

TODOS SANTOS TRAYEL GUIDE

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THE BASICS

LOCATION

Todos Santos, Baja California Sur, Mexico

TIME ZONE

Pacific Standard Time

CURRENCY

Mexican Peso (Mex\$ / MXN)

LANGUAGE

Spanish

PHRASES

"Hola!"	_ Hello!
"Buenos Días"	_ Good Day
"Buenas Noches"	_ Good Night
"Adiós"	_ Goodbye
"Por Favor"	Please
"Gracias"	Thank You
"Sí / No"	_ Yes / No
"Mañana"	_ Tomorrow, Later
"Me llamo"	My name is
"¿Cómo estás?"	How are you?
"La cuenta, por favor"	The check, pleas

WHEN TO GO

Peak Season

NOVEMBER - MARCH 50s-80s °F

Peak season falls between late Fall-late Winter, when the weather is mild and cooler. The average day runs between 77-82°F, with nights around 58°F. Expect sunny days and relaxing nights. The Northwest swell makes late fall through winter the best time for surfing, and peak whale watching time!

Mid Season

APRIL - JUNE

60s-80s °F

The spring and summer months are the quieter times of year in Todos Santos. The average weather runs between 85°F highs and 60°F lows. Catch the end of the whale watching season in April.

Low Season

JULY - OCTOBER

70s-80s °F

Hot, humid and rainy! This is hurricane season and the blow-off creates more rain from August and September, with it trailing off by October. This is the slowest time of year and most affordable time to check out Todos Santos.





GETTING THERE

BOOK YOUR FLIGHT

There are two major airports within a 90minute drive to Todos Santos. The most popular and accessible when flying internationally is the Cabo San Lucas Airport (SJD). There are many affordable direct flights from major US cities. When traveling within Mexico, the other airport to explore is La Paz (LPZ), just north of Todos Santos. Sites like SkyScanner, Scott Cheap Flights, Expedia and Google Flights are great booking sites for finding the best airfare deals. If traveling from the US, check out Southwest Airlines for more flight options (+ two free bags!), usually not listed on major travel sites.

GROUND TRANSPORTATION

From Cabo San Lucas, you can take a shuttle, public bus or rental car to Todos Santos. For private transfers, you can book at <u>Todos Santos Private Transportation</u>.

WHERE TO STAY

<u>Villa Bugambilias</u> | \$ | affordable single rooms and double-room villas with kitchens within walking distance to town.

Perro Surfero Hotel | \$ | a hotel meets hostel vibe, private rooms and shared kitchens, great for surf trips or group friend trips.

Pachamama Boutique Hotel | \$\$ | the home of our retreat, this beautiful boutique hotel on the beach offers unique adobe teepees and oceanside rooms and a beautiful yoga space.

Hotel San Cristobal | \$\$\$ | a colorful bohemian luxury oceanside hotel with a fun restaurant inside.

<u>Paradero</u> | \$\$\$\$ | if you love minimal design and luxe details, this new hotel north of town is for you.





THE FOOD

Mexico has a rich culinary tradition, as diverse as the country itself! It's not all tacos though—each region has its unique cuisine and way of working with typical Mexican staples.

Being on the coast, Baja is known for its seafood and omnivores love its oysters, fish tacos, and seafood caldos. There's plenty for vegetarians to love, too, with Mexican staples being beans, rice, tortillas, and guacamole—simple and delicious. While many common vegetables are used, like tomatoes, cilantro, and radishes, fun produce like nopales, cactus fruit, zucchini flowers, and tropical fruits always show up on the menu.

WHERE TO EAT

RESTAURANTS

Restaurante Mole Santo | \$ | a local family-run Mexican food with fabulous molé!

<u>Barajas Tacos</u> | \$ | a local staple for tacos of all kinds open since 1995, closed Tuesdays.

Pacifica Fish Market | \$ | a little spot in town for fresh fish tacos.

La Paloma Heladeria y Paleteria | \$ | handmade paletas (popsicles) and ice creams.

<u>Las Tunas Coffee Shop</u> | \$ | coffee, tea and breakfast with an organic garden.

Los Adobes de Todos Santos | \$ | veg-friendly Mexican restaurant inside a beautiful cactus garden

The Green Room | \$\$ | Mexican-themed seafood and tacos right on the beach, reservations recommended.

<u>Jazamango</u> | \$\$ | Farm-to-Table focused menu for all, with many vegetarian options, great for breakfast.

Benno | \$\$\$ | Hotel San Cristobal's restaurant, serving Mediterranean-meets-Mexican.

Pescado, Cocina de Mar | \$\$\$ | Trendy modern fare, from salads to seafood and tacos.





WHERE TO EAT

MARKETS

<u>Vegetable Market</u> | \$ | as the name says, a simple local market to stock up on veggies.

Supermercado El Sol | \$ | full service grocery store, there are two locations.

<u>Pura Vida Health Market</u> | \$\$ | natural food and supplement store serving fresh juices, smoothies and snacks.

Agricole Cooperativa | \$\$ | organic grocery with produce, specialty items and wine.

WHAT TO DO

EXPLORE

Playa Los Cerritos I the main swimming and surfing beach located 20 minutes south of town.

Playa Las Palmas | beautiful windswept beach with wild horses, watch your beach snacks!

Surf Todos Santos | Bahía de Todos Santos area is an epicenter for surfing in Mexico. Read more about the different waves and best spots for surfing at all levels.

Punta Lobos Hike I a quick 1.5 hour round trip hike with a great ocean view. Just south of Todos Santos on the way to Pescadero. After the turnoff, you will drive down a dirt road, until you reach an abandoned building on your left (an old cannery). Park here and lock your car, go through the gate and follow the road that leads up the hill.





WHAT TO DO

SHOPS

Benito Juarez is the main boulevard of shops within Todos Santos. It's also home to the famous Hotel California, along with many restaurants, art galleries, and a good number of local artisan shops.

El Granero Shop I curated homewares and clothing.

Mercado Ranchero | local handcrafted artisan wares.

Nomad Chic I women's clothing, swimsuits and jewelry.

<u>Étnica</u> | Mexican clothing & leather shop, everything made by Mexican-based artists.

TRAVEL HEALTHY

It's easy to ditch your self-care routines when you're in unfamiliar places, but sticking to your daily rituals can help keep your body and mind balanced while on the road. Whether it's committing to your morning routine or making sure you eat at set meal times and instead of snacking, these little tips will keep your immunity strong and keep your body happy en route.

IN YOUR CARRY-ON

<u>JetZone Jet Lag Homeopathic Remedy</u> l a preemptive strike against jet lag without any side effects.

Yoga Nidra Meditation App | for combatting fatigue.

Banyan Botanicals Daily Massage Oil | for hydrating skin & reducing Vata dosha, they make great single use travel pouches.

<u>Triphala</u> I to keep travel constipation at bay.

Eye Mask & Earplugs | both on the plane and beyond, sleeping in total darkness helps produce melatonin while reducing sensory stimulation for the brain to rest.

<u>Ginger Tea Bags</u> I supports your digestion and keeps you warm through the long flight. Sip warm tea instead of cold drinks while flying.





CONNECT



READY TO EXPLORE BAJA?

Join Claire Ragozzino & Julie Bernier for a restorative Ayurveda retreat in Todos Santos this November 16-20, 2022. Immerse yourself in Ayurvedic living with daily yoga, meditation, cooking classes and workshops, nourishing Ayurvedic meals and playful excursions. Soak in the sun by the pool, recharge on the beach, and reconnect with old friends and new. We can't wait to share this adventure with you!

Join the Retreat:

www.vidyalivingretreats.com/mexico2022