MJ Lifestyle[™] *Plant Wellness Box*



2021 Spring Box Pocket Guide

CBD is NOT currently regulated by the FDA, which makes purchasing decisions even more critical for us intentional beings. This is exactly why we're proud of the *Higher Standards* our community of our partners are committed to. All products are lab-tested, responsibly sourced, and made with natural ingredients. *Enjoy!*

Mondo CBD Powder by Mondo 150 mg Broad Spectrum CBD + 300mg Theanine

One little scoop and a whole world of difference. A delicious full-spectrum Hemp CBD powder designed to alleviate anxiety and boost your mood. Mondo has been crafted from all organically grown hemp and expertly blended with non-GMO organic ingredients like coconut oil, cacao butter, and theanine. Contains no sugar, is gluten-free, and taste's like a hint of chocolate & coconut!

How to use:

Add to your favorite recipes or let it just melt in your mouth for a light treat.

Serving Size: I scoop, Servings per container: 33.3

5 mg Hemp CBD 10 mg Theanine per dose





2021 SPRING PLANT WELLNESS BOX

CBD Drops by Salvarae **300mg Full Spectrum Hemp CBD**

Salvarae's sublingual Full Spectrum Hemp CBD drops are made in small batches with 100% organic medicinal hemp, avocado oil, fractionated coconut oil, and cinnamon bark oil. Administer drops sublingually for quick absorption and aid in relief from pain, inflammation, nausea, tension, headaches, anxiety, sleep, and more.

Suggested use:

I Dropper full (~I0mg CBD) twice daily, increase as needed





2021 SPRING PLANT WELLNESS BOX

Replenish CBD Sheet Mask by Gracious Om 10mg Nano-emulsified CBD

Awaken & restore your skin with Gracious Om's Replenish mask jammed packed with vitamins & nutrients to soothe skin & leave it healthy and vibrant. Their cell renewal formula is powered by nano-emulsified CBD for maximum skin absorption& hydration.

How to Use:

Before applying the mask gently cleanse & dry your face. Apply mask to face for I5-20 minutes. (Optional—use jade roller over mask.) Remove the mask and tap or jade roll essence onto skin.



SHOP GRACIOUS OM



Serenity CBD Bath Soak by SoulSpring 125mg Hemp CBD

SHOP SOUL SPRING

SoulSpring's Serenity Bath Soaks are made with the perfect balance of calming botanicals Lavender, Sandalwood, Vanilla, Rose, and Hemp CBD. When combined with this mineral-rich blend of Hawaiian Volcanic Red Alaea Sea Salts, Dead Sea Salts, and Epsom Salts, your skin will soak in the nourishing minerals, essential oils, and Hemp CBD to create a soul-fulfilling oasis of serenity. Promotes calmness and relaxation.

Made without any parabens, phenoxyethanol, sulfates, PEGs, propylene glycol, petroleum products, artificial colors, or synthetic fragrances. SoulSpring CBD-Infused Botanical Therapy is made with Hemp CBD and 100% Natural, food-grade, non-toxic ingredients that achieve results you can see and feel. Vegan. Gluten-f

How to Use:

Add ½ a cup or more to a warm tub of water, step in, and take a deep breath to find your center. The perfect elixir to help promote calmness and sleep.

CBD Rollief by Cannibabe

250mg Hemp CBD

Cannibabe's CBD Rollief is a 5ml rollerball packed with 250mg of pure Hemp CBD Oil (Cannabidiol). Rollief was developed to help maintain the feeling of moisturized and soft skin while offering soothing relief to needs when applied.

Rollief is perfect for:

- applying to temples on the face for soothing relief during headaches or migraines
- applying under the eyes for anti-inflammation and reducing the appearance of fine lines and wrinkles
- small spot treatments throughout the body



2021 SPRING PLANT WELLNESS BOX

Soothe: Calming Cream by Rosebud Woman Sample Packet

This soothing skin cream calms and cools redness, reduces irritation, and minimizes swelling. A rich, emollient cream with high-grade arnica for swollen skin, chamomile and calendula for redness and irritation, and mint for cooling.

How to use:

Use anywhere on the body to reduce the presence of life's stressors and restore our skin's optimal, healthy state of being.

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with code

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at

rosewoman.com

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Arouse Chocolate Truffle by Calivolve 20mg Full Spectrum Hemp CBD

Arouse your sensations with Calivolve's seriously sexy vegan and gluten-free cacao seed truffles. These delectable dark chocolate CBD truffles are evenly infused with damiana and 70% cacao, intentionally chosen to bring you a renewed sense of awakening. Think between the sheets.

Ingredients:

Calivolve's CBD truffles are crafted with rich, Belgian dark chocolate and full-spectrum, pure-American hemp to magnify the healing power of plants. 20mg full spectrum Hemp CBD each.



Blood Orange Crush Hemp-Infused Tea

by Twin Flame Tea

The Blood Orange Crush hemp-infused tea combines the many benefits of Rooibos with a silky gentle blood orange flavor with vanilla notes and hits the delicate balance between citrus and sweet perfectly. This decadent caffeine-free Blood Orange tea tastes just like an orange cream soda without the guilt.

Ingredients: Nano-ized High Absorption Hemp, Rooibos, Orange Peel, Hibiscus, Rosehips, Apple Pieces, Safflowers, Rose Petals, and Orange

Each sachet is hand-blended & measured to ensure a precise I0mg dose Full Spectrum contains <.3%thc per tea.

Hemp CBD Soothing Body Lotion by Caasi Packet: 4g of lotion / 1g of lotion contains 6mg of Hemp CBD

Caasi's luxurious Hemp CBD body lotion is formulated to support relaxation. Infused with an artfully balanced blend of organic aromatic essential oils that not only provide wellness benefits but smell amazing for all genders. 6 key ingredients provide antiinflammatory properties (cannabidiol hemp, arnica, oakmoss, geranium, juniper berry, and frankincense)

How to use:

Spot treat painful areas with Caasi's soothing body lotion to reduce inflammation and pain. Women are finding relief with menstrual cramping, back pain, and arthritic joints!



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