



# **Morocco Yoga Retreat with Blue Ridge Yoga**

**April 6th - 13th, 2025**

## Where We Are Staying

We will be staying at a private villa 20 minutes outside of Marrakech. We will have exclusive use of the property and will be assisted by the property owners and staff throughout our stay!

## Cost & Inclusions

Retreat Prices range from \$2,150 - \$2,750 depending on your room type.

- 6 full days, 7 nights accommodation at a private villa
- Nearly all meals
- Daily yoga classes (1-2 classes per day)
- 4 planned group excursions

## What's Not Included

- Airfare and other travel related costs
- Shuttle to Atlanta or Nashville
  - *will be organized and optional at additional cost*
- Travel Insurance
- Optional tours and spa treatments
- Meals not mentioned in the itinerary + snacks, juice, alcohol, etc.
- Transportation during free time





# Day 1: April 6th

## Arrival and Welcome Dinner!

You will leave home on April 5th to arrive in Morocco on April 6th.

Transfers to the villa can be coordinated to help you arrive safely and easily!

Settle into your new home for the next week in Marrakech with a delicious dinner!



# Day 2: April 7th

## Get to Know Marrakech

Start the day with a yoga class to clear your mind and set intentions for the week. Then enjoy a delicious breakfast before departing on our Marrakech Walking Tour & Shopping excursion!

Visit the most ancient part of the city in Medina, shop the famous markets, and experience the vibrancy of the food-stalls, street performers, and musicians at Jemaa El Fna Square.

We return home for lunch and relaxation! Later, enjoy a gentle yoga practice to stretch & soothe the body from your travels followed by dinner.





# Day 3: April 8th

## Free Day!

Start your morning with a yoga practice followed by breakfast.

For your afternoon, choose one of three options:

- a) Spend the day at the villa to relax, read, swim, etc.
- b) Participate in a 4hr Hammam Spa experience in Marrakech (cost is ~150 USD)
- c) Choose a free time activity in Marrakech

Lunch will be provided at the villa if you chose to stay on property.

We'll rejoin as a group for an evening yoga practice followed by dinner.



# Day 4: April 9th

## Visit the Desert

Begin the day with morning yoga followed by breakfast. Enjoy the villa or take the bus to Marrakech for the morning.

Lunch will be provided at the villa.

After the heat of the day passes, we'll begin our guided tour to the Agafay Desert where you will ride a camel, witness a desert sunset, and watch the stars come out while enjoying dinner!





# Day 5: April 10th

## Discover Marrakech's History

The morning will begin with a yoga practice and breakfast before departing on our next Marrakech Walking Tour.

You'll learn more about the city's unique history and visit famous landmarks including the Bahia Palace and the Saadian Tombs.

Lunch will be provided at the villa after the walking tour.

We'll gather for a yoga practice in the evening before heading to our group dinner reservation in Marrakech.

Anyone interested in staying out and experiencing the nightlife can do so, or you can return to the villa for a relaxing night in!





# Day 6: April 11th

## Free Day!

We will begin the morning with a yoga practice followed by breakfast. Then spend the day however you choose!

Options include:

- a) Enjoy a relaxing day at the villa to read, swim, or visit the on-site spa for a hammam, massage, or facial!
- b) Take a half-day or full-day mountain excursion to visit to the nearby Atlas Mountains and indigenous villages!
- c) Take the bus to Marrakech to do more shopping or exploring!

Lunch and dinner will be provided for anyone at the villa at those times.





# Day 7: April 12th

## Moroccan Cooking Class

Start the day with a morning yoga practice and delicious breakfast.

A guided cooking class led by our host at the villa will be a fun & relaxing way to spend the afternoon!

We'll meet again for an evening yoga practice followed by a final dinner at the villa!



## Day 8: April 13th

### Return Home!

We say our goodbyes and begin our journey home feeling relaxed, refreshed, and rejuvenated after a week of exploration and fun with friends!

Transportation to Morocco's airport will be provided! You have the option of booking our shuttle from Atlanta to Knoxville as well!





# The Villa:

## Property Highlights

- Beautiful hotel rooms with terraces or patios
- Heated pool with sun loungers
- Indoor and outdoor bars
- Covered outdoor yoga space
- Mini-Spa on site to provide hammam, massages, and facials
- Mini Gym
- Restaurant
- Nearby local bus to Marrakech that runs every 30 minutes
- Wifi in all rooms, restaurant, and lounge bar



# Room Selections

Space is limited, therefore room choice is first come, first served. We will ask for your top three room choices in the application. Please know that all of the rooms are lovely and include a patio or terrace.

All rooms include:

- Hair dryer
- Bathrobes
- Toiletries and towels
- Pool towels
- A/C and heat
- Minibar
- Safe
- Tea & coffee maker

Each of the rooms at Villa Dinari has its own character, but they all have one thing in common – a seductive mix of soft colours, rich Moroccan textiles, and the best craftwork of local artisans. Lusciousness and luxury combined.





# Amazigh Room: \$2,150 pp

## Shared - 2 People Only

This is a large double or twin room decorated in bright sunny colours. Ensuite tadelakt shower room and air-conditioned. Local Moroccan artwork adorns the walls and rich woven fabrics have been used to give this room a rustic, homely feel. Large shared sunny terrace overlooking the garden.



# Silver Room: \$2,150 pp

## Shared - 2 People Only

Double or twin room decorated with soft silver-grey tones and turquoise accessories. The perfect room to unwind with its cool modern touches and period black and white photo gallery. Ensuite tadalak shower room. Large shared sunny terrace overlooking the garden.





# Kasbah Suite: \$2,200 pp

## Shared - 2 People Only

Large double / twin junior suite with dove grey walls and fuchsia hand-woven textiles and portrait photos of Berber and desert nomads. It has large French windows leading out to semi-private terrace (situated in the same block as the Amazigh/Silver and Blue twin) with a view of gardens. Tadelakt ensuite bath/shower room and cozy seating area. Situated next to the Blue Twin, Amazigh and Silver rooms.





# Medhi and Assisa Glamping Suites: \$2,250 pp

## Shared - 2 People Per Tent Only

These two luxury Glamping suites have brick structure walls and a tented roof. They are decorated with authentic hand-painted chests and tables, artisan decorative pieces, and beautiful Berber rugs. They are adjacent and perfect for families or friends traveling together. Large double/twin beds and 2 extra single bed size banquettes. Fabulous outside seating area with great views of the gardens and pool.





# The Garden Studio: \$2,300 pp Shared - Two People Only

Private bungalow surrounded by foliage and an extensive cacti garden, perfect for relaxing in your own private world. Large double/twin bed and decorated with artisan pieces and a palette of Turquoise and white, you feel instantly at peace on entering. Comfortable seating area overlooking the garden. En-suite bath/shower room, two private terraces.





# The Shaa Retreat Suite: \$2,350 pp Shared - Two People Only

Luxury Glamping suite decorated with soft creams, rich reds, and traditional hand-woven fabrics. Extra-large double or twin beds and 2 bed size banquettes, bath/shower. A private terrace and small garden, and a superb outlook over the gardens and pool. The suite has a fully insulated interior roof, protecting guests from noise and heat or cold, A/C, and ensuite facilities.





# Dinari Suite: \$2,350 pp

## Shared - 2 People Only

Private bungalow tucked away in a secluded part of the beautiful gardens. Your own little corner of paradise, with views over the entire garden and swimming pool. Private and perfect for a romantic getaway or honeymoon. Soft greens and chocolate brown décor and a private terrace. Small kitchen, ensuite bathroom.





# Colonial Room: \$2,750

## Private - 1 Person Only

A large double bedroom decorated in a colonial style, of soft creams, beige, and browns, with ensuite tadelakt bath/shower room. This room is situated in our traditional riad courtyard and has a private terrace overlooking the garden.





# Oriental Room: \$2,750

## Private - 1 Person Only

A large double bedroom decorated in an oriental style of soft greens and creams and local artwork, with ensuite tadelakt bath/shower room. This room is situated in our traditional riad courtyard and has a private terrace overlooking the garden.



# Getting to Morocco

You can choose to fly independently from Knoxville or join our shuttle to Atlanta to travel with your instructors!

Flights can range anywhere from \$1,200 to \$2,300 depending on where you fly from, how many layovers you are comfortable with, how long your layovers are, and many more variables.

If you are new to international travel, please reach out to us and we can assist in flight bookings and get you added to our shuttle!

*A valid passport is required to enter Morocco!*





READY TO JOIN?!

**Retreat Applications will be  
sent out at 8:30pm on  
Monday, October 14th.**

Fill out the Retreat Application  
with your name and room  
preference.

Spaces in the retreat are first  
come, first served. We will get back  
to you soon!

