Trust Table

Deliver the Challenge: Another student will go out of the class; this person will be the CEO. The volunteer will stand on top of the center of the table they must wear a blindfold. After the person is centered, they will place the tops of their hands on the heads of two of the laborers. At the facilitator’s signal the crew will lift the table up about an inch or so while the two laborers, whose heads are being touched, squat down. For the CEO, it will feel like they have been lifted high off the ground.

Extensions: This activity makes a good introduction to marketing, developing community and building a nation.

Reflection: How did it feel to give up all control? As a laborer, did your task seem insignificant? Did it change? How much trust is required to build governments, communities, and families?

Notes: Because of the surprise element, this is a one-time activity. It does grab the student’s attention and gives them a visual to apply to further study.

Core Standards – Social Studies:
Core social studies Civic preparation – Students will develop and demonstrate values that can sustain America’s Democratic Republic, such as open-mindedness, engagement, honest, problem solving, responsibility, diligence, resilience, empathy, and self-control.