



PCRA PARTICIPATION AGREEMENT DURING PANDEMIC RESTRICTIONS

In consideration of being given the opportunity to participate in the Pelham Community Rowing Association (“PCRA”) 2021 Spring Program during the time of the Covid-19 pandemic, I agree to the following:

I. PCRA Pandemic Protocols. I agree to, at all times, observe and comply with the following protocols for participation that have been established by PCRA, and as may be amended from time to time. I also agree to follow any protocols that may be established by the State of New York and Westchester County. I also agree to follow any directives or instructions given by PCRA coaches or New York State or Westchester County officials. I understand and agree that failure to observe and comply with the PCRA protocols, or the directives or instructions of PCRA Coaches, New York State or Westchester County can lead to the immediate termination of my participation in the PCRA program.

The current PCRA protocols for participation during the Covid-19 pandemic which I agree to observe and follow are:

Athletes and Coaches

- Rowers are required to wear their own face mask **(NO GAITERS, NO BANDANAS)**
- No one will be permitted access without a properly fitted face mask. No exceptions will be made.
- Masks covering the nose and mouth will be worn on site 100% of the time.
- 6-foot social distancing from others must be followed at all times.
- Locker rooms are off limits. Come dressed to workout, leave after you workout.
- Do not bring personal, non-workout items to the boathouse.
- Bring your own full water bottle. No refills are available.
- All workouts will be organized in designated shifts.
- All participants must sign new waiver and agree to new code of conduct that states they have read, understand and agree to these guidelines.
- Any member who violates these agreements will lose rowing / workout privileges.

Cleaning / Equipment

- Participants will use designated cleaning supplies to clean equipment before and after each use.
- Hand sanitizing, sign-in for contact tracing, temperature taken upon entry.
- Ergs are to be spaced 6 feet apart for use at the boathouse.
- Ergs are to be wiped down before and after use.
- Coaches will spray disinfectant on handles, seats and monitors before and after each session.

COVID / Sickness

- You are required to self report your exposure to anyone diagnosed with Covid-19. If known to be in direct contact, you must quarantine from practice for 10 days.
- All participants must self monitor for symptoms of Covid-19 daily. If your temperature is over 100.4 degrees, you are not allowed to attend practice.
- If you have had a documented case of Covid-19, you are required to provide a doctor's note that says you are cleared to resume training.
- If you feel sick, you are to let your coach know and then not come to practice.

Arrival / Departure

- ONLY athletes are permitted outside of cars on the island.
- Approach the boathouse wearing your mask.
- Use hand sanitizer.
- Sign-in for contact tracing.
- Coaches will take your temperature.
- Coaches will have wipes available for you to clean your erg after use.
- No milling about the boathouse after practice.

II. Waiver and Release of Covid-19 Related Claims. In further consideration of being allowed to participate in the PCRA program during the time of the Covid-19 pandemic, I agree to waive and release any Covid-19 related claims against PCRA, the State of New York and Westchester County as follows:

1. I ACKNOWLEDGE, agree and represent that I am not infected by the Covid-19 virus, and have not, to the best of my knowledge, been exposed to anyone infected with the Covid-19 virus within the last fourteen (14) days, and otherwise am in good health and in proper physical condition to participate in PCRA program rowing activities.

2. I FULLY UNDERSTAND that participation in the PCRA program will be a group activity that could increase my risk of exposure to, and infection by, the Covid-19 virus, and I FULLY ACCEPT AND ASSUME SUCH RISK.

3. I HEREBY RELEASE, discharge, and covenant not to sue PCRA, the State of New York or Westchester County, their administrators, directors, agents, officers, volunteers and employees, from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by alleged exposure to, or infection by, the Covid-19 virus due to my participation in the PCRA Program.

III. No Effect on Prior Agreements. This agreement does not amend, modify or replace any prior agreements.

Printed Name of Participant

Date

Signature (if age 18 or over)

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releases from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releases from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Printed Name of Parent/Guardian

Date

Parent/Guardian Signature (if child is under 18)