Wrist-Aid MD is a novel unobtrusive and non-invasive wrist orthotic that is clinically shown to relieve symptoms of carpal tunnel syndrome by decompressing the median nerve.*

Wrist-Aid MD is discrete and does not immobilize the wrist, allowing normal use of one’s hand throughout the day. By applying active tension to the tissues over the median nerve, Wrist-Aid MD provides continual relief during and after use.

Wrist-Aid MD: Sample Kit
PN: 7740

The Sample Kit gives you all 3 sizes¹ of the orthotic arch and a 7-day supply of adhesives in one box so that you can easily choose the best fitting device for you and test out Wrist-Aid MD for a full week.

Once you have selected the best fitting size orthotic arch, you can reuse the orthotic arch, simply replacing the adhesive for each day of use.

¹Note: Wrist-Aid MD comes in 3 sizes (Round, Average, and Flat) that are optimized to fit different wrist curvatures. Choose the best size for you based on the Sizing Instructions.

Wrist-Aid MD: 28 Pack
PN: 7337 (Round, for small, curved wrists)
PN: 7338 (Average, for most sized wrists)
PN: 7739 (Flat, for large, flat wrists)

This pack comes with 28 Wrist-Aid MDs of one size* with the adhesive pre-applied to each orthotic arch for easy daily wear.

Simply peel off the liner, apply to the affected wrist, wear as long as desired, and replace with a new Wrist-Aid MD for each day of wear.