10 MINUTES TO REVERSE ENGINEER YOUR DAY

Date:

One accomplishment you’d like to end the day with today:

One good reason to make it a priority:  How you’ll feel when you’ve accomplished it:

Two things you may have to give up, put aside, or postpone to make it happen:

Step by step, the things you’ll do to end the day with your accomplishment achieved:

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Date:

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**One accomplishment you’d like to end the day with today:**

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<thead>
<tr>
<th>One good reason to make it a priority:</th>
<th>How you’ll feel when you’ve accomplished it:</th>
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**Two things you may have to give up, put aside, or postpone to make it happen:**

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**Step by step, the things you’ll do to end the day with your accomplishment achieved:**

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