A nationwide team of AmeriCorps leaders who connect kids to real food and help them grow up healthy.
90% of children don't eat the recommended amount of vegetables.

60% of children don't eat the recommended amount of fruit.

3.4 hours of nutrition education given to a child each year.

10 junk food ads per day on television.

1 in 2 children of color will develop diabetes in their lifetime.

1 in 3 of our nation's children will develop diabetes in their lifetime.
Children who suffer from diet-related disease...

- miss more days of school.
- score lower on tests.
- advance less in their careers.
- are more likely to raise children who repeat the same cycle.
Our Vision

• A nation of well-nourished children who grow up knowing what healthy food is, how it grows and where it comes from and who have access to it every day.

• A generation of leaders with the skills and experience to turn that vision into a reality.
The FoodCorps program is built on the foundational principle that schools are the most effective points of intervention. Schools are where kids spend the majority of their time. And for our most vulnerable students, schools are also where they eat the majority of their calories.
The FoodCorps Program

Our AmeriCorps members serve in high-need schools, using a **three-ingredient recipe** that increases fruit and vegetable consumption and builds healthy habits that last a lifetime.

- **HANDS-ON LESSONS**
- **HEALTHY SCHOOL MEALS**
- **SCHOOL-WIDE CULTURE OF HEALTH**
HANDS-ON LESSONS

Students grow, cook, and taste new foods, which builds their skills and changes food preferences.
HEALTHY SCHOOL MEALS

The cafeteria experience steers students towards the healthiest options and gets them excited to try new healthy foods.
SCHOOLWIDE CULTURE OF HEALTH

As a whole, the school community and environment—from hallways to classrooms to cafeteria to grounds—celebrates healthy food.
Measuring Our Impact
FoodCorps achieves and measures progress in children’s preferences for vegetables, one of the strongest predictors of a healthy diet.

7 in 10 students improved their attitudes toward vegetables, tried new ones, or maintained their high regard for vegetables if they already liked them.
FoodCorps tracks the transformation of the whole school environment, using a scorecard to set goals and achieve lasting improvements.

70% of schools with FoodCorps were measurably healthier by the end of the school year.
Get Involved!
Schools, Nonprofits, Service Members
The Basics:

• $18,250 living allowance

• $5,920 AmeriCorps Segal Education Award

• Student loan deferral (subject to lender approval)

• Health insurance

• Partial childcare reimbursements

• Ongoing training/professional development opportunities paid for by FoodCorps and our partners.
What You’ll Gain

Professional Experience:

- Nutrition education/public health promotion in a school context
- Teaching practice and classroom management skills
- Learn how to integrate gardening/agriculture into the life and culture of a school

Professional Development:

- Community organizing skills
- Extensive and ongoing training
- A network of passionate people
Apply by March 15, 2018 foodcorps.org/apply
Schools and Nonprofits

Programmatic Partners

- Host a full-time FoodCorps AmeriCorps service member
- $7500 service fee for the year
- Gain access to a national network of resources

If interested in joining our DC network, contact karen.davison@foodcorps.org.
You can help us create a generation of children who—regardless of class, race, or geography—know what healthy food is, care where it comes from, and eat it every day.

JOIN US.