

Reopening Rules and Guidelines for Members

We are so happy to have you back at the FIT Center. To help us keep the FIT Center open and clean please read over our reopening rules and guidelines. If you have any questions please let us know.

- You **must wear a mask** for the duration of the time that you are in the facility.
 - o For individuals who are unable to medically tolerate an acceptable face covering you must wear a face shield at all times. (A doctor's note will need to be provide for this)
 - o You are temporarily permitted to remove face coverings while drinking, as long as there is six feet of distance between individuals.
 - o Face coverings should be regularly cleaned or replaced if they become wet or soiled.
- For your safety and the safety of all members we have limited the **capacity to 5 gym members** at a time.
- In order to enter the gym you must sign up for a designated time slot. We are allowing members to be in the gym for 45 minute time slots with a 15 minute window to allow for cleaning and switching of groups.
- You will be asked to Email fitmanager@shelterislandtown.us or call 631-749-0978 Monday through Friday between 8:30am-12:30pm to sign up for a time slot.
 - o **You must receive a confirmation email or a returned call to confirm requested time slots**
- You may sign up for no more than 3 days a week and up to one week in advance.
- We ask that you wait outside the facility in your car until your allotted time frame.
- Please do not enter the facility if someone is in the entryway. Only one person should be in the entryway at a time.
- Upon entering the facility you will be required to complete a questionnaire and your temperature will be taken before you enter the gym
- Our staff will be out wiping down equipment but we ask that you also wipe down equipment thoroughly after each use. If this is not followed you will be subject to suspension of your membership.
- The use of equipment will have a 20 minute time limit.
- Please plan your workout routines ahead of time to reduce lingering.

All rules/guidelines are subject to change. If and when they do we will notify all members of changes