Hunger is real in too many of our Colorado communities and homes. Often our neighbors, including kids, lack the financial resources needed to have regular access to healthy foods. Persistent hunger creates child development issues, poor school performance, diminished work performance and a host of other health and societal problems.

**Hunger is common and widespread in Colorado.**

- **1 in 10** Coloradans (10.35%) struggle with hunger, not always having enough money to buy food.
- **1 in 6** Colorado kids (16%) may not always know when or where they will get their next meal.
- **1 in 10** Colorado seniors (10.17%) struggle with having enough food.

**WHY IS THIS TRUE IN COLORADO?**

There are many reasons individuals and families struggle with hunger. But programs exist to help connect people to food. These programs include the Supplemental Nutrition Assistance Program (SNAP) as well as the Women, Infants and Children (WIC) program which provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five. Often, Coloradans eligible for these programs often aren’t enrolled.

- **320,000** Coloradans eligible for SNAP but not enrolled (Colorado ranks 45th for enrollment)
- **100,000** Coloradans eligible for WIC but not enrolled (Colorado ranks 48th for enrollment)

36% of Coloradans experiencing hunger earn too much to qualify for SNAP and/or WIC

Visit us at EndHungerCO.org