REMINDER: IT TAKES TWO!

To be fully vaccinated against the most common form of **bacterial meningitis** in adolescents and young adults, you must have received all doses of the MenACWY and MenB vaccines.

The Centers for Disease Control and Prevention (CDC) recommends:

- **MenACWY vaccine**
  - *More have received*
  - **1st dose**: 11-12 year-olds
  - **2nd dose**: 16 year-olds

- **MenB vaccine**
  - *Few have received*
  - **1st dose**: 16-23 year-olds*
  - **2nd dose**: from 1-6 months after 1st dose**

* Preferably 16-18
** Dependent on the brand

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**Appointment Details**

Date: ________________________ Time: ________________________

Learn more. [MeningitisBActionProject.org](http://MeningitisBActionProject.org)