

## **That's Hysterical! Now, Get Out!**

### **SEASON 1 | EPISODE 10**

#### **Productivity, Distractibility, and Finally Getting to that "Someday"**

**[00:00:00.000]**

The fact that there is a concrete date that I have to get this done by, it's not some mushy date that I just put out there of, I'd like to get all this done by. Like I'm actually hitting that, Someday I'll sit down and I'll figure out that rollover IRA. Guess what happened today. On this episode of That's hysterical. Now get out. I finished probably one of the most productive Saturdays I've ever had. Probably the most productive Saturday I've ever had in my business since maybe when I was starting and working every single day while I was still doing my full-time job and waiting to transition. But today I did tons of laundry. I did tons of paperwork for work, the stuff that I was actually planning on procrastinating, but because I didn't want to actually get to the work I needed to do right away, I used some of that paperwork and admin work and actually did it when I was supposed to before the deadline. Now, if I put a stamp on it and get it in the mail and get it to where it needs to go before deadline, that's yet to be seen.

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But the majority of the boring part, filling out a form, and I did that. I worked on a client's project. I got that done ahead of time. I prepped another client's project to get done ahead of time. I'm on day four of my period. It's actually the end of day four of my period. So this is the point where I feel the energy start to come back and I start to gaslate myself into thinking, You know what? Maybe it wasn't so bad. Maybe I can survive this. I can do this for another month. This is fine. If I don't have to deal with this for another 28 days, I'll be fine. But at this point, I know it is not going to be another four, three weeks until I have to deal with that. It's probably going to be two. It's probably going to be ten days when I start ovulating and I feel that familiar twinge of pain, which by the way, sometimes worse than menstrual cramps. But anyway, I got all that paperwork done. I'm getting my to-do list checked off. The fact that there is a concrete date that I have to get this done by, it's not some mushy date that I just put out there of I'd like to get all this done by, like I'm actually hitting that someday I'll sit down and I'll figure out that rollover IRA.

**[00:02:49.620]**

Guess what happened today. And I still ended up getting the files done that I was procrastinating earlier, but that's just where my mind was. All that paperwork I decided to chip away at, and it's been months of thinking about it, and I finally did it. I don't know if nothing else, this upcoming hysterectomy is giving me a real kick in the ass as far as productivity. And also it's exciting that I get to take a look at my business and I've been seeing where I've come from. I've been looking at old workbooks I filled out and seeing my goals for the company and where it's gotten me. And it's so funny that over the years, it's turned more into I want autonomy because I like autonomy to more like, I want autonomy and I need to build my business around autonomy because I can't just call somebody every few weeks and be like, I'm in pain because of my uterus. So hopefully, that'll be over soon, we hope. With that, I think I have 16 more days. 15 more

days. 15 more days, two more weeks. I'm not even going to talk about the research I did about what else I need to give up a few days up to a week before surgery?

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That's going to be a tough week, but hopefully coming out of this period, those hormones that my energy up and revving are going to be coming back. Luckily, I'm very in tune with my energy levels throughout my cycle, so I know that this next coming week is going to be... They're probably going to be some leftover stabby pains at the end of my period, and then I'm going to get this burst of energy. I'm hoping for the best so I can get through and get everything I need done. So feeling good so far. Anyway, take care. Thanks for listening.