COVID-19 News

Safewell: Two Weeks Of Social Distancing

When we were all forced to distance ourselves from family and friends in March, COVID-19 spread quickly across the province. Some people could have been exposed to the virus before they knew it. Now that we are starting to come out of lockdown, it is crucial we continue to maintain physical distancing.

What can you do to help?

- Stay home if you are sick.
- Practice physical distancing at all times.
- Wash your hands regularly with soap and water for at least 20 seconds.
- Avoid large gatherings.
- Wear a mask when in public places.
- Stay informed and follow the guidelines from Public Health.

COVID-19 remains a threat, and we must all continue to take steps to reduce the spread of the virus. Thank you for your efforts to keep yourself and others safe.

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