Recovery is a choice
Recovery is unique to the individual
Recovery is a journey, not a destination
Focusing on strengths allows a person to recognize their potential and to make new choices
Self-directed recovery is possible for everyone, with or without professional help (including the help of peer specialists or peer providers)

Peer Support is a peer recovery practice involving listening, mutual learning, respect and hope. Peer Support happens when someone who has been there comes alongside a person to listen and accompany them, providing connection and context for each person’s unique recovery journey.

Those who provide authentic peer support believe in recovery and work to promote these values:
- Recovery is a choice
- Recovery is unique to the individual
- Recovery is a journey, not a destination
- Focusing on strengths allows a person to recognize their potential and to make new choices
- Self-directed recovery is possible for everyone, with or without professional help (including the help of peer specialists or peer providers)

Peer Support Services make room for personal growth by honoring the unique worldview and self-determination of each person served.

In response to COVID-19 and the Oregon Wildfires, Mental Health & Addiction Association of Oregon is now offering on-call Peer Support Services to peers in the Tri-County area.

What is Peer Support?

Evolve Peer Delivered Services is a Program of Mental Health & Addiction Association of Oregon.

Learn more at www.mhaoforegon.org
HAVE YOU BEEN IMPACTED BY COVID-19 OR THE OREGON WILDFIRES?
OUR PEER SUPPORT SPECIALISTS ARE HERE TO HELP!
CALL US MONDAY THROUGH FRIDAY, 9AM - 5PM.

MONICA ALEXANDER  971-337-6716
BILL BEALL  971-337-4550
ROMAN BECERRA  971-930-9017
BRYAN CORLEY  971-282-8101

AMBER HATKOFF  971-352-0582
MOLLY GRIGGS  971-337-5506
ANTHONY JARRARD  971-337-4791
GRACE JO  503-314-3309
AMBER LAKIN  971-930-9404

JENNY MANZANARES  971-241-1404
HOWARD MARLOW  971-337-6293
JESSE MAXWELL  971-202-6337
LARAE MILLER  503-719-1725

BRENDA MITCHELL  971-337-6715
GEDFF MOSER  971-202-3142
MARIANNE O'NEILL-TUTOR  971-337-6624
TARA PRINCE  971-413-0264
KRISTINA TEASLEY  971-930-9014

EVOLVE PEER SUPPORT SERVICE
Mental Health & Addiction Association of Oregon