Bring Waterspirit to Your Community

Waterspirit offers a variety of environmental education programming for schools, community groups, and faith groups. Take a look at some of the workshops that we are currently offering. We are happy to work with your school or group to customize educational programming for your learning community.

**Laudato Si’ and Caring for Creation**
Caring for Earth is an essential part of a virtuous life. This presentation, tailored for youth or adult audiences, introduces the major teachings of Pope Francis' 2015 encyclical *Laudato Si’: On Care for our Common Home*. Participants will be encouraged to reflect on their own relationship to Creation and the implications that relationship has for their spiritual journey.

**The Mental Health and Spiritual Impacts of Climate Change**
The mental health and spiritual impacts of climate change are just beginning to be recognized and named as more people become directly impacted by massive weather events, sea level rise, and other environmental changes. In this talk, Waterspirit will explain what eco-anxiety and other mental health impacts of climate change are and how they can manifest in our lives. This lecture will also cover heart-centered strategies for coping with eco-anxiety, avoiding burn-out, and cultivating personal resilience.

**Meditation for Earth and Seasonal Celebrations**
Tuning into the cycles of the seasons can help us attune our inner landscapes with the outer world. Bring Waterspirit's popular Meditation for Earth or a celebration of the current season to your community! Let us guide your group through a contemplative and inspirational earth-focused service filled with contemplation, reflection, and music.

*Waterspirit is a nonprofit center for spiritual ecology sponsored by the Sisters of St. Joseph of Peace.*
Does Your Community Experience Flooding?
If you answered “yes”, Waterspirit can help your municipality learn more about stormwater management and accessible funding that can be used to alleviate and prevent damage caused by rising water. Join us as we help identify the ways you and your community can work to enhance green infrastructure together. Future planning for inevitable storms and flooding events is imperative as we increasingly experience stronger storms and their aftermaths. This workshop will provide steps necessary to obtain assistance as we meet this ever-present danger.

Youth Community Engagement
Are you frustrated by climate inaction? Are you eager to take that frustration and turn it into something meaningful? Join us as we focus on how to engage towards community resiliency. Together, let's learn about power, how local decision-making occurs, how to get a resolution passed and how to help your network help you. We carry the potential to lead our leaders into understanding that a livable future is only possible when young people are at the helm.

For more information on workshops and lectures, please write to water@waterspirit.org or call (732) 923-9788.

To learn more about Waterspirit, please visit www.waterspirit.org

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