



# Exeter 3K

Monday 20th November 2017

Pos	Race No	Time	Name	Cat	Rank	Club	Predicted Time
1	640	9.10	Sam Hopton	M-Sen	1	South West Road Runners	9:00:00
2	641	9.15	Elliot Moran	M-U17	1	Exeter Harriers	9:05:00
3	659	9.18	Adam Holland	M-Sen	2	Tavistock AC	9:57:00
4	639	9.28	Tc Chulu	M-U20	1	Swrr	9:00:00
5	642	9.38	Ollie Thorogood	M-Sen	3	Aberystwyth Ac	9:30:00
6	644	9.42	Tim Pratt	M-Sen	4	Teignbridge Trotters	9:50:00
7	645	10.03	Toby Hooper	M-U20	2	Newton Abbot Athletics Club	9:50:00
8	654	10.04	Miko Cadeddu	M-Sen	5	-	10:30:00
9	650	10.06	Alexander Bly	M-U20	3	Torbay Athletics	10:00:00
10	656	10.12	Martyn Breslan	M-35+	1	Torbay Ac	10:30:00
11	651	10.17	Garry Smart	M-50+	1	Teignbridge Trotters	10:10:00
12	662	10.19	Edward Pickering	M-40+	1	South West Road Runners	10:40:00
13	664	10.20	Tim Landy	M-Sen	6	South West Road Runners	10:45:00
14	652	10.31	Katie Synge	F-Sen	1	Exeter Harriers	10:15:00
15	658	10.34	Charlie Hague	M-U13	1	Exeter Harriers	0:00:00
16	657	10.36	Serane Stone	F-40+	1	Tiverton Harriers	10:30:00
17	693	10.36	Richard Potter	M-35+	2	Tiverton Harriers	12:00:00
18	672	10.37	Adam Hennesy	M-Sen	7	Honiton Rc	11:26:00
19	661	10.42	Cameron Bryson	M-U15	1	Exeter	10:30:00
20	647	10.47	Charlie Arnold	M-U15	2	Honiton Running Club - Juniors	11:00:00
21	667	10.49	Pierre Terlinden-Ruhl	M-Sen	8	Exeter University Ac	11:00:00
22	663	10.51	Nicky Savill	F-Sen	2	South West Road Runners	10:45:00
23	666	10.52	John Garrity	M-M45	1	Exmouth Harriers	11:00:00
24	648	10.54	Paul Hindle	M-35+	3	Newton Abbot Ac	10:00:00
25	655	10.59	Alison Thorn	F-40+	2	Erme Valley Harriers	10:30:00
26	678	10.59	Simon Chant	M-40+	2	Exeter Triathlon Club	11:30:00
27	670	11.08	James Everidge	M-Sen	9	South West Road Runners	11:15:00
28	668	11.09	Brian Sansom	M-50+	2	Exmouth Harriers	11:10:00



David Lloyd

CLUBS



exeter college



29	700	11.18	Xavier Bly	M-U13	2	Torbay	12:00:00
30	680	11.19	Steve Lang	M-60+	1	South West Veterans Ac	11:30:00
31	669	11.21	Alan Ledger	M-35+	4	Tiverton Harriers	11:11:00
32	698	11.24	Sam Gammon	M-U13	3	Honiton Running Club	12:00:00
33	679	11.26	Alister Ferguson	M-Sen	10	Swrr	11:30:00
34	696	11.29	Martin Mceneny	M-50+	3	Haldon Trail Runners	12:00:00
35	717	11.29	Zachary Harland	M-U17	2	Swrr	13:00:00
36	688	11.30	Jim Durston	M-50+	4	South West Road Runners	12:00:00
37	671	11.32	Fiona German	F-U20	1	Swrr	11:20:00
38	677	11.32	Paul Parker	M-35+	5		11:30:00
39	683	11.34	Richard Bishop	M-50+	5	Exmouth Harriers Aac	11:40:00
40	712	11.36	Duncan Knight	M-45+	1	Teignbridge Trotters	13:00:00
41	691	11.37	Lauren Burd	F-U17	1	Tiverton Harriers	12:00:00
42	694	11.39	Kieran Ferris	M-Sen	11	Southwest Road Runners	12:00:00
43	689	11.39	Andy Macmillan	M-50+	6	South West Road Runner	12:00:00
44	686	11.43	Hannah Bown	F-35+	1	Exmouth Harriers	11:45:00
45	692	11.44	Naomi Flanagan	F-Sen	3	Torbay Aac	12:00:00
46	707	11.45	Kevin Butt	M-40+	3	Tiverton Harriers	12:30:00
47	697	11.48	Lachlan Rooney	M-U20	4	Swrr	12:00:00
48	703	11.49	Olli Smith	M-U15	3	Exeter Tri	0:00:00
49	685	11.52	Richard Stone	M-35+	6	South West Road Runners	11:45:00
50	687	11.55	Ian Mortimer	M-50+	7		11:45:00
51	702	12.02	Andrew Johnson	M-50+	8	Exmouth Harriers	12:15:00
52	682	12.04	Des White	M-60+	2	Exmouth Harriers Aac	11:36:00
53	701	12.06	Dan Bly	M-45+	2	Unaffiliated	12:00:00
54	673	12.14	Gary Watson	M-60+	3	Teignbridge Trotters	11:30:00
55	710	12.15	Rob Sweet	M-40+	4		12:30:00
56	684	12.21	Stephen Wilbraham	M-45+	3	Torbay Athletic Club	11:45:00
57	714	12.25	Dominic Harrower	M-U20	5	South West Road Runners	13:00:00
58	734	12.26	Finn Upsher	M-U13	4	Honiton Running Club	14:30:00
59	665	12.28	Courtney Howard	F-U20	2	Exeter Harriers	11:00:00
60	713	12.28	Michael Thomas	M-U18	1	Honiton Running Club	13:00:00
61	705	12.29	Jeffrey Curd	M-50+	9	Tiverton Harriers	12:30:00
62	720	12.30	Mia Ractliff	F-U13	1	Torbay Aac	13:30:00
63	711	12.31	Clive Osmond	M-55+	1	Les Croupiers	12:50:00
64	699	12.32	Emma White	F-Sen	4	Exmouth Harriers	12:00:00
65	706	12.36	Julie Hedges	F-55+	1	South West Road Runners	12:30:00
66	727	12.37	Steve Cain	M-35+	7	South West Road Runners	14:00:00
67	709	12.39	Josie Ratcliff	F-U17	2	Torbay Aac	12:30:00

<b>68</b>	731	12.39	Suzie Tosh	F-40+	3	South West Road Runners	14:00:00
<b>69</b>	719	12.41	Nathan Luxton	M-Sen	12	Wednesday Wobblers	13:30:00
<b>70</b>	725	12.41	Lewis Jones	M-65+	1	South West Road Runners	13:00:00
<b>71</b>	715	12.42	Karen Cook	F-60+	1	Swrr	13:00:00
<b>72</b>	739	13.01	Daniel Vayle	M-35+	8	South West Military Fitness	15:00:00
<b>73</b>	716	13.02	Jenny Reay	F-55+	2	0.00	13:00:00
<b>74</b>	718	13.15	Bob Small	M-65+	2	Newton Abbot Ac	13:25:00
<b>75</b>	736	13.15	Kim Knight	F-45+	1	Teignbridge Trotters	15:00:00
<b>76</b>	740	13.19	Piper Leisk	F-U13	2	Honiton Juniors	15:00:00
<b>77</b>	730	13.21	Gareth Dow	M-50+	10	Swrr	14:00:00
<b>78</b>	722	13.23	Freya Richold	F-U17	3	South West Road Runners	13:30:00
<b>79</b>	729	13.26	Hayley Ratcliff	F-50+	1	Torbay Aac	14:00:00
<b>80</b>	721	13.29	Jack Plumer	M-U13	5	South West Road Runners	13:30:00
<b>81</b>	723	13.52	Eamon Crowe	M-50+	11	Teignbridge Trotters	13:30:00
<b>82</b>	735	13.58	Sara Jane Crozier	F-45+	2	Torbay Aac	14:35:00
<b>83</b>	724	14.20	Alison White	F-60+	2	Exmouth Harriers Aac	13:50:00
<b>84</b>	728	14.34	Kathryn Hough	F-55+	3	South West Road Runners	14:00:00
<b>85</b>	747	15.42	Tina Caunter	F-55+	4	Teignbridge Trotters	15:00:00
<b>86</b>	742	15.45	Bethany Sampson	F-U17	4	South West Road Runners	15:30:00
<b>87</b>	744	15.46	Edward Brain	M-U15	4		16:00:00