



diabetes
new zealand

Annual Review 2019



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OUR VISION

**New Zealand's
leading organisation
supporting people
affected by diabetes.**

OUR MISSION

**Every person in New
Zealand affected by,
or at risk of diabetes
has access to the
information and
support needed to
manage their health
and well-being.**

OUR GUIDING PRINCIPLES

**We care about people with
diabetes – their health and
well-being.
We partner with others to
achieve our strategic goals.
We make a difference by
sharing information, leading,
and advocating for people
with diabetes.**

REPORT FROM THE BOARD

2018/19 was the year Diabetes New Zealand established a charitable trust and commenced the process of making the benefits of operating under the charitable trust model work for all people with diabetes. It has been a busy year and one of transition and we have more to do before the full benefits will be realised.

Our status as a charitable trust came into effect on 1 July 2019 – as a result we will be holding our last annual general meeting as Diabetes New Zealand Inc on 27 November 2019 in Auckland.

After last year's annual general meeting, the Board amended the draft deed of charitable trust to take account of the concerns expressed by members at that meeting. A revised deed was provided to branches and further feedback received before the deed was finalised and signed. In summary the changes made were:

- Membership of the Board must include a branch representative trustee – each branch committee is entitled to nominate one of its number for appointment to this position.
- In making appointments to the Board, the Board shall use reasonable endeavours to ensure that a number of trustees are persons who are affected by diabetes or have a family member affected by diabetes.
- As well, the Board must give consideration to the need to reflect the diversity and geographic spread of New Zealand's communities.
- A strengthening of the requirement to make it clear that all funds raised locally by a branch will be applied by the Board to that branch to use and support its activities.



MAURICE TRAPP, SIMON WATTS, DAVID SHEARER, ALASTAIR MCKENZIE, CATHERINE TAYLOR, PETER SLEEMAN.

We believe these changes fairly reflect the discussion. We now have six members on the current Trust Board:

- Catherine Taylor – Chair – Tasman (her daughter has type 1 diabetes)
- Alastair McKenzie – Deputy Chair – Invercargill
- Maurice Trapp – Auckland
- David Shearer – Christchurch
- Pete Sleeman – Chair of the Advisory Council – Dunedin (has type 2 diabetes)
- Simon Watts – Auckland – Branch Representative Trustee (has type 1 diabetes)

The Board still has two vacancies and continues to consider how best to ensure an appropriate mix of skills and expertise so that we can grow our reach and provide increased services to all people with diabetes.

We thank all those branch members who have supported National Office through the transition which has included significant changes to the way in which we manage our finances. The benefits have yet to be realised, but we expect that by the next time we report to you most changes will have settled in.

Many challenges still face the organisation:

- Sustainable funding so we can do more.
- Growing our reach so that we can truly demonstrate that we can make a difference for people with diabetes.
- Strengthening our advocacy voice for additional Pharmac funding for new technologies (continuous or flash glucose meters) and better medicines.
- Making our website the 'go-to' place for people with diabetes because it provides relevant information that supports their needs.

The Trust Board has much to do and with the support of all our staff across the country and our many volunteers, we believe we have made a good start.

Advisory Council

The Advisory Council appointed two new members at the AGM – Melanie Harrington from Wellington and Sianne Olphert from Auckland. These appointments came about due to the retirement of Patricia Bent and Karen Reed who have both been long standing members of the Council. Under the new Trust, the Advisory Council will continue to represent the consumer and provide support to the Chief Executive with respect to advocacy and the review of resources.

People


The Board has been supported this year by three members of the Advisory Council – Lyndal Ludlow, Craig Sumpton and Melanie Harrington. Their contribution to the discussions at Board level have been valued and appreciated. We thank them for their work. Craig Sumpton has retired as an Advisory Council member from 1 July 2019, when the Charitable Trust came into effect.

We also acknowledge the significant work undertaken by Heather Verry, our Chief Executive, her team at National Office and the staff in all branches. For employees, change is challenging and creates uncertainty, and a change that starts the process of bringing formerly autonomous branch activity into a more focused national structure will have its 'ups and downs'. The passion of all staff to support people with diabetes has been noticed and acknowledged – thank you all.

Without supporters and members, Diabetes New Zealand cannot exist. We also thank all those people who have willingly given their time to support people with diabetes at a local level.



Peter Sleeman
Diabetes NZ President



Catherine Taylor
Diabetes NZ Board Chair

CHIEF EXECUTIVE'S REPORT

This has been a year of significant operational change as a result of the move to a Trust and the centralisation of finances. For the branch staff, they are enjoying the opportunity to be part of a bigger team "the whole organisation", and for these committees it has been a transfer from operational direction to one of governance. The branches without staff have met the changes with a degree of relief now that their financial information is collated and provided by National Office, and one of anticipation as to what the future will bring.

We are now well positioned to increase our reach into the community and achieve our strategic goals which is to support all New Zealanders living with diabetes in every part of the country. Diabetes remains at epidemic proportions and there is much to be done to educate people through awareness to prevent or delay the onset of type 2 diabetes and how to better manage type 1 and 2 diabetes to prevent or delay complications.

Advocacy remains a key focus for our organisation and we are very fortunate in the number of community influencers that are prepared to support our organisation. Diabetes Action Month in November 2018 focused on the stigma associated with diabetes and we were grateful for the media supporting the campaign. As part of the campaign we launched a recipe book, endorsed by Dame Valerie Adams, which contained contributions from many celebrity chefs. We are very grateful for their contributions which has ensured the success of the book after a sumptuous launch at Giraffe, hosted by Simon Gault – one of our type 2 influencers with a heart-warming success story to tell.

We have also focused our advocacy efforts on seeking Pharmac funding for CGMs and FGMs, especially for type 1. This is a difficult battle, but we continue to highlight how life changing these devices are. We are confident that the message is starting to be heard and understood.

HEATHER VERRY
CHIEF EXECUTIVE,
DIABETES NEW ZEALAND



As always, we remain grateful to the many people who donate to our organisation each year, and to those who have been generous with their time in supporting our many activities. Once again, our Patron Sir Eion Edgar actively participated in our Fitbit MoveMeant Challenge, raising an extraordinary amount of money through the generosity of himself and his wider network. We also acknowledge the wonderful support of our Champion Sponsors – Anytime Fitness, Equal, and Fitbit – who have made long-term commitments to our organisation this year.

Our branches continue to be well supported by their local funders, and nationally we are grateful for the ongoing funding from the Ministry of Health, the New Zealand Lotteries Commission and Pub Charity Ltd. This funding enables us to provide free resources and information for people who are newly diagnosed, supports our Diabetes Action Month campaign, and increases the impact of our community initiatives that help people with diabetes manage their health and well-being.

I look forward to 2020 while at the same time acknowledging the work that has been done this year. I acknowledge and thank the Board and the Advisory Council for their unwavering support of me and National Office – without this, we could not carry out such significant operational changes.

Ngā mihi nui

Heather Verry
Diabetes NZ Chief Executive

AUGUST 2018

Beyond Type 1 – Kiwi Takeover

In August, we took over Beyond Type 1's social media channels for the second year in a row. It was a massive piece of work but thanks to the hard work of Ruby McGill it went seamlessly.

Following on from 2017's campaign, the 2018 Kiwi Takeover showcased incredible people living with type 1 diabetes in New Zealand. High profile Kiwis Hamish Walker – Clutha-Southland MP, Stephanie McKenzie – Former NZ track cyclist, Brett Renall – Diabetes NZ ambassador and *Married at First Sight* NZ participant, and Simon Watts – Deputy CFO at Waitemata DHB, were part of the inspiring lineup sharing how they #livebeyond type 1 diabetes.

Using this medium, we believe it will continue to help spark global interest in Diabetes NZ and drive engagement within New Zealand as well. There were a number of giveaways to create engagement including two Fitbits and a KYT bag donated by Bridget Scanlan.

Beyond Type 1 has over 1 million followers on Facebook and is read in over 170 countries in multiple languages. They are leveraging the power of social media and technology, changing what it means to live with a chronic disease, while creating a global type 1 community.

During the Kiwi Takeover, visits to the Diabetes NZ website increased by 17%, and our Facebook and Instagram communities continue to grow.

To check out the incredible stories shared during the Kiwi Takeover go to:
<https://bit.ly/32D3NHO>



NOVEMBER 2018

Diabetes Action Month

Diabetes Action Month (DAM) 2018 was a resounding success reaching thousands of New Zealanders across the country through a host of local and national events and activities, plus great exposure on television, radio, print and social media.

A key focus was the growing issue of diabetes stigma and the need for improved education about the condition.

Heather Verry, Chief Executive, had a number of interviews with high profile broadcasters including TVNZ Breakfast, Newstalk ZB Breakfast with Mike Hosking, Radio New Zealand's Afternoon with Jesse Mulligan as well as RadioLive's The Long Lunch. During these interviews, Heather stressed the need for more understanding about what it's like to live day-to-day with a serious condition like diabetes and how people need support and encouragement to live well.

The month-long theme was *Act Now to Live Well* with the aim of encouraging Kiwi families to take action to help themselves or their friends and whānau live better with type 1 or type 2 diabetes and/or reduce the risk of developing type 2 diabetes.

Events organised by various Diabetes NZ branches also helped raise the profile of Diabetes Action Month. These are highlighted in the Branch Roundup.





Eat Well Live Well – Diabetes NZ's own recipe book – was launched with much fanfare during the month of November. We were lucky enough to have two launches: one in Auckland for media personalities and food writers at Simon Gault's restaurant Giraffe, and two days later the official launch at Parliament. The Minister of Health, the Honourable David Clark, hosted the launch and spoke about the epidemic of type 2 diabetes in New Zealand and the expectations he has set the DHB's with respect to managing the needs of people with diabetes.



The production of *Eat Well, Live Well* wouldn't have been possible without the generous contributions of chefs including, but not limited to, Jax Hamilton, Simon and Alison Holst, Brett McGregor, Robert Oliver, Kit Perera and Dame Valerie Adams who endorsed the book.





Mr Vintage – ChariTEES

In 2018 we were delighted to partner with Mr Vintage ChariTEES to design a t-shirt that would resonate with the diabetes community, whānau and supporters. The design was so successful it was printed on tote bags as well.

The t-shirts were worn with pride at many of our Diabetes Action Month events and sold like hot cakes through the Mr Vintage website. Our partnership with Mr Vintage meant that for every t-shirt and bag sold, we received a royalty, so not only was the customer getting a high quality product at an affordable price, they were supporting a great cause as well.

Lions Clubs New Zealand

Leading up to Diabetes Action Month we put a call out to Lions clubs inviting them to help us raise awareness about diabetes in their communities. The call to action was answered in a range of ways and lasted far beyond November. Activities by Lions clubs included the distribution of Beyond Type 1s “Warning signs of Type 1 Diabetes” posters to medical centres. Some held barbeques with a guest speaker from Diabetes NZ, the Hamilton Lions club supported our Waikato Branch with a Strides event and the Hawkes Bay Lions Club donated half of the money raised at their annual magic show to fund Jerry the Bears. Diabetes Action Month 2018 strengthened the relationship between Lions Clubs New Zealand and Diabetes NZ and we are very grateful for their continued support.

Pictured: President David Lowe, Past President John Robertson, Rachel McQuade and Maddison with Jerry the Bear.



Annual General Meeting

November’s annual general meeting marked a significant moment for Diabetes NZ as the membership mandated the move from an incorporated society to a charitable trust. Restructuring to a charitable trust provides flexibility of governance and enables the organisation to focus on all people affected by diabetes. The proposed trust deed received its final approval in June 2019 to come into effect at 1 July 2019.

MAY 2019

Fitbit MoveMeant Challenge 2019

For two weeks in May, Fitbit-wearing business leaders and celebrities competed to out-step each other in the Fitbit MoveMeant Challenge run annually by Fitbit and Diabetes NZ. Competitors promoted the benefits of exercise, reaching a broad range of audiences through social media and business networks, which enabled us to bring to the public's attention an area of critical importance to all New Zealanders.

The fundraising element of the campaign was a bonus with the fantastic team raising over \$120,000 which will go towards Diabetes NZ's projects and resources.

The winners were:

1st place – Richard Chambers (Assistant Commissioner, Serious & Organised Crime, NZ Police, with a mammoth 433,016 steps)

2nd place – Rod Slater (CEO Beef & Lamb NZ, with 354,142 steps)

3rd place – Michael Barnett (CEO Auckland Chamber of Commerce, with 323,374 steps)

We thank everyone who took part – Sir Eion Edgar, Aimee Young, Aziz Al-Sa'afin, Hon Dr David Clark, Makaia Carr, Lee Weir, Mel Homer, Rachel Grunwell, Jax Hamilton, Hamish Walker MP, Kerre McIvor and Rhys Jolly.

Everyone's steps combined added up to an impressive 2,532 kilometres, enough to reach Australia.



BRANCH ROUNDUP

Auckland

During the past year, the Auckland Branch has significantly increased its reach, outcomes and impact within the communities in Auckland. We connected with over 20,000 people in the region through our programmes and services; awareness, education and events activities, its support group network of monthly meetings and member communications.

The cornerstone programmes and services were Mobile Awareness Service and the HOPE programme, delivering early detection and prevention of type 2 to those most at risk of diabetes. Ten support groups meet monthly across Auckland to share, learn, and support each other.

Key activities during the year were:

- 60th anniversary celebrations
- Diabetes Action Month with the inaugural Whānau & Diabetes Fun Day
- Technology series evenings, mini events and expos
- Two popular Auckland iconic sporting events – Auckland Round the Bays and ASB Auckland Marathon.

For Diabetes Youth Auckland this year, growing our reach to help more kids and teens with type 1 diabetes was a focus. We identified groups that needed more support and designed events to direct help where it was needed such as:

- Teen Camp in Muriwai and Family Camp at Shakespear Lodge
- Support evenings for parents of newly diagnosed children.

We continue to offer our programme for age group catch-ups, outdoor activities, education evenings for parents, education days for kids, sleepover events, and fundraising activities. The Kelly Tarlton's Sleepover is a highlight for many kids and this year Kelly Tarlton's donated their space for free which meant that we could include more kids and families in this very special evening.

A huge thanks to our patron, ambassadors, donors, volunteers and staff who enable the Branch activities to be delivered.





Waikato

2018/2019 was another busy year for the Waikato Branch. Diabetes Action Month consisted of a variety of events and activities and throughout the month we received wonderful support from our local Lions club.

Events included:

- An E-Bike rally from Morrinsville to Te Aroha return
- Information and fundraising outside three Hamilton supermarkets on World Diabetes Day
- A Strides Walk at Claudelands Park, Hamilton in collaboration with the Lions club
- Heart and diabetes information evening held in conjunction with the Heart Foundation
- Displays at libraries and pharmacies
- Community Radio promotion in conjunction with Age Concern
- Features on diabetes in the Hamilton Press and Prime Hamilton
- Youth Committee members participated in the "Round the Bridges" run to raise funds for the 2019 teen event.

In June 2019, we attended Fieldays to support National Office with a stand in the Health and Wellness Hub alongside Bowel Cancer NZ and Rural Woman. Over the four days we sold 16 recipe books, and distributed over 700 magazines. We had 200 people take the "know your risk" quiz and an estimated 400 people were screened for diabetes by the clinical team of Waikato Diabetes.

The Branch continues to hold monthly support groups in Hamilton, Te Awamutu, Putaruru-Tirau, Huntly, Thames-Hauraki, Waihi and Mercury Bay. The Type 1 Diabetes and New Technologies support group meets monthly in Hamilton.

Over the year, we have received fantastic support from a variety of funders, businesses, schools, volunteers and, of course, our staff. Thank you so much to everyone. We couldn't do the work we do without you!

Rotorua

This year Diabetes NZ Rotorua Branch relocated to 17 Marguerita Street and launched the Rotorua Community Diabetes Centre ("The Centre"), which was officially opened by Mayor Steve Chadwick. Rooms are subleased to the Stroke Foundation and the Aratika Cancer Trust which reduces Branch overheads and with the renovation of the kitchen area, regular cooking workshops are able to be held.

A number of events were held during the year which included a successful Whānau Day on World Diabetes Day held at the Village Green – a joint venture by Diabetes NZ Rotorua and Sport Bay of Plenty.

Another highlight was the Rotorua Marathon which was a joint initiative with National Office. Our very own Vanessa Fisher who has type 1 diabetes ran the half marathon raising funds for Diabetes NZ, while the Branch held a stall and cheered the runners and walkers. Pictured below is Keith Granger, who completed the five-kilometre walk.

The Branch continues to run Pre-Diabetes courses; DESMOND courses which are now held at the Centre, and insulin pump training sessions.

Weekly support groups continue to thrive with up to 20 attendees each week. Families with type 1 diabetes have had several activity days and the parents have enjoyed catching up for coffee. Type 1 adult group has continued to meet monthly on a Saturday morning for coffee.

Free support membership forms have been circulated through local General Practices and this has proved to be a successful way of processing referrals.



Taranaki

Over the last 12 months, Diabetes NZ Taranaki Branch has attended and supported a variety of groups:

Advocacy:

- Taranaki District Health Board (TDHB) – Diabetes Services Team Bi-monthly Meetings (Community, Primary & Secondary Services)
- MOH/PHO/TDHB Taranaki Populace Policies Meetings – Development of a Taranaki Diabetes Alliance integrated management service
- Individual help in response to calls requesting help.

Diabetes Alert Community Partnership Projects:

- Around the Mountain Relay Race – Taranaki Youth Team
- Community stand in partnership with the TDHB Services Team in Base Hospital foyer for World Diabetes Day
- Type 1 Pumpers Education evening in TDHB Base Lecture Theatre
- TDHB/Stratford Lions Community Health Day
- Inglewood Lions, Hawera Lions Diabetes Awareness Days
- Taranaki, Wanganui, Manawatu Lions Zone Conference.

Taranaki Youth

After the success of Diabetes Youth Taranaki's participation in 2017's famous 160km Round the Mountain Relay, it was decided to focus all the DAM efforts on this one event. In order to give young people positive role models by which to aspire to, *Married at First Sight* participant and fellow Type 1 Warrior Brett Renall and his wife Angel from Christchurch, along with former professional cyclist Steph McKenzie, were invited to attend. This was a huge success with an incredible feeling of togetherness and unity buzzing through the team over the 24 hours.

DYT were the only team to receive publicity on the relay despite the fact that over 100 teams entered the race. The Taranaki Daily News printed and posted online through Stuff as a result of having high profile team-mates. The media attention provided education on diabetes and the difference between type 1 and type 2.



Wanganui

This year the Wanganui Branch had five third-year medical students from the Wellington Campus of Otago University visit as part of a Community Contact Week. They undertook a 'rapid health needs appraisal' by asking questions on health needs, provision of health services, barriers to health care and how services can be improved if needed. We also hosted Dr Janet Titchener, Clinical Director of GPSI Diabetes, who spoke about diabetes management.

The annual raft race in Wanganui is always a highlight and the 2018/2019 year was no exception. Held on the Wanganui River, teams took great delight in designing and constructing their own rafts, some more buoyant than others. Of the seven rafts that took place the winner was Ali Fitness. This event is only made possible through the generous support of our sponsor Plumber Dan who is also the main organiser of the event.

The Branch continues to hold Sunday afternoon social meetings and is involved with all the activities of Diabetes Youth – in conjunction with Andrea Bell, Youth Co-ordinator from the Manawatu Diabetes Trust. The Marton support group meets on the first Saturday afternoon of the month.



Horowhenua

2018/19 was another busy year for the Horowhenua Branch attending over seven events, some of which were multi-day affairs.

Some of the more notable events were the Palmerston North Christmas Fair, Rongotea Lions Gala, Age on the Go Expo, the Levin Medieval Market, the Foxton Spring Fling and the Foxton Health Day held in the grounds of Te Waioara.

The Branch holds monthly meetings between February and November and organises working bees to fundraise.

Wairarapa

The Wairarapa Branch held a number of events during the year:

- An information booth at the Wairarapa A & P show at Clareville showgrounds.
- A cooking demonstration of healthy meals suitable for people with diabetes by celebrity chef Jax Hamilton during Diabetes Action Month. Lunch was provided, plus entertainment by Ray Woolf and the Rodger Fox band.
- The Masterton A & P Show – an information booth.
- 10-Pin bowling day for Wairarapa children, young adults and their families.

In March 2019, the Branch established a hardship grant for families who require assistance with the costs of equipment for type 1 children and young adults, for example, insulin pumps and their consumables. To date, seven grants have been approved.

The Branch continues to hold monthly morning teas on the last Wednesday of the month with guest speakers from the Health Foundation, Compass Health, a nurse and a podiatrist, to name a few.

Nelson Youth

Diabetes Action Month was a great one for community engagement in Nelson.

- Various local primary schools rallied for International Diabetes Awareness day and dressed in blue to mark the occasion.
- The Branch premiered the film *Bike Beyond* at Hampden St School Hall and the Nelson Lioness group catered a supper. Hampden St School kindly provided the hall for free in support of Diabetes Nelson Youth and the four children on their roll with type 1. Village Cycles, Richmond loaned us a specialised road bike to have on display to fit in with the theme. Bella Palmer, a 10-year-old with type 1 diabetes who has recently mountain biked the Heaphy Track was interviewed by the Nelson Leader.

Numerous activities have been held to raise awareness of diabetes through education such as:

- A table display sharing information about diabetes and the Branch at a Well-being Cafe event hosted and organised by the Tahunanui community centre community nurse.
- Two education evenings which included pediatrician Dr Wendy Hunter speaking on the Transitions in Diabetes and The Road to Independence and four guest speakers who spoke about new technology to help manage type 1 diabetes.

Family events play a big part in the annual calendar such as the stand up paddle boarding on the Matai River, a weekend family camp and coffee group meetings for parents of children with type 1 diabetes.

A popular activity at the family camp was the t-shirt design competition. The winning design was professionally screen printed and the t-shirts were given out to all youth attendees at Family Camp 2019. The Tasman District Council donated \$200 towards this event.

Two \$500 Youth Scholarships were given out at Family Camp 2019. The two recipients were Lily Barton from Nelson for dancing endeavors and Lexi Pottinger from Blenheim to support her rowing goals at secondary school level.



Otago

The Branch has been busy with the first ever camp for youth aged between 13 and 18, held on the Queenstown slopes. The 23 participants came from Otago and Southland and comprised of newcomers, experienced skiers and snowboarders.

The Summer camp for 8- to 12-year-olds was held at Berwick Lodge and employed the services of Adventure Masters who are very experienced in engaging the children and giving those less confident the encouragement to participate in a host of activities. We are extremely lucky to have the support of the paediatric medical staff at the Southern DHB – without their support these camps would not be possible.

Events held for Diabetes Action Month were:

- An exhibit at the Great Kiwi Home Show in the health and well-being zone. A blood glucose testing station was set up with a roster of practice nurses to test people. Several hundred goodie bags containing free samples and diabetes related brochures were handed out.
- World Diabetes Day was celebrated at PAK'nSAVE in conjunction with Otago & Southland Diabetes Research Trust and Well South. A Blood Glucose testing station was manned by nurses from Well South, Ari Te Uru and local medical centres as the event attracts a lot of people wanting to check their blood sugar levels. Information packs were given out to those wanting more information for themselves or family members. This year we also had the smoothie bike operating which attracted attention.
- Local schools in Dunedin took part in a "Do Blue Mufti Day" for World Diabetes Day by wearing something blue. Each school was provided with stickers and a collection bucket for a gold coin donation, with all proceeds going to Diabetes Youth Otago. Diabetes Otago also provided several school libraries with the "Medikidz Superhero Adventure" books explaining type 1 diabetes.



The Branch attended the Woman's Lifestyle Expo with a team of six nurses rostered over the weekend performing 525 blood glucose tests, handing out 550 goodie bags containing free samples, and brochures about diabetes.

The Branch clinics continue to provide much-needed services:

- Podiatry clinic is extremely popular with new clients every month.
- Drop-in clinic enables people to have their blood pressure checks and HbA1c testing done by a community nurse, and a dietitian provides support to those who have specific dietary needs. Occasionally a representative from Pharmaco assists with meter downloading and queries relating to equipment and two days a week an employee from NZMS Diabetes helps transition those on pumps to the new t:slim insulin pump.

Southland

The drop-in centre continues to be the Branch's main contact with members and the public – it offers finger prick tests, reassurance and advice from our registered nurse.

Diabetes NZ Southland Branch always attends the Community Health expo offering blood glucose finger pricking at this event.

A number of speaking engagements were held during the year which also included joint evenings hosted by local Lions clubs.

SOCIAL MEDIA and DIABETES WELLNESS MAGAZINE

Diabetes NZ's engagement with the community via digital communication platforms has increased on the previous year. As at June 2019, the website had a total of 439,000 views, an increase of 7.75% on 2017/2018. The top two most popular pages were Type 2 diabetes with 58,311 views and Type 1 diabetes with 24,322 views.

The electronic newsletter *Connect* is currently distributed to 6,850 people which is an increase of 37% on the previous year. The majority of new registrations can be traced back to the website.

Diabetes NZ's Facebook pages both saw increases in their following over the last year. The primary Facebook page increased by 32% and the youth page by 14.8%. Instagram following increased by 105%.

The *Diabetes Wellness* magazine continues to be the only national diabetes publication in New Zealand. In March, Johanna Knox replaced our previous editor, Caroline Wood, who gave many years of dedication to the magazine. Johanna has a strong background in editorial work and lifestyle writing which will ensure the magazine continues to be widely acknowledged for its professional content and image. The magazine is distributed freely to all medical centres, primary health organisations and libraries throughout New Zealand.



2019 SUMMARY FINANCIAL STATEMENTS

Diabetes New Zealand Incorporated (Diabetes NZ), is incorporated under the Incorporated Societies Act 1908. Diabetes NZ is a charitable organisation registered under the Charities Act 2005 on 25 October 2007, registration number CC11432.

Diabetes NZ consists of a National Office and 14 branches spread throughout New Zealand.

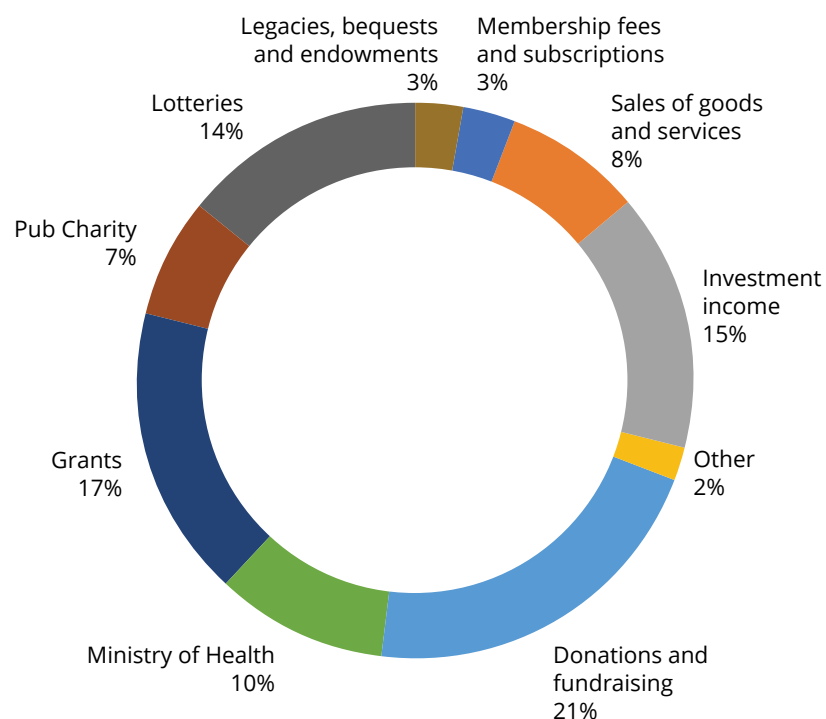
The consolidated financial statements also incorporate the Sir Ernest Davis Diabetes (Auckland) Endowment Fund and the John Nesfield Trust.

The Sir Ernest Davis Diabetes (Auckland) Endowment Fund (\$1.8m) is an endowment fund with the purpose of assisting Diabetes NZ Auckland Branch (Diabetes Auckland).

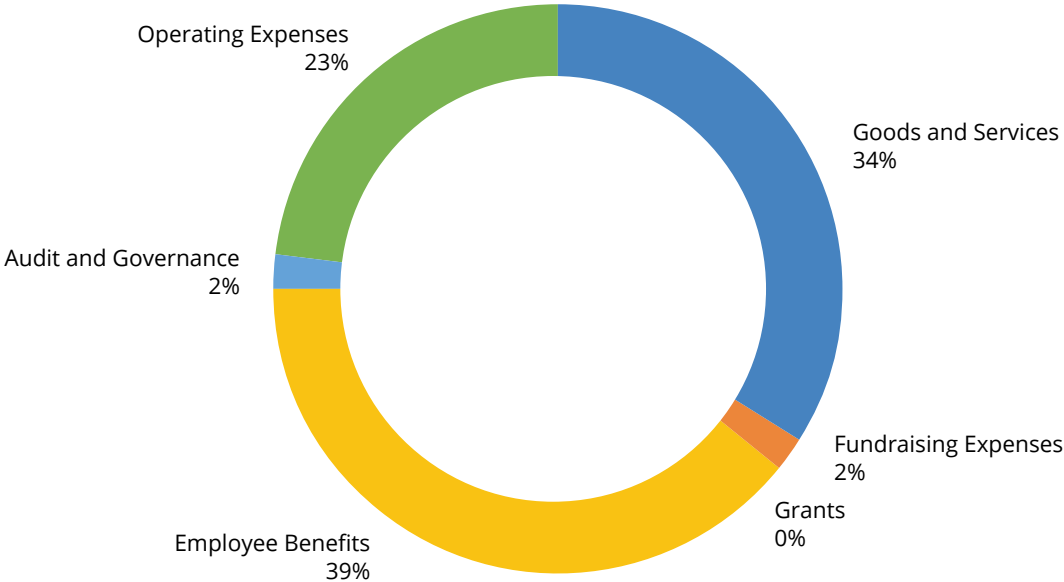
The John Nesfield Trust (\$2.17m) is a charitable trust which has been set up to assist Diabetes Auckland to deal with and manage matters relating to land and buildings which the Branch may acquire, lease or possess.

The summary financial statements for the year ended 30 June 2019 consolidate the financial results of activities carried out by Diabetes NZ and its 14 branches, and The Sir Ernest Davis Diabetes (Auckland) Endowment Fund and The John Nesfield Trust.

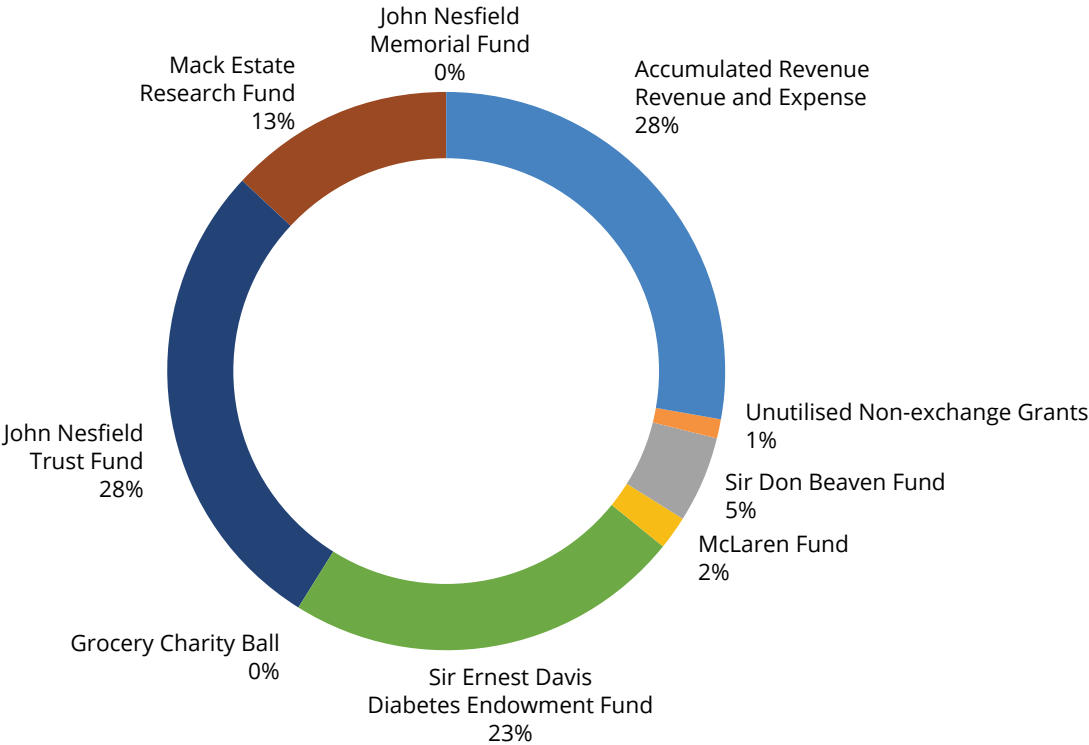
REVENUE



EXPENDITURE



TOTAL NET EQUITY



Diabetes New Zealand Incorporated
Consolidated Statement of Comprehensive Revenue and Expense
For the Year Ended 30 June 2019

	2019 \$	2018 \$
REVENUE		
Revenue from Exchange Transactions		
Membership fees and subscriptions	87,759	95,587
Sales of goods and services	148,846	105,406
Rendering of services	87,122	55,213
Interest received	136,840	119,903
Dividends received	102,223	100,793
Rent received	40,340	33,913
Gain on revaluation of investments	177,178	243,684
Other exchange revenue	3,122	69
Total Revenue from Exchange Transactions	783,430	754,568
Revenue from Non-exchange Transactions		
Donations	187,181	357,910
Fundraising	359,464	338,748
Other fundraising from the public	41,531	123,410
Rendering of services – Ministry of Health	270,000	270,000
Grants	1,065,215	1,033,540
Legacies, bequests and endowments	99,020	463,250
Total Revenue from Non-exchange Transactions	2,022,411	2,586,858
Total Revenue	2,805,841	3,341,426
EXPENSES		
Expenses Associated with Revenue Generation		
Costs of sale of goods and services	355,107	349,274
Service delivery expenses	579,668	462,798
Fundraising expenses	43,602	162,139
Grants and donations	15,581	25,799
Total Expenses Associated with Revenue Generation	993,958	1,000,010
Operating Expenses		
Employee benefits	1,092,718	958,776
Board member honoraria	21,262	30,600
Audit Fees	30,200	34,722
Depreciation and amortisation	38,368	51,375
Other operating expenses	586,799	640,071
Total Operating Expenses	1,769,347	1,715,544
Total Expenses	2,763,305	2,715,554
Total Comprehensive Revenue and Expense for the year	42,536	625,872

Diabetes New Zealand Incorporated
Consolidated Statement of Financial Position
As at 30 June 2019

	2019	2018
	\$	\$
ASSETS		
Current Assets		
Cash and cash equivalents	2,701,762	2,125,935
Receivables (from exchange transactions)	41,526	81,840
Prepayments	44,213	35,008
Inventories	42,476	43,318
GST Receivable	16,239	22,225
Investments	1,445,920	1,765,891
Total Current Assets	4,292,136	4,074,217
Non-Current Assets		
Property, plant and equipment	77,981	110,882
Intangible assets	10,596	22,343
Investments	4,087,437	4,096,880
Total Non-Current Assets	4,176,014	4,230,105
TOTAL ASSETS	8,468,150	8,304,322
LIABILITIES		
Current Liabilities		
GST payable	7,018	-
Payables (from exchange transactions)	197,735	203,096
Deferred exchange revenue	28,245	30,601
Deferred non-exchange revenue	368,978	238,343
Total Current Liabilities	601,976	472,040
TOTAL NET ASSETS / EQUITY	7,866,174	7,832,282

The Diabetes New Zealand Incorporated Consolidated financial reports were approved by the Board of Diabetes New Zealand Incorporated (DNZ) on 17 September 2019 for adoption by Annual Conference. The summary statements cannot be expected to provide as complete an understanding as provided by the full financial reports. A copy of the full financial reports can be accessed by visiting the news and events (57th Annual General Meeting November 2019 documents) section of the DNZ website at www.diabetes.org.nz. The auditor BDO has issued a qualified opinion on the basis that control over Other Fundraising from the Public income prior to being recorded is limited, and there are no practical audit procedures to determine the effect of this limited control. These financial statements have been approved for issue by the Audit and Risk Committee.

THANK YOU

Diabetes NZ is grateful for the wonderful support we receive from our champion sponsors, donors, grant providers and supporters enabling our Branches and volunteers to support and advocate for people with diabetes and their families.

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