

# Kappa Psi Pharmaceutical Fraternity



61st Grand Council Convention

Continuing Education

July 24-27, 2024

Cleveland, Ohio

*Inspire the Present. Ignite the Future*

## CE Instructions

Kappa Psi Pharmaceutical Fraternity, Inc. is pleased to offer continuing education (CE) credits at the 61<sup>st</sup> Grand Council Convention (GCC) through a joint provider, University of Pittsburgh Medical Center (UPMC) Center for Continuing Education in the Health Sciences. Administration of CE is handled through an online CE management platform. Access to the platform is through this link: <https://cce.upmc.com>

Through the CE platform, licensed pharmacist attendees will register for the GCC CE Courses to complete the session evaluation, utilizing the CE "Access Code" provided by the session speakers at the end of each session. UPMC will transmit the CE credit information to the regulatory bodies at NABP and ACPE. CE credit will be reflected in CPE Monitor™. A certificate of CE credit may be printed through UPMC or CPE Monitor™. Attendees will have thirty (30) days to complete the post-test and session evaluation for CE credit. The deadline to submit the post-tests and session evaluations to obtain CE credit is Tuesday, August 27, 2024.

Attendees must verify that their NABP e-Profile ID and birthdate (in MM/DD format) are correctly entered into the CE platform and correspond with their NABP record. Failure to ensure this information is identical in both programs may result in no CE credit being awarded. For any questions regarding CE from the GCC, please contact Lucas Berenbrok at [berenbro@pitt.edu](mailto:berenbro@pitt.edu).

---

### How to Access/Manage CE:

1. Login at: <https://cce.upmc.com>
  2. Create an account with UPMC. Be sure to include your correct NABP e-Profile ID and birthdate in MM/DD format.
  3. Select "Enter Attendance Code".
  4. After entering the code, the user will be asked how many sessions were attended.
  5. Go to My Account, My Activities and Choose Pending Activities. Click on the course title to complete the course evaluation.
  6. Once you have completed the evaluation, click the blue "Submit" button. At this point, your data is transmitted to NABP and ACPE. This credit will now be reflected in your CPE Monitor™.
  7. After completing the evaluation, you are taken to a screen where you can print the CE Statement of Participation.
- 

The University of Pittsburgh Medical Center is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Pharmacists may earn up to 4.00 hours of continuing education credit by attending the Kappa Psi 61<sup>st</sup> Grand Council Convention following the completion of the CE activities and corresponding post-tests and session evaluations. Sessions are designated as either knowledge-based or application-based. A list of CPE-certified programs with their ACPE universal activity number, the number of contact hours (CEUs), learning objectives, and speaker information can be found throughout the program. Any conflicts of interest are noted in the program for the activity, and no financial support was present for any of the CE activities in this program. There are no fees related to CE for registered meeting attendees of the GCC. Speakers must disclose to learners, prior to the start of their presentation, the presence or absence of relevant financial relationships with a commercial interest.



# Continuing Education – Session I

Wednesday, July 24

Ambassador Ballroom (2<sup>nd</sup> Floor- Lobby Level)

3:45pm-4:45pm

## “Weighing In” on Treatment for Obesity in Adult and Pediatric Patients

Credit Hours: 1.0 contact hours (0.1 CEUs)

At the completion of this activity, the pharmacist participant will be able to:

1. Review guideline recommendations for the management of obesity
2. Compare current pharmacological interventions for obesity management in adult and pediatric patients
3. Interpret insurance coverage, costs, and access for medications for obesity management



**Speaker: Allie Fay, PharmD, BCACP, BC-ADM, CPP**

Director of Pharmacy Services

The Family Health Centers

Asheville, NC

*This speaker has no relevant conflicts of interest to disclose.*

Allie Fay, PharmD, BCACP, BC-ADM, CPP is the Director of Pharmacy Services at The Family Health Centers, a physician-owned practice in Asheville, NC. Dr. Fay received her PharmD from Ohio Northern University in 2016. She went on to complete her PGY1 Pharmacy Practice Residency with CCNC/UNC Eshelman School of Pharmacy and her PGY2 Ambulatory Care Pharmacy Residency with MAHEC/UNC Eshelman School of Pharmacy. During her PGY2 residency, Dr. Fay established the first full-time clinical pharmacist position at The Family Health Centers and has been in her current position since 2018.

In her current role, Dr. Fay primarily provides chronic disease management through a co-visit model and assists with Medicare Annual Wellness Visits, high-risk transitions of care patients, and medication access. She also oversees the practice’s pharmacy technicians, prior authorization and refill requests department, and medication focused ACO quality metrics. Dr. Fay also serves as a preceptor for third and fourth-year pharmacy students and UNC Rural Health Scholars.

# Continuing Education – Session II

Thursday, July 25

Ambassador Ballroom (2<sup>nd</sup> Floor- Lobby Level)

8am-9am

## Use of Long-Acting Injectable Medications in Behavioral Health

Credit Hours: 1.0 contact hours (0.1 CEUs)

At the completion of this activity, the pharmacist participant will be able to:

1. Discuss the benefit of using long-acting injectable medications over other medication forms for schizophrenia spectrum, alcohol use disorder, and opioid use disorder.
2. Outline the mechanism of action, adverse events, significant drug interactions, and warnings/precautions (including medical comorbidities, black box warnings, and REMS programs) for LAIs used for the above disease states
3. Select an evidence-based drug therapy regimen for a patient wanting to switch to an LAI medication to treat their specific disease state.
4. Outline a plan for monitoring and managing the safety and efficacy of drug therapy.
5. Identify essential information to discuss during patient education about LAI therapy.
6. Review how to perform Z-track injection techniques.



Speaker: **Athena Borhauer, PharmD**

Pharmacist in Charge

Chiricahua Community Health Center

Sierra Vista, AZ

*This speaker has no relevant conflicts of interest to disclose.*

*Athena Borhauer is Pharmacist in Charge for the Sierra Vista location of Chiricahua Community Health Center, Inc, a prominent primary care clinic in Cochise County, Arizona. In her current role, she manages the largest pharmacy in the clinic chain and partners with primary care providers under a collaborative practice agreement to take care of community members' pharmacy needs. Prior to this position, Athena worked for Genoa Healthcare, LLC. as a Site Manager in Sierra Vista, AZ. In the Site Manager role, she cared for approximately 600 high needs patients with complex behavioral health needs, including patients using long-acting antipsychotic injectable medications. Athena holds a BS of Management from the W.P. Carey School of Business at Arizona State University. Athena began her pharmacy career in 2013 as a technician in training, continuing to work as an intern throughout pharmacy school. She received her PharmD and BS of Pharmaceutical Science in 2019 from the University of Hawaii at Hilo.*

*Athena has been a Brother of Kappa Psi since 2016, initiating with Epsilon Psi Chapter. During her time as a Brother, Athena has been the Secretary and is the current Satrap of the Pacific West Province, and has held chapter level positions both in her collegiate and graduate chapters. When she is not engaged with Kappa Psi related activities, Athena likes to spend time hiking with her dog Noodles, looking for unique wild flowers, gardening, reading, and watching television.*

# Continuing Education – Session II

Friday, July 26

Ambassador Ballroom (2<sup>nd</sup> Floor- Lobby Level)

8am-9am

## Are You Up for the Challenge? Updates on Beta-Lactam Drug Allergies

UAN:

Credit Hours: 1.0 contact hours (0.1 CEUs)

Type:

At the completion of this activity, the pharmacist participant will be able to:

1. Review key updates on beta-lactam antibiotic drug allergies from the 2022 Drug Allergy Practice Parameter Update and how to incorporate these into practice.
2. Discuss the cross-reactivity of cephalosporins in penicillin allergic patients
3. Review the appropriate management of beta-lactam antibiotic allergies and understand best practices for de-labeling penicillin allergies
4. Take away practical applications to optimizing treatment in patients with beta-lactam drug allergies



Speaker: **Deanna McDanel, PharmD, BCPS, BCACP**

Clinical Pharmacy Specialist, Ambulatory Care

Clinical Associate Professor

University of Iowa

Iowa City, IA

*This speaker has no relevant conflicts of interest to disclose.*

*Dr. McDanel is a Clinical Pharmacy Specialist in Ambulatory Care at the University of Iowa Hospitals and Clinics (UIHC) and a Clinical Associate Professor at the University of Iowa College of Pharmacy. She also serves as the Residency Program Director of the PGY2 Ambulatory Care Pharmacy Residency at UIHC. Dr. McDanel received her PharmD degree from the University of Iowa in 2001 and completed an ASHP-Accredited Specialized Residency in Primary Care at the University of Iowa Hospitals and Clinics in 2002. She has been a Board-Certified Pharmacotherapy Specialist since 2004 and a Board-Certified Ambulatory Care Pharmacist since 2012. She has served as a preceptor to hundreds of student pharmacists and over 60 pharmacy residents in the ambulatory care clinics at UIHC since 2002. Her primary practice sites include the Anticoagulation and Drug Allergy Clinics. She also serves as a member of the faculty for the Division of Immunology at UIHC. Dr. McDanel strives to advance her practice through service, scholarly work, and professional presentations. She also maintains active membership within a number of other pharmacy organizations and serves in leadership positions at collegiate, institutional and professional organization levels. Dr. McDanel was initiated into the Kappa Psi Pharmaceutical Fraternity, Inc. in 1996 as a Collegiate Brother of Delta Zeta. She has been proud to serve the Fraternity in various capacities, most notably as the Grand Council Deputy (GCD) since 2003 for the University of Iowa Delta Zeta Chapter. She was recently recognized by the University of Iowa with the Hawkeye Excellence Award for Outstanding Student Organization Advisor for her role as GCD.*

# Continuing Education – Session IV

**Saturday, July 27**

Ambassador Ballroom (2<sup>nd</sup> Floor- Lobby Level)

7am-8am

## 2022 CDC Opioid Guideline Update

UAN:

Credit Hours: 1.0 contact hours (0.1 CEUs)

Type:

At the completion of this activity, the pharmacist participant will be able to:

1. Identify the specific recommendations within the 2022 CDC Opioid Guideline Update.
2. Recall the pain management best practices utilized prior to initiating opioid medications, and for chronic utilization.
3. Recall the morphine milligram equivalent (MME) factors of common prescription opioid medications.



**Speaker: Mark Garofoli, PharmD, MBA, BCGP**

Director, Pharmacy Experiential Learning

West Virginia University School of Pharmacy

Morgantown, WV

*This speaker has no relevant conflicts of interest to disclose.*

Mark is a Pitt PharmD graduate, Strayer MBA graduate, Board-Certified Geriatric Pharmacist (BCGP), Certified Pain Educator (CPE), and Certified Tobacco Treatment Specialist (CTTS). His past positions include being a pharmacist leader with CVS Health, Humana, and the WV Safe & Effective Management of Pain (SEMP) Program, along with coordinating the WV SEMP Guidelines Panel. Today, he is WVU School of Pharmacy faculty, WVU School of Pharmacy Director of Experiential Learning, WVU School of Medicine Pain Fellowship Faculty, and a WVU Medicine Pain & Addiction Pharmacist. Mark “Pain Guy” Garofoli has been a 2021 TEDx Talker, CDC grant reviewer, civil/criminal expert witness, seasoned CE developer and presenter, host of the Pain Pod (Pharmacy Podcast Network), Editor of the Pain Press, and publishes the [www.painguy.us](http://www.painguy.us) website.