and Latino communities through economic development and educational and cultural work.

Story Riders Mission Statement

To develop the whole child using culture-and-place-based encounters, bicycle-riding, and opportunities to spend time in nature.

What is Story Riders?

Currently classes are being offered to **4**th **through 8**th **graders** only.

In Story Riders, students ride bikes to and learn about the Bosque, learn to interview community elders, and learn how to maintain their bicycles. SR seeks to engage children in dialog and critical thinking about their place in the world through positive, meaningful interactions that explore such themes as identity, sustainability, and place-based values.

Proper Attire

Please dress your child appropriately for conditions in the Sandia or Manzano mountains. Such conditions include but are not limited to:

- Lots of dirt
- Mud
- Branches where clothes could get snagged.
- Low hanging branches where exposed skin could get scratched.
- Cold and/or windy conditions
- Rain or snow

Please be aware that it is extremely likely that your child will get dirty in this program. This includes muddy shoes.

Students are encouraged to wear comfortable, fitted clothing that allows them to move freely. Students are welcome to bring a change of clothes to the program.

Story Riders will provide:

- A backpack/hydration pack that the student will take home with them at the end of the day.
- A meal (please let us know if your child has special dietary needs in the registration packet).
- A bicycle if your child does not have a mountain bike (if your existing bicycle needs repairs, Story Riders staff will attempt to fix them before the ride. If repairs are too extensive to be completed before the ride, a bicycle will be provided for your child).
- A new helmet

Schedule (subject to change):

Session 1

Friday, November 4th:	4:00pm to 7:00pm refresh our cycling skill	Meet at Casa Barelas to check on bicycles, s, and prepare for the ride the next day.
Saturday, November 5th:	9:00am	Meet at Casa Barelas
	9:30am	Depart Casa Barelas for the mountains
	10:15am	Ride begins.
	12:15pm	Lunch
	1:00pm	Guest speaker (tbd)
	2:30	Start wrapping it up!
	4:00pm	End program at Casa Barelas
Session 2		
Friday, November 11 th :	Same as above	
Saturday, November 12 th :	Same as above	

Student Pickup

Students must be picked up at the designated pick-up time and signed out every day of the program by an authorized person (designated on registration form). Please plan to initially show a photo ID at the first pick-up, if requested. If students are not picked up, we will call parents. If for some reason you cannot pick up your child on time, please call Program Manager Marco Sandoval (505-712-8594).

Attendance

Students are required to attend both days.

Session Cancelations and Inclement Weather

Story Riders can be canceled due to inclement weather, in which case parents will be notified via phone call.

Imperfect weather does not prohibit students from riding. In fact, Story Riders encourages experiencing the range of diverse weather that occurs in our state. An objective of the program is to foster a familiarity with nature in all its wondrous forms. Please keep in mind that students must be adequately clothed for riding.

In case of drastic weather changes we will take all necessary precautions to keep students and staff safe.

Disclosure of liability insurance coverage

Participation in Story Riders requires the signing of a liability waiver and assumption of any medical costs incurred due to participation in the program. Story Riders and the Center of Southwest Culture hold General Liability Insurance.

Disenrollment Procedures

If you wish to disenroll your child from Story Riders, please inform the Program Manager.

Policies and Procedures for Expulsion of Children

Students are expected to adhere to the Story Riders rules as set forth on the first day of the program. Students who exhibit behavior that creates an unsafe environment for themselves or for others will be redirected and given verbal warnings. If the behavior continues, the student will receive a written warning which will be logged and parents will be informed. A plan will be devised between Story Riders staff and parents to ensure the child's continued participation in the program. If a child accrues 3 written warnings, the child will be expelled from the program.

Fee payment procedures

This program is grant-funded. There is no fee to participate in the program. If you wish to make a financial to the program, please visit www.centerofsouthwestculture.org and click on the "DONATE" button. We also accept bicycle donations. Please consider donating any bike(s) or bike-related items that no longer have use at your home to us. Every bicycle donated ensures that we can continue offering refurbished bikes to our community.

Notification of Absence

Please inform the Program Manager if your child will be absent from the program. A text message to (505) 712-8594 is sufficient or call (505) 200-9907.

COVID-19 Policies

If your child is exhibiting any of the following symptoms your child is prohibited from attending program:

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Call your medical provider for any other symptoms that are severe or concerning to you.

Emergency Procedures, Safety Policies, and Disaster Preparedness Plan

The Story Riders program will take place outdoors 100% of the time, except in the event of an unforeseen storm or other potentially dangerous circumstance, in which case we will take shelter at the nearest safe place.

Program staff will contact parents to notify them if we are at an alternate location.

To ensure safety as we ride, Story Riders staff positions themselves at the front and at the back of our line to ensure that we can see all the children and any potential hazards to our group. Story Riders always rides with two staff members. Staff directs children away from all hazards. If conditions do not allow for a safe ride, we will return to Casa Barelas to await parents. In case of an emergency, Story Riders staff will call emergency services before contacting parents. Story Riders staff always checks the weather the day of our rides to ensure that we will not be caught in unfavorable conditions far from Casa Barelas, however, weather predictions can be incorrect. If we are caught in dangerous conditions (high winds, lightning, hail) we will seek out shelter and inform parents if we will be late getting back to Casa Barelas.

Confidentiality Policy

Any information provided to the program about your child, including the registration packet, is considered confidential and is treated as such.

Child Abuse/Neglect Reporting Procedure

If child abuse/neglect is reasonably suspected, Story Riders staff is obligated by law to report the matter immediately to CYFD's Statewide Central Intake child abuse hotline.

To report a reasonable suspicion of child abuse, please call CYFD's Statewide Central Intake child abuse hotline at 1-888-333-7233

Thank you for taking the time to read the Parent Student Handbook!

