

Do not fear those who kill the body but cannot kill the soul. Matthew 10:28a

Sunday Dinner Conversations

Twelfth Sunday in Ordinary Time – June 21, 2020

Read the Gospel: Matthew 10:26-33

Invite each family to listen closely to the reading and find one thing that stands out to them; something they found interesting, something they haven't heard before, maybe something they didn't understand.

Reflection Questions:

Children: What could you do to encourage someone who is feeling hurt?

Teens/Adults: When has your faith in Jesus been most seriously tested?

Activities:

Children: Have each family member name a time when they were afraid. What helped you not be afraid anymore? June 21st is the feast day of St. Aloysius Gonzaga. When he was a young boy, he had a great fear of disappointing his father. Read his story [here](#). When Aloysius grew up, he served God and His people at a time of great sickness and yet he was not afraid because he trusted in God. Aloysius believed that we are all called to be holy, even kids! St. Aloysius Gonzaga, Pray for us!

Teens and Adults: St. Aloysius' first and last words were the holy name of Jesus. They serve as the bookends of his life, and a great strategy for drawing near to God. We can follow his example by choosing to begin each day making a "[morning offering](#)." This offering should not be long or complicated. The practice can simply involve recalling that each day is a gift from God and asking God to utilize your daily tasks large and small to give him glory. Consider writing your own morning offering and putting it on your nightstand, pray it each morning before you get out of bed.

For those who wish to go deeper: [Saint Aloysius Gonzaga: With an Undivided Heart](#)

