YOU’VE HEARD OF MENINGITIS, RIGHT?

Maybe you’ve even received a meningitis vaccine. But have you received BOTH types of vaccines needed to help prevent it? Few people have.

The goal of the project is to increase awareness of Meningitis B and to motivate action to help prevent the disease.

WE WANT TO:

- Empower young adults with information to talk to their healthcare provider about Meningitis B and the vaccine that can help prevent it
- Encourage healthcare providers to discuss Meningitis B and the MenB vaccine with their patients (and their parents)
- Increase awareness of Meningitis B on high school, college and university campuses

Want to get involved or learn more about the Meningitis B Action Project?

Contact us at

MeningitisBActionProject.org
info@meningitisbactionproject.org
/MeningitisBActionProject
@MeningitisBAction
@MenBAction

ASK YOUR HEALTHCARE PROVIDER TODAY.

Two types of meningitis vaccines (MenACWY and MenB) are necessary to be fully vaccinated against the most common form of bacterial meningitis in young adults.
WHAT ELSE CAN YOU DO?

First, talk to your healthcare provider. They can tell you more about meningococcal meningitis and the two vaccines that can help prevent it.

Let your family and friends know. Visit our website for educational resources, including brochures, posters, videos and graphics, to share with your family, friends and community.

Let us help you. Patti and Alicia are eager to share their story to spread this important message.

A few other ideas to get you started:

1. Connect with us on social media
2. Make it your personal community action project!
3. Invite us to speak at a fraternity or sorority meeting, organizational gatherings and other events
4. Use our online action kit (available on our website) for other ideas

AND THE REALLY SCARY PART... IT CAN KILL IN A MATTER OF HOURS.
Or cause permanent complications: brain damage, hearing loss, learning disabilities or limb amputations.

WHAT IS MENINGOCOCCAL MENINGITIS?

Meningococcal bacteria can cause a life-threatening bloodstream infection (sepsis) or meningitis (infection of the lining around the brain)—or both.

MAINLY CAUSED BY TYPES OF MENINGOCOCCAL BACTERIA: A-B-C-W-Y

SYMPTOMS INCLUDE:
- Fever
- Headache
- Vomiting
- Rash
- Neck stiffness
- Changes in mental status

It’s more common than you think: Meningococcal meningitis can affect all ages, and it can occur anywhere.

It can attack without warning and it is easy to spread from person-to-person.

Sharing anything that comes in contact with saliva, being sneezed or coughed upon, kissing, and being in close quarters.

It takes two types of meningitis vaccines to be fully vaccinated against the most common form of bacterial meningitis in adolescents and young adults.

The Centers for Disease Control and Prevention (CDC) recommends:

Don’t take a chance. Talk to your healthcare provider today to make sure you have received all the necessary doses of both the MenACWY and MenB vaccines.

WHAT ELSE CAN YOU DO?

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2. Let your family and friends know. Visit our website for educational resources, including brochures, posters, videos and graphics, to share with your family, friends and community.

3. Let us help you. Patti and Alicia are eager to share their story to spread this important message.

A few other ideas to get you started:

- Connect with us on social media
- Make it your personal community action project!
- Distribute posters and brochures to your healthcare provider’s office, around campus and other public spaces. Need copies? Contact us!
- Invite us to speak at a fraternity or sorority meeting, organizational gatherings and other events
- Use our online action kit (available on our website) for other ideas

HAVE OTHER IDEAS? WE’D LOVE TO HEAR THEM.
Contact us at info@meningitisbactionproject.org