<table>
<thead>
<tr>
<th>9-1-1</th>
<th>403-SENIORS (403-736-4677) The Way In</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency (24-Hour)</td>
<td>Information, advice and help accessing programs and benefits for older adults.</td>
</tr>
<tr>
<td>For EMERGENCY medical, fire and police response.</td>
<td>Call the non-emergency police line at <strong>403-266-1234</strong> to report an incident that is not an emergency.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>8-1-1</th>
<th>403-266-HELP (403-266-4357) Distress Centre and SeniorConnect (24-Hour)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Link (24-Hour)</td>
<td>Crisis support and urgent social work response (including if you are concerned about a senior at risk in the community).</td>
</tr>
<tr>
<td>Health advice (including dementia advice) from a registered nurse.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>3-1-1</th>
<th>403-943-1500 Access Mental Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>City of Calgary (24-Hour)</td>
<td>Non-urgent advice on navigating the addiction and mental health system.</td>
</tr>
<tr>
<td>Information on all City of Calgary services.</td>
<td><a href="http://www.calgary.ca">www.calgary.ca</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2-1-1</th>
<th>403-705-3250 Elder Abuse Resource Line (24-Hour)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Resources (24-Hour)</td>
<td>Confidential information and support, or to report a suspected case of elder abuse.</td>
</tr>
<tr>
<td>Information and referrals for community and social services.</td>
<td><a href="http://www.ab.211.ca">www.ab.211.ca</a></td>
</tr>
</tbody>
</table>

Telephone language interpretation service available on all lines.