

Sunset Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday
12:00 PM	Family	Family	Family	Family	Family	10:00 AM	Family
5:15 PM	Kids	Kids	Kids Sparring	Kids	Kids	10:45 AM	Gymnastics
6:00 PM	Family	Family	Family	Family	Family	11:30 AM	Weapons
6:45 PM	BB Prep	Adults	Black Belt Class	Adults	Sparring/ Endurance	12:15 PM	

Kids Class: All Ages, All ranks
Adults Class: All Ages, All ranks
BB Prep: All Ages, Red belts and Up
Weapons Class: Blue Belt and up

Little Dragons: Ages 3 - 5
Kids: Ages 6 - 12
Adult: 13 and up

Little Dragons Class:
3 year olds: 5:15pm - 5:45pm
4 year olds: 5:45pm - 6:15pm
5 year olds: 6:15pm - 6:45pm