Volume 51 Issue 7

November/December 2019

General Membership Meeting with Christi Norman Sagebrush Songbird Survey

Have you ever wanted to experience springtime melodies floating over the sagebrush in eastern Washington? Ever wanted to bird that vast range BEHIND the fences? Join Christi Norman, Audubon Washington's Eastern Washington Director, to learn about a collaboration to create a landscape scale survey involving many springs collecting field data. This survey, a community science partnership between Audubon Washington, Audubon chapters, and the Washington Department of Fish & Wildlife moves the conservation needle and shares the wonders of the shrub steppe ecosystem. The culmination of this six-year research project by 200+ volunteers from 13 chapters will be new avian distribution maps for sagebrush obligate species. And it's just in time for implementing Washington State's new 100% Clean Energy bill championed by Audubon. This research will be valuable for siting renewable energy facilities in eastern Washington's Columbia Plateau.

Christi previously worked at Seattle Audubon as the Washington Wetlands Network Director. She spear-headed Seattle Audubon's Neighborhood Bird program and the King County Landowner Incentive Program. At Audubon Washington she managed the publication of five Audubon Washington books and guides, including *Important Bird Areas of Washington* and the *Great Washington State Birding Trail*. She has enjoyed birding on five continents - so far!

Always on the 4th Tuesday of the month:

November 26, 7pm

Whatcom Museum Rotunda Room free & open to the public!



Photo: Christi Norman, courtesy of Dave Showalter

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Mission Statement

The purpose of this society is to promote the study and conservation of birds and other wildlife, their habitat, and the environment; to increase public appreciation of the values of wildlife, plants, and the natural environment; and to stimulate action to protect and preserve them for the future.

Avalanche Staff

Designer/editor: Kirsten Anderson Writer/editor: Lynne Givler Writer/editor: Alison Henshaw

If you are interested in contributing, the deadline for the January 2020 issue is...

December 15.

Send materials to:

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If you are interested in volunteering with our Audubon chapter, please contact the President at president@northcascadesaudubon.org

Calling All Volunteers!

NCAS has need of some volunteers for ongoing tasks, primarily in the areas of hospitality and membership. Tasks include:

- Securing Christmas Bird Count meeting facility and helping plan the event
- Securing a location, date and time for the annual holiday potluck and helping plan the event
- Recruiting new members and assistance with the membership database

Contact Pam Borso at pborso@northcascadesaudubon.org

Holiday Events NCAS Holiday Potluck

Monday, December 9, 6-9pm YWCA Ballroom (1026 N Forest Street, Bellingham)

Join us at the YWCA Ballroom to celebrate another great year of birds, birding, and our Audubon community. There will be live music, good food, great company, and an exciting presentation on the Birds of India presented by Vajapeyam Sukumar. Please bring plates, utensils, and a dish to share. Coffee and tea will be provided. If you would like other beverages please bring them.

Deck the Old City Hall

November 29 - December 29 (Wednesday - Sunday) Old City Hall (121 Prospect Street, Bellingham)

Don't miss seeing the Audubon holiday tree in the John M. Edson Hall of Birds as part of Whatcom Museum's "Deck the Old City Hall." The theme will be "You are what hope looks like to a bird" and will feature ornaments from local artists and ways in which you can help birds.



Birds are at Risk, More than Ever

By Sue Parrott

Two significant reports released recently have led both the Cornell Lab of Ornithology and National Audubon to declare a bird emergency. These are not the only reports reminding us that human activity has serious negative consequences for birds. Birds are adaptable, some more than others, but they cannot change loss of their habitat, the use of pesticides, climate change and its impacts, the presence of outdoor cats, night lights and windows in urban areas that lead to confusion and collisions.

If we care about birds and their habitats, we have a responsibility to make a difference. We have time to help them if we get to work today.

If you haven't read the reports from National Audubon and the Cornell Lab of Ornithology, here are the links.

https://www.audubon.org/climate/survivalbydegrees

https://www.birds.cornell.edu/home/bring-birds-back

We at North Cascades Audubon will do what we can locally, and hope you will join us. Birds need us in new ways now more than ever before.



Photo: Rufous hummingbird, courtesy of National Audubon Society

Post Point Heron Colony Work Continues

Please contact the City Council (ccmail@cob.org) and Mayor Kelli Linville (mayorsoffice@cob.org) urging them to continue negotiations with the two willing landowners to purchase the Shorewood properties to create a permanent reserve for the great blue herons. Now is the time to get this done.



November/December 2019

Audubon at the Museum

Please join an Audubon member at our monthly feature *Audubon at the Museum* every 4th Sunday from 1:30 to 3:30PM at Old City Hall (121 Prospect Street). We invite museum goers to explore our wonderful John M. Edson Hall of Birds. Be sure to invite friends and family to this wonderful exhibit.

Cherry Point Science Forum

"Climate Challenges For Cherry Point And The Salish Sea"

Saturday, November 9th, 10:00 AM – 2:30 PM Bellingham Technical College, Room G102J Free (\$5 pizza lunch will be available)

Join us in a "deep dive" into the natural process of the Salish Sea to learn from local specialists about sea birds, kelp, forage fish and about the challenges of climate change that are affecting the Salish Sea and Cherry Point, now and in the future. Cherry Point Aquatic Reserve Citizen Stewardship Committee. For more information visit www.aquaticreserves.org or email rkaye330@gmail.com.



Mon-Fri 10-5:30 Sat 10-4

108 Ohio Street Bellingham 360-734-0969

WildBirdChalet.com



November/December Field Trips Paul Woodcock, Field Trip Chair

As I write this in mid-October, it is overcast, drizzling and fifty degrees outside and the forecast is for six days of the same. It is easy to be discouraged about outdoor activities this time of year and that usually does not get better as we progress into winter. But all I have to do is spend a little time peering out at the feeders in the back yard and my spirits are lifted. It is easy to see three species of sparrows, not to mention the juncos, towhees and the occasional house sparrow. Our two species of chickadees are the most common visitors and they are often joined by flickers, downy woodpeckers, wrens, nuthatches, jays and, of course, Eurasian collared doves. There is a lot happening outside our homes this time of year. And this is in town. There is much more to see out in the varied habitats of our fields, forests, wetlands and marines waterfronts.

It is a fact that our feathered friends are covered by nature's best insulation; but it is equally true that we humans have fantastic technologies to allow us to have a pretty good time ourselves outside at this time of year. So don your winter apparel and brave the cold and damp. The rewards are great and you might just have a good time. Please join us on one of the wide variety of trips listed below.

Information you should know about NCAS field trips:

- Our field trips are free and open to anyone who is interested. Bring your friends!
- Beginning birders are very welcome.
- Carpooling is encouraged and even required for some sites with limited parking.
- Preregistration is often required to limit numbers and reduce disturbance.
- Dress for the weather, in layers, and wear waterproof clothing and footgear as needed.
- Severe weather may cancel a trip; contact your leader if concerned or if you cancel.
- Bring binoculars, scope, field guide or a necessary parking pass if you have them.
- Pets are not allowed on field trips.
- Like most organizations, NCAS now requires participants to sign a waiver to participate.
- We are always looking for trip leaders or assistants. If you're interested, please contact us.

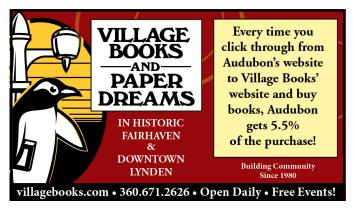
Saturday, November 2: Semiahmoo Spit

Time: 9 AM - Noon

Trip Leader: Paul Woodcock No registration required.

Meet at Semiahmoo County Park parking lot.

As we progress deeper into fall, we find more species of waterfowl returning to our marine waters. Goldeneyes, buffleheads, a greater number of scaups, hopefully some long-tailed ducks and brant should be joining the grebes,



loons, scoters and others already present. Resident and wintering songbirds are also always found on the spit.

We are certainly lucky to have this Important Bird Area and Semiahmoo Park, in our county. Though diminished, habitat like that remaining at Semiahmoo, Boundary Bay and Drayton Harbor, with eelgrass beds and forage fish, is disappearing along our coastlines and we must learn to appreciate it and do our best to protect it. As many as fifty bird species are often found on these field trips. Please come and spend a pleasant few hours on the beaches with an amiable group of fellow birders. New birders are welcome. This trip is cosponsored by Whatcom County Parks.

Sunday, November 10: Tennant Lake and Hovander Park

Time: 8:30 - II:30 AM
Trip Leader: Pauline Sterin

Registration Required: Contact Pauline at notesps@icloud.com or 410-353-7116.

Meet at Tennant Lake Interpretive Center parking lot, 5236 Nielsen Ave, Ferndale.

Tennant and Hovander provide excellent habitat for resident and wintering migrants during the fall and winter. On these public lands, managed by Whatcom County Parks and Washington Department of Fish and Wildlife, you can anticipate finding common resident species foraging in mixed flocks in wooded areas, and, though the boardwalk is closed for hunting season, you can count on ducks and geese being present in the area. Tennant and Hovander together make a great location to see a variety of species in any season. Join Pauline for some relaxed birding on the trails between Tennant and Hovander, and along the Nooksack River. The walking is relatively easy, the total distance should be less than two miles, and park facilities are close by. This is an excellent trip for beginners but birders of all skill levels are welcome. Expect to see waterfowl, woodpeckers, wrens, chickadees, juncos, sparrows, and probably a few raptors.

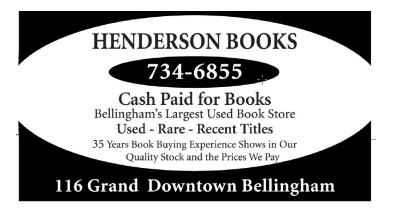
Saturday, November 16: Wings and Wine

Time: 2 - 6 PM

No registration required.

Meet at Semiahmoo County Park parking lot.

Join North Cascades Audubon for the second annual "Wings and Wine" field trip. We will gather at Semiahmoo County Park, rain or shine, for a guided birding walk along beautiful Semiahmoo Bay and Drayton Harbor. Birders and interested friends of all experience levels are welcome. We will spend about 1.5 hours viewing and learning about these amazing local and transient winter birds. Those interested will then make the short drive to The Vault, a lovely wine bar located at 277 G Street in Blaine, Washington, in time for happy hour, to taste some great wines and share lively "bird talk." They also serve craft beer, non-alcoholic beverages and have a nice menu for those interested.



Wednesday, November 20: Lake Padden, Padden Lagoon & Mud Bay

Time: 8:30 - 11 AM Trip Leader: Bob Myhr

Registration Required: Contact Bob at romyhr@comcast.net or 360-933-4352.

Meet at Fairhaven Park to carpool to Lake Padden

and other destinations in Fairhaven.

Lake Padden can host impressive groups of waterfowl through the fall and winter, and a variety of resident and migratory passerines are always present in the woodlands around the lake. Join Bob to carpool to the lake and other excellent birding locations in the Fairhaven area. Among other species, expect to find sparrows, wrens, woodpeckers, herons and winter waterfowl on the lake as well as on the bay. Be sure to dress for the weather. Everyone is welcome.



Photo: Red-tailed hawk on Skagit Flats, courtesy of Andrew Reding

Thursday, November 21: Fir Island and Skagit Flats

Time: 8 AM - 2 PM

Trip Leader: Steven Harper Trip Limit: II participants

Registration Required: Contact Steven at stevenharper2@msn.com or 360-650-9065.

This will be a field trip searching Fir Island for raptors, snow geese, trumpeter swans, ducks and any other interesting birds that happen to be around. Raptors might include bald eagles, rough-legged hawks, northern harriers, red-tailed hawks, American kestrels, shorteared owls, and other, less common species such as gyrfalcons and merlins. The trip will begin and end at the Alger Park & Ride, I-5 Exit 240. We will carpool in three cars while we search for birds. Bring water, hot beverages, snacks and lunch to eat on the run. Dress to keep dry and warm and bring binoculars and a spotting scope if you happen to have one.

Saturday, December 7: Eagle-Watching on the Nooksack

Time: 9 AM - 12:20 PM

Trip Leaders: Dorrie Jordan, Steve Glenn and Chris

Brewer

Trip Limit: 15 participants

Registration Required: Contact Chris at

chrisboyd353@gmail.com to register.

Join Audubon in a wintery visit to bald eagle hot spots along the Nooksack River. Leaders will be Dorrie Jordan and Steve Glenn, longtime volunteers at the Skagit River Bald Eagle Interpretive Center (SRBEIC) and Chris Brewer of NCAS and former SRBEIC interpreter. This is a great opportunity to see eagles with folks who know where to find them and can answer your questions about them. A second eagle-watching trip will be offered on December 28.

Saturday, December 7: Semiahmoo Spit

Time: 9 AM - Noon

Trip Leader: Paul Woodcock No registration required.

Meet at Semiahmoo County Park parking lot.

Another chance to bird the beaches of Semiahmoo as we do on the first Saturday of each month. Every month is different so you can make it a habit and never be disappointed. Please see November 2 trip above for more information.

Thursday, December 12: Semiahmoo/Blaine

Time: 9 AM - 1 PM

Trip Leader: Lynne Givler **Trip Limit:** 14 participants

Registration Required: Contact Lynne at

lynne.givler@gmail.com or 360-319-6042 to register.

This combined walking and driving field trip will start at the end of Semiahmoo Spit where we will scan the channel between Semiahmoo and White Rock B.C. for loons, grebes, scoters, long-tailed ducks and a wide variety of other wintering water birds. We will then walk along the shoreline before driving back to the park buildings for a further look at Drayton Harbor and Semiahmoo Bay. Next we'll carpool to Marine Park in Blaine and walk along the waterfront in search of other new or familiar species. Bring a spotting scope if you have one and snacks

or lunch. And do come prepared for rain, wind and/or sun!

Saturday, December 14: Lake Padden

Time: 9 AM - Noon

Trip Leader: Richard Carpenter

No registration required.

Meet at Padden Park tennis court parking lot.

Join Richard on a leisurely birding walk on the City of Bellingham trails of Lake Padden Park. You can expect to see chickadees, sparrows, wrens, woodpeckers, towhees, juncos, sparrows, finches, as well as numbers of varied waterfowl on the lake. Interesting species such as redheads and canvasbacks sometimes winter at Padden. Bald eagles are often seen in the area and barred owls can be found along the trails. This trip could be a good place to get started if you are curious about the birding experience.

Tuesday, December 17: Samish Flats

Time: 8:30 AM - 2 PM
Trip Leader: Steven Harper
Trip Limit: II participants

Registration Required: Contact Steven at stevenharper2@msn.com or 360-650-9065.

This will be a field trip searching Samish Flats for raptors, snow geese, trumpeter swans, ducks and any other interesting birds that happen to be around. Raptors might include bald eagles, rough-legged hawks, northern harriers, red-tailed hawks, American kestrels, short-eared owls, and other, less common species such as gyrfalcons and merlins.

The trip will begin and end at the Alger Park & Ride, I-5 Exit 240. We will carpool in three cars while we search for birds. Bring water, hot beverages, snacks and lunch to eat on the run.

Saturday, December 28: Eagle-Watching on the Nooksack

Time: 9 AM - 12:30 PM

Trip Leaders: Dorrie Jordan, Steve Glenn and Chris

Brewer

Trip Limit: 15 participants

Registration Required: Contact Chris at chrisboyd353@gmail.com to register.

This trip is a repeat of the December 7 eagle-watching trip described above. Please check there for more information.

2019 Christmas Bird Count

Submitted by Doug Brown

San Juan Ferry Christmas Bird Count: Saturday, December 14

Make your holidays memorable by participating in NCAS's one-of-a-kind Christmas Bird Count (CBC) aboard the Washington State Ferry from Anacortes to Sidney B.C. and back. A few hardy volunteers are needed. NCAS will cover the cost of the ferry passage for a limited number of counters. This challenging count has been conducted annually, whatever the weather, since the mid-1970s. If you are interested in participating in the San Juan Ferry CBC please contact Jane or John Aspnes at 360-592-4142.

Whatcom County Christmas Bird Count: Sunday, December 15 (with potluck following, doors open at 4:45pm at the YWCA - 1026 N. Forest St.)

Annually between December 14 and January 5, tens of thousands of volunteers throughout the world take part in an adventure that has become a holiday tradition. Families and students, birders and scientists, armed with binoculars, bird guides and checklists go out on an annual mission to count birds, often from dawn to dusk. For over one hundred years, the desire to both make a difference and to experience the beauty of our natural environment has driven dedicated people to get out in woods, fields and wetlands to celebrate the holidays. The National Audubon Society's Christmas Bird Count (CBC) is a citizen science effort, conducted by thousands of community members whose purpose is to collect data on bird populations across the continent while celebrating the holidays and enjoying the wonders of nature.

The CBC in Bellingham has been held annually since 1967. So come celebrate and participate!

For more information on the Whatcom CBC please go to: https://www.northcascadesaudubon.org/christmas-bird-count. Participation in the Bellingham CBC is free. Results will be published by National Audubon in an online version of *American Birds* during the summer of 2020. You can find much more information on this event, as well as annual results and summaries, at

http://netapp.audubon.org/CBCObservation/.

If you are interested in participating in the Bellingham CBC please contact Doug Brown at bblackcat@comcast.net or 360-647-1657.

How Our CBC Works

The Bellingham CBC circle is comprised of over 100,000 acres of Whatcom County stretching from Cherry Point to the west end of Lake Whatcom, and from Willeys Lake to Fairhaven Park. The circle is divided into 25 areas and each area is assigned a leader, an experienced birder who organizes the counters in his or her area. It is the leader's responsibility to gather the group needed to assure an accurate count. Many of our leaders have been faithfully doing this work annually for decades. Whatever the weather, most of the count parties are in the field from dawn to dusk on count day, or longer if they are searching for owls. The goal is to carry out useful citizen science while enjoying the CBC holiday tradition. The day finishes off with a potluck and compilation of the results.

Volunteering

It is our goal to include all who wish to volunteer for the CBC experience, but in turn we ask that all volunteers consider the conditions and take the time commitment seriously. If you are interested please contact Doug Brown at bblackcat@comcast.net or 360-647-1657. He will refer you to an area leader who needs assistance.



Photo: Bushtit, courtesy of Douglas L. Brown

Native Plants and Birds: Creating a Bird-Friendly Backyard

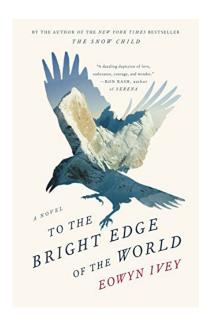
Saturday, November 23 10:30 AM - 12:30 PM South Whatcom Library

Presenter: Pam Borso and photography by local photographers

Your backyard is your outdoor sanctuary. With some careful plant choices, it can be a sanctuary for nesting and overwintering birds, as well as a recharge station for migrating birds. Join North Cascades Audubon Society as they provide information and resources needed to create your own backyard bird haven.



Photo: Anna's hummingbird with red flowering currant, courtesy of Douglas L. Brown



Whatcom READS!

By Courtney Kendall, representative of Whatcom Community College for the Whatcom READS planning committee

This year's Whatcom READS selection is *To the Bright Edge of the World* by Eowyn Ivey.

Set in the first decades after the United States purchased the Alaska Territory, this year's Whatcom READS book features rich descriptions of the Alaskan wild, a compelling adventure story, and a fascinating glimpse at the burgeoning fields of naturalism and photography in the late nineteenth century. To the Bright Edge of the World follows Lieutenant-Colonel Allen Forrester as he leads a small expedition into the interior of the Alaska Territory to document and map the United States' newest purchase. At the same time, Forrester's wife Sophie, an amateur naturalist and birder, finds herself adrift in the Vancouver Barracks in Washington Territory. Her foray into photography is documented through her diary entries lush with descriptions of birds such as dark-eyed juncos and a rufous hummingbird, "the red feathers of its throat set afire" in the sunlight. Told in epistolary form with a variety of narratives, To the Bright Edge of the World skillfully weaves history, naturalism, and even a touch of magical realism throughout its pages.

About Whatcom READS: Marking its 12th year, Whatcom READS is a county-wide program that encourages everyone to read and discuss the same book. It is presented by all local public and academic libraries and community partner Village Books. Whatcom READS receives significant funding from Friends of the Bellingham Public Library and Whatcom County Library Foundation and the support of local businesses. Local free events explore themes presented in the book, which this year include birding and early photography. Audubon member Ken Salzman is among the program presenters. Author Eowyn Ivey, a Western graduate, will visit Whatcom County March 5-7, 2020, for a series of public events. Learn more at whatcomreads.org. Check out To the Bright Edge of the World at the library or purchase it at Village Books, which donates 10% of all sales to Whatcom READS.

Point Whitehorn Marine Reserve

By Lorraine Wilde (writing on behalf of the Whatcom Land Trust)

Many don't realize that more than 14 of Whatcom County Parks & Recreation's parks have been formed with Whatcom Land Trust's involvement. Point Whitehorn Marine Reserve is one fantastic example.

With 54 acres of mature forest, forested wetlands, and more than two miles of rocky marine shoreline, this is an excellent stop for families, beach explorers and, of course, birders.

The habitat diversity includes several distinct settings so many birders have regularly spotted 20 to 30 different species in a single visit. A three-quarter-mile walk through the coastal forest leads to feeder bluffs that continually provide sediment to the rocky beach below them. Signs along the trail to the beach provide information on the forest and the history of the area.

In the spring and summer, several species of warblers can be spotted foraging for insects or berries along the trail to the beach including yellow, Wilson's, orange-crowned and Townsend's warblers. Check the shrubs and conifers near open areas for flycatchers on the hunt for flying insects. See if you can identify them by their call including Pacificslope, Hammond's and olive-sided flycatchers. Red and white-winged crossbills were spotted in alders there in 2013 and 2017 and could possibly be spotted any time of year.

Bluff areas and the coastal forests above are excellent habitat for bald eagle and Cooper's, sharp-shinned and redtailed hawks. Native mammals are also regularly spotted there.



The rocky beach is a great place to see tide pools and small marine life. You might see har lequinduck, bufflehead, snow goose and brant near and along the extensive shoreline.

Just offshore you'll likely see a range of birds exploring the kelp forests alongside harbor porpoises and harbor seals. From fall through spring you could see redthroated, common and Pacific loons, Brandt's, pelagic and double-breasted cormorants, Bonaparte's, California and glaucous-winged gulls, and western, red-necked and horned grebes.

The scenery is a mix of the industrial (dock for BP Cherry Point refinery) and great views of the northern San Juan Islands.

Because the property was once zoned for high industrial use, it was quite a feat for Whatcom Land Trust to establish the conservation easement that protects the Reserve. Funds from fines and grants related to the 1999 pipeline explosion were used to buy nearby property from BC Hydro that was then swapped in trade with Trillium Corporation for this site to form the Reserve, now managed by Whatcom County Parks.

Education has also been intertwined with management through information displays, signage and community events. Each June, the Trust partners with the Cherry Point Aquatic Reserve Citizen Stewardship Committee and others to present a "What's the Point?" event that includes beach and walking tours with local naturalists.

Getting There

Take the Grandview Road exit off of I-5 and drive west for 8.5 miles. Follow the road as it curves left and becomes Koehn Road, then continue half a mile to the parking area just off of Koehn Road, to the left.

Bathrooms are available at the parking lot. The trail through the forest is wheelchair-accessible, but access to the beach requires a walk down a steep set of stairs. Because the area abuts the important Cherry Point Aquatic Reserve, there are stricter rules for visitors: no beach fires, camping, pets or bicycles. Collecting is not allowed, except berries and fruits can be harvested for personal use and sport fishing and shellfishing are allowed with a state license.

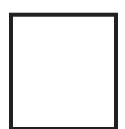
Add this park to your list of possibilities. However, give wildlife a wide berth, because the area is a sanctuary for the seals, birds and other creatures.

Photo: Point Whitehorn, courtesy of Karen Parker

North Cascades Audubon Society

PO Box 5805 Bellingham, WA 98227-5805

ADDRESS SERVICE REQUESTED



Find us at www.northcascadesaudubon.org or through social media: Facebook, Twitter, and Instagram at @NCascadeAudubon







The Avalanche is the newsletter of the North Cascades Audubon Society, PO Box 5805, Bellingham, WA 98227. It is published 8 times a year; subscriptions start at \$20 per year. The editors welcome articles, artwork, photographs, and letters. Opinions expressed in this newsletter are the opinions of the author and do not necessarily reflect those of this organization. Original material may be reprinted if appropriate credit is given. The North Cascades Audubon Society is a 501(c)(3) non-profit organization.

North Cascades Audubon Society Membership

We hope you will support North Cascades Audubon by joining the chapter locally. Our chapter is locally funded, and we do not receive any portion of donations you make to National Audubon. Your commitment to Audubon is important to us. We will continue to provide you with information regarding local chapter activities through our website and all activities will remain FREE and open to the public.

We are encouraging members to receive newsletters by email but if you prefer, a paper newsletter is provided to current, paid members. Help support us by joining the local chapter at any of the levels to your right. The newsletter is published monthly between September and May, including a double issue for November/December. All issues are also available online. If you currently receive a paper copy please check your mailing label for accuracy, including the expiration date. To make any changes or to switch from a paper copy to an email copy please email:

membership@northcascadesaudubon.org.

Join or Renew (circle one)

Please make checks payable to North Cascades Audubon. Each membership applies to one household.

Does your company match donations? Let them know you donated to North Cascades Audubon Society.

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	\$20	Kestrel		
	\$35	Merlin		
	\$50	Prairie Falcon		
	\$75	Peregrine Falcon		
	\$100	Gyrfalcon		
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