



RUN EXE SUMMER 5k SERIES

Round 2 : Tuesday 1st May 2018

RESULTS

Pos	No	Time	Name	Cat	Cat Rank	Club	Spot Prize
1	331	0:15:54	Ben Neale	MSen	1	Tavistock Run Project	
2	410	0:15:57	Adam Holland	MSen	2	Tavistock AC	
3	321	0:15:58	Johnny Livingstone	MU15	1	Exeter Harriers	
4	497	0:16:03	Tim Gordon	MSen	3	Uni of Exeter Triathlon Club	
5	284	0:16:09	Callum Crawford	MSen	4	Exeter Harriers	
6	424	0:16:21	Sam Hopton	MSen	5	SWRR	
7	379	0:16:23	Jamie Barnett	MSen	6	Teignbridge Trotters	
8	342	0:16:26	Tim Pratt	MSen	7	Teignbridge Trotters	
9	384	0:16:33	Ollie Thorgood	MSen	8	SWRR	
10	383	0:16:46	Peter Monaghan	M50+	1	Torbay AC	
11	471	0:16:49	Kevin Woodard	MSen	9	Teignbridge Trotters	
12	451	0:16:58	Tom Brew	MU20	1	TAC	
13	480	0:17:04	Daryl Milford	M45+	1	Maverick Runners	
14	469	0:17:10	Thomas Curtis	MSen	10	0	
15	452	0:17:14	Jody Bee	M35+	1	SWRR	
16	414	0:17:15	Dominic Spayne	M35+	2	Maverick Runners	
17	489	0:17:27	Miles Woolnough	MSen	11	SWRR	
18	343	0:17:44	Matt Prisk	MSen	12	Exeter Harriers	
19	470	0:17:46	Katie Syngé	FSen	1	0	
20	399	0:17:48	Harry Mills	MSen	13	Exeter Harriers	
21	475	0:17:49	Peter Heckles	M35+	3	Exeter Harriers	
22	472	0:18:12	Alex Crump	MSen	14	Haldon Trail Runners	
23	461	0:18:17	Martin Yeo	MSen	15	Greenbow Running Club	YES
24	420	0:18:25	Jamie Howard	M40+	1	SWRR	
25	490	0:18:37	David Wilson	M35+	4	SWRR	
26	408	0:18:48	Nicky Savill	FSen	2	SWRR	
27	499	0:18:52	Julian Cabrera	M50+	2	SWRR	
28	340	0:18:52	Richard Pedrick	MSen	16	South West Road Runners	
29	434	0:18:53	William Daly	MU20	2	Exeter Harriers	

*If you've won a spot prize it will be available for collection at rd 3 on the 5th June



30	426	0:18:53	Simon Chant	M40+	2	Exeter Triathlon	
31	324	0:18:56	Adam Main	M35+	5	Greenbow Running Club	
32	450	0:18:57	Scarlett Livingstone	FU13	1	Exeter Harriers	
33	365	0:19:17	Shaun Vanstone	MSen	17		
34	474	0:19:24	Steve Clark	MSen	18	Exeter UK Runchat	
35	449	0:19:25	Molly Canham	FU17	1	Exeter Harriers	
36	484	0:19:27	Martin Brace	M45+	2	Tiverton Harriers	
37	456	0:19:30	Darren Powell	M45+	3	South West Road Runners	
38	300	0:19:32	Dan Grey	M35+	6	South West Road Runners	
39	492	0:19:33	Will Spencer	MU20	3	Tiverton Harriers	YES
40	454	0:19:36	Samantha Lake	F35+	1	Tavistock Run Project	
41	412	0:19:36	Simon Swift	M50+	3	Erme Valley Harriers	
42	423	0:19:38	Del Pitcher	M45+	4	Route 2 Endurance	
43	460	0:19:38	Mark Newson	M50+	4	Honiton Running Club	
44	325	0:19:39	Hugh Marsden	M55+	1	Exmouth Harriers	
45	437	0:19:42	Christian Robinson	M35+	7	Teignbridge Trotters	
46	467	0:19:43	Daniel Jewell	MSen	19	0	
47	392	0:19:50	Zane Steers	M45+	5	Maverick Runners	
48	483	0:19:58	James Morrison	M40+	3	Tiverton Harriers	
49	465	0:19:59	Chloe Fox	FSen	3	South West Road Runners	
50	406	0:20:02	Alister Ferguson	MSen	20	SWRR	
51	345	0:20:13	Simon Rickard	M40+	4		
52	468	0:20:14	Steve Lang	M60+	1	South West Veterans Ac	
53	292	0:20:15	Barry Frost	M55+	2	Swrr	
54	477	0:20:19	Ryan Lucas	MSen	21	0	
55	391	0:20:21	Lauren Burd	FU20	1	Tiverton Harriers	
56	479	0:20:23	Richard Bishop	M50+	5	Exmouth Harriers	
57	334	0:20:29	Paul Parker	M35+	8	Exeter Harriers	
58	481	0:20:46	Kieran Ferris	MSen	22	SWRR	
59	355	0:20:46	Ethan Sterry	MU20	4	Greenbow Running Club	
60	319	0:20:58	Emilie Lewis	F35+	2	Swrr	
61	486	0:20:59	Hannah Bown	F35+	3	Exmouth Harriers	
62	464	0:21:11	Victoria Hill	F35+	4	South West Road Runners	
63	373	0:21:11	Des White	M60+	2	Exmouth Harriers Aac	
64	413	0:21:12	Joanna Edwards	F50+	1	Erme Valley Harriers	
65	311	0:21:14	Hannah Jones	F40+	1	Teignbridge Trotters	
66	457	0:21:15	Richard Stone	M35+	9	South West Road Runners	
67	371	0:21:16	Darren Westlake	M40+	5	Bristol And West Ac	
68	494	0:21:16	Mike Feighan	M50+	6	SWRR	
69	500	0:21:21	Jo Pearce	F45+	1	SWRR	
70	276	0:21:29	Anthea Board	F50+	2	Haldon Trail Runners	
71	338	0:21:34	Toby Pascoe	MU15	2	Exeter Harriers	
72	287	0:21:39	Julian Easton	M40+	6	Greenbow Running Club	



73	374	0:21:43	Daniel Williams	MU13	1	Tiverton Harriers	
74	347	0:21:49	Ian Russell	M45+	6	Greenbow	
75	491	0:21:55	Phil Spencer	M50+	7	Tiverton Harriers	
76	476	0:22:06	Ian White	M45+	7	SWRR	
77	488	0:22:07	Jemma Marsh	F45+	2	SWRR	
78	485	0:22:17	Aidan Bown	MU13	2	Exmouth Harriers	
79	495	0:22:21	Paul Carr	M35+	10	0	
80	285	0:22:25	Jeff Curd	M50+	8	Tiverton Harriers	
81	297	0:22:41	Rosie Glazier	FSen	4	Swrr	
82	473	0:22:45	Jon Sweet	M50+	9	Greenbon	
83	303	0:22:51	Jane Hardacre	F50+	3	South West Veterans Ac	
84	318	0:23:00	Charles Lee	M40+	7		
85	339	0:23:01	Luke Pascoe	MU13	3	Exeter Harriers	
86	337	0:23:03	Philip Pascoe	M40+	8		YES
87	405	0:23:04	David Moulder	M60+	3	SWRR	
88	455	0:23:06	Tim Synge	M55+	3	Westbury Harriers	
89	290	0:23:07	Steven Forrester	M40+	9	Quay2Fitness	
90	382	0:23:12	Peter Bunyan	M65+	1	South West Veterans Ac	
91	501	0:23:13	Bob Small	M70+	1	Teignbridge Trotters	
92	326	0:23:14	Greg Mimms	MSen	23	Greenbow Running Club	
93	402	0:23:15	Karen Cook	F60+	1	SWRR	
94	436	0:23:16	Harry Theron	MSen	24	0	
95	288	0:23:18	Yvonne Farrell	FSen	5		
96	421	0:23:27	Nicola Davies	F45+	3	Route 2 Endurance	
97	278	0:23:44	Hannah Brown	FSen	6	Tiverton Harriers	YES
98	277	0:23:47	Maria Board	F35+	5		
99	299	0:23:51	Louise Green	F50+	4		
100	346	0:23:54	Darren Roberts	M45+	8	Uk Runchat Exeter	
101	433	0:23:56	Jemima Daly	FU13	2	Honiton Running Club	
102	435	0:23:58	Rebecca Hall	FSen	7	0	
103	458	0:24:14	Aled Gethin	M55+	4	0	
104	286	0:24:20	Emma Dooney	F35+	6	Tavistock Run Project	
105	422	0:24:22	Yusra-Zara Salman	FSen	8	SWRR	
106	317	0:24:37	Kelly Lawson	F40+	2	Greenbow Running Club	
107	462	0:24:38	Heidi Simms	FSen	9	South West Road Runners	
108	463	0:24:43	David Nicholls	MSen	25	0	
109	372	0:24:44	Alison White	F60+	2	Exmouth Harriers Aac	
110	448	0:24:56	Laura Nicholls	FSen	10	South West Road Runners	
111	360	0:25:01	Dawn Teed	F55+	1	Exmouth Harriers	
112	459	0:25:06	Sharon Wells	F50+	5	Honiton Running Club	
113	368	0:25:09	Jonathan Weighell	M40+	10	Tiverton Harriers	
114	411	0:25:16	Daniel Town	MSen	26	0	YES
115	349	0:25:40	Mike Sharpe	MSen	27		



116	376	0:25:43	Liz Wilson	F50+	6	Greenbow	
117	439	0:25:58	Jonathan Getz	M55+	5	Exeter Triathlon Club	
118	466	0:26:08	Kevin Canham	M50+	10	0	
119	453	0:26:14	Ceri-ann Kinch	F35+	7	0	
120	274	0:26:20	Simon Agnew	MSen	28	Heavitree Running Group	
121	442	0:26:24	Peter Ryan	M60+	4	Ilford Ac	
122	482	0:26:28	Lucy Payne	F65+	1	Teignbridge Trotters	
123	419	0:26:32	Alison Cobbin	FSen	11	0	
124	302	0:26:40	Dennis Hall	M55+	6		
125	294	0:26:43	Terry Fullick	M55+	7	Tiverton Harriers	
126	443	0:26:45	Jenna Banat	FSen	12		
127	493	0:27:06	Rachel Oldfield	F35+	8	Maverick Runners	
128	431	0:27:20	Gillian Gratton	FSen	13	0	
129	432	0:27:29	Joe Daly	M45+	9	Honiton Running Club	
130	291	0:27:39	Katie Foster	FSen	14		
131	496	0:27:43	Rachael Brown	F35+	9	0	YES
132	409	0:27:48	Mark Brown	M50+	11	0	
133	370	0:27:51	Kim West	FSen	15	Women On The Run	
134	309	0:28:37	Mark Jelley	M50+	12	South West Road Runners	
135	354	0:28:49	Sarah Stanbury	FSen	16	Women On The Run	
136	444	0:28:51	George Royle	M35+	11		
137	357	0:28:51	Hylida Stewart	F55+	2	Clydesdale Harriers	
138	314	0:29:19	Shelley Kelly	F40+	3		
139	367	0:30:08	Judy Warwick	F45+	4	Women On The Run	
140	478	0:30:13	Carol Sene	F55+	3	Women On The Run	
141	498	0:31:05	Lyn Wonnacott	F55+	4	Women On The Run	
142	447	0:31:16	Megan Lindsay-Bush	FSen	17		
143	487	0:32:01	Dean Cashmore	M50+	13	0	
144	366	0:37:03	Ros Vincent	F50+	7	Women On The Run	