Voices from the Kitchen

CHOICES
Fall 2020

Link to show:
Voices from the Kitchen

Pre-event chat at 5:30pm PT
Show starts at 5:45pm PT
For the past 5 years, Voices from the Kitchen has been a twice-yearly sold-out stage event in San Francisco. This year—by need and by accident—we’ve gone national (virtual). Perhaps you’re watching with one of our tasty boxes shipped cross country or hand delivered to your door—food, lovingly prepared by the talented chefs of La Cocina.

These events have always been about shared experiences—a drink in hand, a snack that tastes like a story, a story that feels like a snack. You’ll hear incredible storytellers explore the theme of “Choices.” 2020 has given us an endless supply of them—all while making us feel that we have few viable options. Nonetheless, we have some big ones coming up. **May we be guided by the strength of the little and big ones that we’ve made in the past.**
VOICES

WELCOME
by La Cocina Program Director Geetika Agrawal and Chef Fernay McPherson of Minnie Bell’s Soul Movement

CANNED MEAT ACROSS GENERATIONS
by Jia Tolentino

Jia Tolentino is a staff writer for The New Yorker and the author of the 2019 essay collection Trick Mirror. Previously, she was the deputy editor of Jezebel and a contributing editor at the Hairpin.

Featuring Aileen Suzara

Aileen Suzara is an activist, educator, chef and new mama. She has committed herself to fostering community-driven food spaces for healing and connection. Her San Francisco-based business, Sarinya Kitchen, honors the vibrant stories and flavors of her Filipina roots. Aileen is furthering her work in food justice as a Castanea fellow.

Animated illustrations: Rinee Shah

Rinee Shah is a creative director and illustrator in Brooklyn. She’s created illustrations for Apple, The New York Times, Facebook, IDEO, Simon & Schuster and The Knot, among many others. The author of The Made-Up Word Project and a writer for SF’s premiere sketch comedy group Killing My Lobster, Rinee has also created a web series for Spotify and was the creative director of Snapchat’s first global TV campaign.

Original music by Chris Colin

WHAT’S COOKING? by Chris Colin

Chris Colin has written about billionaires, endangered pasta, Obama’s Irish roots, solitary confinement and more for the NewYorker.com, Wired, The New York Times Magazine, Saveur, Pop-Up Magazine and other publications. He’s a contributing writer for California Sunday Magazine and Afar, and the author of several books. Since March, he’s been publishing Six Feet of Separation, a pandemic newspaper by and for young people around the country.

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Original music by Chris Colin

REDLINING by Nic Jay Aulston

Nic Jay Aulston is part of a team that runs Bicis Del Pueblo and makes maps that focus on equity, justice, and representations of disenfranchised communities (www.naulston.com).

Featuring La Cocina entrepreneurs

Tiffany Carter, chef/owner of Boug Cali; Shani Jones, chef/owner of Peaches Patties; and Fernay McPherson, chef/owner of Minnie Bell’s Soul Movement.

Filmmaking:
Amanda Ray & Desire Lacap

Amanda Ray is a content creator and videographer. She has worked on Emmy Award-winning content, such as Warriors Ground episodes for the Golden State Warriors. You can often see her filming during Warriors games at Chase Center. She’s happiest when going on adventures, eating good food, or storytelling through a camera lens.

Desire LaCap, founder and principal of Lacapture, is a storyteller, videographer, filmmaker and producer. She produced the documentary “Doubts to Success” and the series “Art in Many Forms.” Her motivating worldview is to bring visions to life and continue to inspire.

SHE WEARS SLACKS by Mayukh Sen

Mayukh Sen is a writer in New York. He has won a James Beard Award for his food writing and teaches food journalism at New York University. His first book, on immigrant food in America, is forthcoming from WW. Norton & Company in fall 2021.

Animated illustrations: Lyssa Park

Lyssa Park is an illustrator based in Las Vegas who creates colorful illustrations and cartoons inspired by daily encounters, family relationships, and animals. Her work was selected for the 2019 Society of Illustrators Student competition, and she was shortlisted for the 2019 Nami International Picture Book Concours.

Animated illustrations: Esther Elia

Esther Elia is an illustrator, painter and sculptural furniture maker, whose work focuses on family folklore and explores themes of her Assyrian heritage. Esther’s work has been featured throughout the Bay Area, including at the Institute of Advanced Uncertainty + Minnesota Street Project, the SF Arts Commission Side By Side In the World Exhibit, and The Diaspora In Bloom Exhibit in San Jose.
WHOM DO YOU ENVY?
by Jennifer 8. Lee

Jennifer 8. Lee is co-founder and CEO of the literary studio Plympton and author of *The Fortune Cookie Chronicles*. A former reporter for *The New York Times*, she has produced documentaries, including “The Search for General Tso,” which premiered at the Tribeca Film Festival. She is the co-chair of the World Economic Forum’s Global Futures Council for Media, Entertainment and Culture; a vice-chair of the Unicode Emoji Subcommittee; the co-founder of Emojicon; and the founder of Emojination.

Ink drawings: George McCalman
George McCalman is an artist and creative director based in San Francisco. His design studio McCalmanCo brands companies and organizations. He is a culture columnist for the *San Francisco Chronicle*. His first book, which he is illustrating and designing, called *Illustrated Black History*, will be published fall 2021 by Harper Collins.

Animated illustrations: Vanessa Lim
Vanessa Lim is a Singapore-born independent illustrator and designer. Her experience spans across self-initiated projects to commercial projects for multinational brands and independent boutique brands.

REGULARS TO THE RESCUE
by Rachel Levin

Rachel Levin is a San Francisco-based journalist who has written for such publications as *The New York Times, The New Yorker, Outside, and Eater*, as its first San Francisco restaurant critic. She writes a column for *The San Francisco Chronicle* on restaurant regulars. She is the author of *Look Big: And Other Tips For Surviving Animal Encounters of All Kinds* (Ten Speed) and coauthor of *Eat Something: A Wise Sons Cookbook for Jews Who Like Food and Food Lovers Who Like Jews*, published this year by Chronicle Books. *Steamed: A Catharsis Cookbook for Getting Dinner (and Your Feelings) on the Table* comes out spring 2021.

SLIGHTLY LESS THAN HALF
by Lauren Whitehead

Lauren Whitehead is a writer, performer and dramaturg. Her writings have been published in *Apogee Journal, Winter Tangerine*, and in selected anthologies including *BreakBeat Poets Vol 2: Black Girl Magic*. She has performed her work across the country including at The Sundance Film Festival, The Kennedy Center for Performing Arts, and the Apollo Theater. Lauren is an Assistant Arts Professor of Drama at NYU Tisch School of the Arts.

Animated mixed media: Elizabeth McConaughy-Oliver
Elizabeth McConaughy-Oliver creates projects for Bay Area and LA musicians and is a freelance illustrator and graphic designer. Her work has been displayed at The Society of Illustrators 2019 Student Exhibit in New York City, The Battery SF, and Tenderloin Merchants Association. She has had art shows at 111 Minna and at 560 Geary in San Francisco. Her work focuses on what it means to be and feel like a POC experiencing emotion and life in today’s society.

VOTE!

Filmmaking:
Desire Lacap & Amanda Ray
Desire LaCap, founder and principal of Lacapture, is a storyteller, videographer, filmmaker and producer. She produced the documentary “Doubts to Success” and the series “Art in Many Forms.” Her motivating worldview is to bring visions to life and continue to inspire.

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Featuring La Cocina entrepreneurs
Charles Farriér, chef/owner of Crumble & Whisk; Dayana Perez of El Huara- che Loco; Binita Pradhan, chef/owner of Bini’s Kitchen; Karla Rosales-Barrios, owner & saucier of Pass The Sauced; and members of La Cocina and the Voices From the Kitchen Communities.

will be available to the general public on La Cocina’s YouTube channel to watch later, again or to share with others!
If you ordered a meal kit or snack box to enjoy while viewing the show, you’ll experience the deliciousness and vibrancy that our in-person theater show offered with food and drink by La Cocina chefs. Thank you for supporting our chefs during these challenging times.

Our featured La Cocina chefs and meal kits include:

**Snack Box**

- with a roasted habanero salt by Sal de Vida Gourmet
- Quintet assorted truffles by NeoCocoa Confections
- and a Oaxacan mole negro trail mix by Origen.

**Appetizer Box**

- with handcrafted vegan cheeses by The Uncreamery
- mango chutney by Besharam
- mushroom pâté by Noodle Girl
- and flatbread by El Buen Comer.

**Meal Kits**

- with fried chicken and all the works by Minnie Bell’s Soul Movement
- an Algerian vegan meal by KAYMA Eatery
- and a Malaysian meal by Damansara.

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About La Cocina:

La Cocina is a 501(c)3 non-profit dedicated to cultivating talented low-income food entrepreneurs as they formalize and grow their businesses by providing an affordable commercial kitchen space, industry-specific technical assistance and access to market opportunities. We focus primarily on women from communities of color and immigrant communities. Our vision is that entrepreneurs gain financial security by doing what they love to do, creating an innovative, vibrant and inclusive economic landscape.

Learn more and sign up to be a member at lacocinasf.org.

About Voices from the Kitchen:

Voices from the Kitchen is a twice yearly storytelling project created by La Cocina that seeks to share the voices and stories from the cooks and kitchens that are less often heard, inspired by a chosen topic and told through the lens of food. Proceeds from Voices from the Kitchen support La Cocina’s business incubator program.

Learn more and watch past performances at lacocinasf.org/voicesfromthekitchen.