

COVID-19 PLAYER RESPONSIBILITIES

ENGLAND LACROSSE MEMBERS ARE RESPONSIBLE FOR HELPING TO STOP THE SPREAD OF CORONAVIRUS. THESE GUIDELINES ARE DESIGNED TO ASSIST IN UNDERSTANDING WAYS YOU CAN HELP.

PRE-GAME PLAYER PREPARATION



SHOWER AT HOME BEFORE & AFTER PLAYING.



PREPARE & DRESS TO PLAY AT HOME.



ONLY PRACTISE IN PERMITTED OUTDOOR SPACES.



BRING OWN LABELLED WATER BOTTLE.



FOLLOW PUBLIC HEALTH GUIDANCE, WASHING YOUR HANDS REGULARLY.



DON'T SHARE EQUIPMENT SUCH AS STICKS OR WATER BOTTLES. ONLY HANDLE YOUR OWN LACROSSE BALLS (MARK THEM UP IF NECESSARY).



REFRAIN FROM SHOUTING, SPITTING & RINSING OUT MOUTHS.



FOLLOW THE ENGLAND LACROSSE CODE OF BEHAVIOUR AT ALL TIMES.

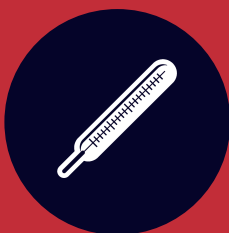


MAINTAIN A GAP OF 2M FROM OTHERS WHEN NOT PLAYING.



FOLLOW THE NEW ADAPTIVE RULES FOR LACROSSE AT ALL TIMES.

DO NOT PLAY IF YOU EXPERIENCE ANY OF THESE SYMPTOMS.



A HIGH TEMPERATURE.



A NEW, CONTINUOUS COUGH.



A LOSS OF, OR CHANGE TO, YOUR SENSE OF SMELL OR TASTE.

ALWAYS FOLLOW THE LATEST ENGLAND LACROSSE, GOVERNMENT & PUBLIC HEALTH GUIDELINES.

WWW.ENGLANDLACROSSE.CO.UK/CORONAVIRUS

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