**If you are homeless or hungry...**

**STREET SHEET**

Helping New Yorkers find their way home

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**BREAKFAST**

**DAILY**

Holy Trinity Catholic Church  
213 W. 82nd St. (btwn Amsterdam & B’way)  
8:30–9:00am: Carry out only.  
Sandwiches, coffee & soup every day.

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**LUNCH**

**DAILY**

Christ and St. Stephen’s Church  
120 W. 69th St. (btwn Columbus & B’way)  
9:30–10:30am: 90 lunches available.

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**DINNER**

**DAILY**

Grand Central Food Program—Mobile Soup Kitchen  
Steps at:  
7:55pm: 79th St. Boat Basin (79th St. & West Side Highway)  
8:15pm: 86th St. & West End Ave.  
8:30pm: St. John the Divine (112th St. & Amsterdam Ave.)

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**FOOD PANTRY**

**MONDAY & EVERY FOURTH SATURDAY**

Broadway Community Inc.*  
601 W. 114th St. (btwn B’way & Riverside Dr.)  
12:30–1:30pm: Carry out only.

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**HELP & REFERRALS**

**CLOTHING**

The Riverside Church  
490 Riverside Dr. (btwn 120th & 122nd Sts.)  
Call for appointment: 212-870-6039.

**CRISIS INTERVENTION**

Lifeline  
800-543-3638, 24 hrs.  
Suicide prevention and crisis hotline, mental health and substance abuse info.

Safe Horizon Hotlines  
212-227-3000: Rape & sexual assault.  
866-893-4537: Crime victims.  
800-621-4673: Domestic violence.

**LEGAL**

Her Justice  
Thursday: 10:00am–1:00pm  
718-562-8181 for familial/family law help for women.

Lenox Hill Legal Hotline  
212-218-0503

Legal Aid Society  
Homeless Rights Project  
Mon–Fri: 10:00am–3:00pm  
800-649-9125

NYC Family Justice Center  
212-602-2800 for immigration help.

**MULTI-SERVICES**

All Angels’ Church*  
251 W. 80th St. (btwn B’way & WEA)  
9:00am: Carry out only.  
Tues: Breakfast sandwich; Thurs: Soup.

**SUNDAY**

Cathedral Community Cares  
1047 Amsterdam Ave. (at 111th St.)  
10:00am–12:00pm: Carry out only.  
Line starts at 9:15am; first come, first served.

**DROP-IN CENTERS**

Grand Central Neighborhood Mainchance Drop-in center  
120 E. 32nd St. (btwn Lex. & Park Aves.)  
212-863-0680; 24 hrs  
Multi-services for men & women 18+.  
Daily breakfast, lunch & dinner: 6:00–7:30am, 12:00–1:30pm, 4:00–6:00pm.

Travel assistance and chairs available.

Antonio G. Olivieri Drop-in Center for Men and Women  
257 W. 30th St. (btwn 7th & 8th Aves.)  
212-947-3211  
Intake: 9:30am–4:00pm.  
Chairs available: 9:00am–6:00pm.  
Showers available upon arrival (for clients only).

**FOOTPRINT**

Homeless individuals (adult men or women) who have been in a shelter within the past 12 months should go to that shelter. Otherwise, they should go to an intake center. Dial 311 to receive directions and other information on the following centers:

**INTAKE CENTERS**

Adult Men and Families (no minors):  
30th Street Men’s Shelter  
Bellevue Assessment Center  
400 E. 30th St. (at 1st Ave.).  
Manhattan Services include evaluation, program enrollment and referrals.

Adult Women:  
Franklin Women’s Shelter  
1122 Franklin Ave. (near E. 166th St.),  
Bronx. Subway: 2, 4, 5 to 149th St.  
Open 24 hours, 7 days a week.

Adult Women:  
HELP Women’s Shelter  
116 Williams Ave. (btwn Liberty & Glenmore Aves.),  
Brooklyn. Subway: C to Liberty Ave.

**MEDICAL**

African Services Committee  
429 W. 127th St. (btwn Morningside & Amsterdam Ave.)  
Monday–Friday: 9:00am–5:00pm.  

Amsterdam Family Health Center  
690 Amsterdam Ave. (btwn 93rd & 94th Sts.)  
In-person primary: Mon–Fri, 8:30am–5:00pm.  
Call 212-865-4104 for appt.

Telehealth primary & behavioral: Mon & Wed: 8:30am–8:00pm; Tues & Thurs: 8:30am–5:00pm.  
Call 844-434-2778 for app.

Broadway Community Inc.  
601 W. 114th St. (btwn Broadway & Riverside Dr.)  
212-864-6100, ext. 116  
Mon: 1:00–4:00pm; Weds: 10:00am–12:00pm.  
First come, first served.

Columbia-Harlem Homeless Medical Partnership  
St. Mary’s Episcopal Church Basement  
521 W. 126th St. (at Old Broadway)  
Medical: Tues, 5:30–7:30pm  
Dental: 1st & 3rd Tues, 6:00–7:30pm  
Psych: 1st Tues, 5:30–7:30pm, Occ. Therapy: 2nd & 4th Tues, 5:30–7:30pm.  
Walk-in or call 347-614-2121.

**SUBSTANCE ABUSE**

NCS’s Chance for Change.Outpatient Substance Use Treatment  
Madison Avenue Presbyterian Church  
921 Madison Ave. (at 73rd St.)  
Monday–Friday: 9:00am–5:00pm.  
Call for information: 917-677-0723

AA Intergroup  
212-647-1688  
Call 7 days a week, 9:00am–2:00am for information on AA meetings and available detox beds.

The Bridge  
248 W. 108th St. (btwn B’way & Amst.)  
212-663-3000, ext. 1398

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**OUTREACH PROGRAMS**

**DAILY**

New York City Hotline: 311  
Outreach teams are available 24 hours, 7 days a week

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**THE NEIGHBORHOOD COALITION FOR SHELTER (NCS) is dedicated to providing housing and support that can transform lives and working with community partners to reduce, prevent and ultimately end homelessness. www.ncsinc.org**