

# COMBINED **AGE CAT** RESULTS FOR ALL #RUNEXE 2018 RACES

Pos	Round	No	Time	Name	Cat	Cat Rank	Club	
105	May	450	0:18:57	Scarlett Livingstone	FU13	1	Exeter Harriers	1
116	July	571	0:19:15	Molly Shorey	FU13	2	Plymouth AC	1
380	June	433	0:23:46	Jemima Daly	FU13	3	Honiton Running Club	1
389	May	433	0:23:56	Jemima Daly	FU13	4	Honiton Running Club	1
415	April	433	0:24:40	Jemima Daly	FU13	5	Honiton Running Club	1
480	July	561	0:27:01	Skye Symons	FU13	6	Honiton juniors running club	1
493	July	556	0:27:47	Maicey Bennett	FU13	7	Honiton Running Club	1
499	July	568	0:28:12	Emma Pollard	FU13	8	Honiton Running Club	1
118	May	449	0:19:25	Molly Canham	FU17	1	Exeter Harriers	3
177	July	565	0:20:05	Carolin Vorbeck	FU17	2	Tavistock Athletic Club	3
181	April	333	0:20:13	Chloe Olford	FU17	3	Newton Abbot	3
190	May	391	0:20:21	Lauren Burd	FU20	1	Tiverton Harriers	4
199	June	391	0:20:27	Lauren Burd	FU20	2	Tiverton Harriers	4
200	July	391	0:20:27	Lauren Burd	FU20	2	Tiverton Harriers	4
205	July	551	0:20:30	Phoebe Killen	FU20	4	Exeter Harriers	4
220	April	387	0:20:49	Fiona German	FU20	5	SWRR	4
240	April	391	0:21:12	Lauren Burd	FU20	6	Tiverton Harriers	4
500	July	564	0:28:22	Beth Sampson	FU20	7	South West Road Runners	4
519	April	308	0:29:41	Chloe Howard	FU20	8		4
43	July	572	0:17:19	Annabel Gummow	FSen	1	Winchester and District	5
48	June	418	0:17:31	Charlie Arnell	FSen	2	Torbay AC	5
50	June	470	0:17:35	Katie Synge	FSen	3		5
60	May	470	0:17:46	Katie Synge	FSen	4		5
64	April	418	0:17:52	Charlie Arnell	FSen	5	Torbay AC	5
90	June	385	0:18:42	Martha Neal	FSen	6	Newton Abbott AC	5
93	May	408	0:18:48	Nicky Savill	FSen	8	SWRR	5
95	July	408	0:18:46	Nicky Savill	FSen	7	SWRR	5
102	April	408	0:18:56	Nicky Savill	FSen	9	SWRR	5
104	April	385	0:18:57	Martha Neal	FSen	10	Newton Abbott AC	5
159	June	465	0:19:49	Chloe Fox	FSen	11	South West Road Runners	5
163	July	465	0:19:51	Chloe Fox	FSen	12	South West Road Runners	5
168	April	401	0:19:58	Ana Caterina Silva G	FSen	13	Exmouth Harriers	5
172	May	465	0:19:59	Chloe Fox	FSen	14	South West Road Runners	5
266	June	543	0:21:32	Joanne Page	FSen	15	Okehampton	5
287	July	297	0:21:50	Rosie Glazier	FSen	16	Swrr	5
324	May	297	0:22:41	Rosie Glazier	FSen	17	Swrr	5
340	June	288	0:23:01	Yvonne Farrell	FSen	18		5
358	June	297	0:23:16	Rosie Glazier	FSen	19	Swrr	5
360	May	288	0:23:18	Yvonne Farrell	FSen	20		5
366	June	435	0:23:27	Rebecca Hall	FSen	21		5
368	April	288	0:23:32	Yvonne Farrell	FSen	22		5
373	April	278	0:23:38	Hannah Brown	FSen	23	Tiverton Harriers	5
375	July	435	0:23:40	Rebecca Hall	FSen	24	0	5
378	May	278	0:23:44	Hannah Brown	FSen	25	Tiverton Harriers	5
388	July	288	0:23:55	Yvonne Farrell	FSen	26		5
390	May	435	0:23:58	Rebecca Hall	FSen	27		5
392	April	297	0:24:05	Rosie Glazier	FSen	28	Swrr	5
399	May	422	0:24:22	Yusra-Zara Salman	FSen	29	SWRR	5
408	April	422	0:24:37	Yusra-Zara Salman	FSen	30	SWRR	5
411	May	462	0:24:38	Heidi Simms	FSen	31	South West Road Runners	5

414	July	422	0:24:39	Yusra-Zara Salman	FSen	32	SWRR	5
416	April	435	0:24:41	Rebecca Hall	FSen	33		5
427	May	448	0:24:56	Laura Nicholls	FSen	34	South West Road Runners	5
435	July	555	0:25:02	Louise Bennett	FSen	35	None	5
450	July	291	0:25:46	Katie Foster	FSen	36		5
457	June	443	0:26:08	Jenna Banat	FSen	37		5
467	April	291	0:26:30	Katie Foster	FSen	38		5
468	May	419	0:26:32	Alison Cobbin	FSen	39		5
473	May	443	0:26:45	Jenna Banat	FSen	40		5
476	April	419	0:26:54	Alison Cobbin	FSen	41		5
483	May	431	0:27:20	Gillian Gratton	FSen	42		5
488	June	431	0:27:31	Gillian Gratton	FSen	43		5
489	May	291	0:27:39	Katie Foster	FSen	44		5
495	May	370	0:27:51	Kim West	FSen	45	Women On The Run	5
496	June	370	0:27:54	Kim West	FSen	46	Women On The Run	5
497	June	291	0:27:58	Katie Foster	FSen	47		5
498	July	370	0:28:04	Kim West	FSen	48	Women On The Run	5
501	July	354	0:28:28	Sarah Stanbury	FSen	49	Women On The Run	5
502	April	431	0:28:31	Gillian Gratton	FSen	50		5
507	April	354	0:28:38	Sarah Stanbury	FSen	51	Women On The Run	5
508	April	370	0:28:39	Kim West	FSen	52	Women On The Run	5
510	May	354	0:28:49	Sarah Stanbury	FSen	53	Women On The Run	5
532	May	447	0:31:16	Megan Lindsay-Bush	FSen	54		5
132	May	454	0:19:36	Samantha Lake	F35+	1	Tavistock Run Project	6
180	June	486	0:20:11	Hannah Bown	F35+	2	Exmouth Harriers	6
201	July	552	0:20:27	Amy Carey-Jones	F35+	3	South West Road Runners	6
210	July	486	0:20:37	Hannah Bown	F35+	4	Exmouth Harriers	6
222	June	319	0:20:50	Emilie Lewis	F35+	5	Swrr	6
226	May	319	0:20:58	Emilie Lewis	F35+	6	Swrr	6
227	July	319	0:20:58	Emilie Lewis	F35+	6	Swrr	6
228	May	486	0:20:59	Hannah Bown	F35+	8	Exmouth Harriers	6
236	May	464	0:21:11	Victoria Hill	F35+	9	South West Road Runners	6
243	June	510	0:21:13	Kate Maslin	F35+	10	Hedge End Running Club	6
248	April	319	0:21:15	Emilie Lewis	F35+	11	Swrr	6
252	June	523	0:21:17	Karen Shapland	F35+	12	Bideford AC	6
295	April	428	0:21:58	Kate Baker	F35+	13	Exmouth Harriers	6
297	April	398	0:21:59	Claire McKenna	F35+	14	Maverick Runners	6
361	June	277	0:23:20	Maria Board	F35+	15		6
371	April	286	0:23:36	Emma Dooney	F35+	16	Tavistock Run Project	6
381	May	277	0:23:47	Maria Board	F35+	17		6
397	May	286	0:24:20	Emma Dooney	F35+	18	Tavistock Run Project	6
398	April	277	0:24:22	Maria Board	F35+	19		6
412	April	293	0:24:39	Julia Fuell	F35+	20	Maverick Runners	6
419	June	293	0:24:45	Julia Fuell	F35+	21	Maverick Runners	6
429	June	545	0:25:00	Karen Gear	F35+	22	South West Vets	6
460	May	453	0:26:14	Ceri-ann Kinch	F35+	23		6
461	July	453	0:26:15	Ceri-ann Kinch	F35+	24	0	6
481	May	493	0:27:06	Rachael Oldfield	F35+	25	Maverick Runners	6
486	April	369	0:27:29	Liz Wells	F35+	26		6
490	May	496	0:27:43	Rachael Brown	F35+	27		6
491	June	493	0:27:43	Rachael Oldfield	F35+	27	Maverick Runners	6
511	June	496	0:28:49	Rachael Brown	F35+	29		6
515	June	375	0:28:54	Kirstin Williams	F35+	30		6
516	April	375	0:28:59	Kirstin Williams	F35+	31		6
534	April	289	0:31:26	Alison Fewins	F35+	32	Heavitree Running Group	6
88	June	390	0:18:37	Serane Stone	F40+	1	Tiverton Harriers	7
107	July	390	0:18:49	Serane Stone	F40+	2	Tiverton Harriers	7
106	April	390	0:19:00	Serane Stone	F40+	3	Tiverton Harriers	7
140	July	583	0:19:37	Melanie Brook	F40+	4	Dawlish Coasters	7

229	June	537	0:21:02	Helen Kirby	F40+	5	Tiverton Harriers	7
245	May	311	0:21:14	Hannah Jones	F40+	6	Teignbridge Trotters	7
255	April	311	0:21:20	Hannah Jones	F40+	7	Teignbridge Trotters	7
284	April	427	0:21:48	Louise Hempstead	F40+	8	Exmouth Harriers	7
298	June	538	0:22:00	Suzie Tosh	F40+	9	SWRR	7
308	June	311	0:22:14	Hannah Jones	F40+	10	Teignbridge Trotters	7
310	July	538	0:22:17	Suzie Tosh	F40+	11	SWRR	7
342	April	386	0:23:03	Sarah Pike	F40+	12	Teignbridge Trotters	7
407	April	283	0:24:37	Beth Court	F40+	13		7
409	May	317	0:24:37	Kelly Lawson	F40+	13	Greenbow Running Club	7
428	April	313	0:25:00	Emily Kaye	F40+	15	Greenbow Running Club	7
436	April	317	0:25:03	Kelly Lawson	F40+	16	Greenbow Running Club	7
518	May	314	0:29:19	Shelley Kelly	F40+	17		7
521	April	314	0:30:05	Shelley Kelly	F40+	18		7
523	April	312	0:30:13	Cara Kaya	F40+	19	Greenbow Running Club	7
527	June	314	0:30:26	Shelley Kelly	F40+	20		7
257	May	500	0:21:21	Jo Pearce	F45+	1	SWRR	8
272	June	488	0:21:36	Jemma Marsh	F45+	2	SWRR	8
289	July	488	0:21:52	Jemma Marsh	F45+	3	SWRR	8
301	July	582	0:22:04	Kathryn Steemson	F45+	4	Teignbridge Trotters	8
304	May	488	0:22:07	Jemma Marsh	F45+	5	SWRR	8
352	June	421	0:23:13	Nicola Davies	F45+	6	Route 2 Endurance	8
365	May	421	0:23:27	Nicola Davies	F45+	7	Route 2 Endurance	8
370	June	542	0:23:33	Jo Bradford	F45+	8	Okehampton	8
374	July	542	0:23:38	Jo Bradford	F45+	9	Okehampton	8
401	April	421	0:24:26	Nicola Davies	F45+	10	Route 2 Endurance	8
441	July	576	0:25:13	Julie Belshaw	F45+	11	South west road runners	8
454	July	577	0:25:58	Geraldine Walter	F45+	12	Okehampton Running Club	8
522	May	367	0:30:08	Judy Warwick	F45+	13	Women On The Run	8
530	April	367	0:31:11	Judy Warwick	F45+	14	Women On The Run	8
531	June	367	0:31:12	Judy Warwick	F45+	15	Women On The Run	8
535	April	341	0:31:26	Sarah Plowman	F45+	16	Heavitree Running Group	8
539	July	367	0:33:01	Judy Warwick	F45+	17	Women On The Run	8
231	June	276	0:21:04	Anthea Board	F50+	1	Haldon Trail Runners	9
241	May	413	0:21:12	Joanna Edwards	F50+	2	Erme Valley Harriers	9
259	April	276	0:21:23	Anthea Board	F50+	3	Haldon Trail Runners	9
264	May	276	0:21:29	Anthea Board	F50+	4	Haldon Trail Runners	9
271	April	413	0:21:36	Joanna Edwards	F50+	5	Erme Valley Harriers	9
278	July	276	0:21:41	Anthea Board	F50+	6	Haldon Trail Runners	9
319	June	303	0:22:31	Jane Hardacre	F50+	7	South West Veterans Ac	9
334	May	303	0:22:51	Jane Hardacre	F50+	8	South West Veterans Ac	9
359	April	303	0:23:17	Jane Hardacre	F50+	9	South West Veterans Ac	9
383	May	299	0:23:51	Louise Green	F50+	10		9
386	June	299	0:23:55	Louise Green	F50+	11		9
393	April	429	0:24:08	Sara Crocier	F50+	12	Torbay AC	9
404	April	381	0:24:33	Laraine Gibbins	F50+	13	Dawlish Coasters	9
413	June	540	0:24:39	Caroline Tait	F50+	14	SWRR	9
420	April	299	0:24:47	Louise Green	F50+	15		9
422	June	459	0:24:50	Sharon Wells	F50+	16	Honiton Running Club	9
434	July	540	0:25:01	Caroline Tait	F50+	17	SWRR	9
438	May	459	0:25:06	Sharon Wells	F50+	18	Honiton Running Club	9
439	April	296	0:25:08	Lynda Garcia	F50+	19	South West Road Runners	9
443	July	381	0:25:19	Laraine Gibbins	F50+	20	Dawlish Coasters	9
449	May	376	0:25:43	Liz Wilson	F50+	21	Greenbow	9
451	July	296	0:25:49	Lynda Garcia	F50+	22	South West Road Runners	9
455	June	376	0:26:04	Liz Wilson	F50+	23	Greenbow	9
464	April	376	0:26:24	Liz Wilson	F50+	24	Greenbow	9
471	April	298	0:26:43	Lynne Govier	F50+	25	Q2F	9
503	June	526	0:28:34	Lotte Smith	F50+	26	Okehampton	9

537	July	416	0:32:17	Heather Fitzsimmons	F50+	27	0	9
538	April	416	0:32:42	Heather Fitzsimmons	F50+	28		9
540	June	416	0:33:32	Heather Fitzsimmons	F50+	29		9
542	June	366	0:35:40	Ros Vincent	F50+	30	Women On The Run	9
543	July	366	0:36:31	Ros Vincent	F50+	31	Women On The Run	9
544	May	366	0:37:03	Ros Vincent	F50+	32	Women On The Run	9
545	April	366	0:38:34	Ros Vincent	F50+	33	Women On The Run	9
283	June	511	0:21:46	Julie Hedges	F55+	1	Southwest Roadrunners	10
311	April	305	0:22:18	Susan Hill	F55+	2	Exmouth Harriers	10
332	July	305	0:22:50	Susan Hill	F55+	3	Exmouth Harriers	10
348	July	550	0:23:11	Kerry Bell	F55+	4	South Devon AC	10
425	June	360	0:24:53	Dawn Teed	F55+	5	Exmouth Harriers	10
431	May	360	0:25:01	Dawn Teed	F55+	6	Exmouth Harriers	10
446	April	360	0:25:39	Dawn Teed	F55+	7	Exmouth Harriers	10
448	July	360	0:25:40	Dawn Teed	F55+	8	Exmouth Harriers	10
485	July	357	0:27:25	Hylde Stewart	F55+	9	Clydesdale Harriers	10
492	June	357	0:27:46	Hylde Stewart	F55+	10	Clydesdale Harriers	10
513	May	357	0:28:51	Hylde Stewart	F55+	11	Clydesdale Harriers	10
520	April	357	0:29:51	Hylde Stewart	F55+	12	Clydesdale Harriers	10
524	May	478	0:30:13	Carol Sene	F55+	13	Women On The Run	10
526	June	498	0:30:24	Lyn Wonnacott	F55+	14	Women On The Run	10
528	July	498	0:30:34	Lyn Wonnacott	F55+	15	Women On The Run	10
529	May	498	0:31:05	Lyn Wonnacott	F55+	16	Women On The Run	10
333	April	402	0:22:51	Karen Cook	F60+	1	SWRR	11
337	June	402	0:22:55	Karen Cook	F60+	2	SWRR	11
355	May	402	0:23:15	Karen Cook	F60+	3	SWRR	11
356	July	402	0:23:15	Karen Cook	F60+	3	SWRR	11
418	May	372	0:24:44	Alison White	F60+	5	Exmouth Harriers Aac	11
445	April	430	0:25:34	Kay Douglas	F60+	6		11
452	April	372	0:25:56	Alison White	F60+	7	Exmouth Harriers Aac	11
533	April	282	0:31:22	Sue Costello	F60+	8		11
466	May	482	0:26:28	Lucy Payne	F65+	1	Teignbridge Trotters	11
218	July	374	0:20:46	Daniel Williams	MU13	1	Tiverton Harriers	12
246	June	374	0:21:14	Daniel Williams	MU13	2	Tiverton Harriers	12
253	July	567	0:21:17	Alfie Gibbins	MU13	3	Honiton Running Club	12
258	April	374	0:21:22	Daniel Williams	MU13	4	Tiverton Harriers	12
261	June	485	0:21:26	Aidan Bown	MU13	5	Exmouth Harriers	12
279	May	374	0:21:43	Daniel Williams	MU13	6	Tiverton Harriers	12
280	July	339	0:21:44	Luke Pascoe	MU13	7	Exeter Harriers	12
293	June	339	0:21:55	Luke Pascoe	MU13	8	Exeter Harriers	12
309	May	485	0:22:17	Aidan Bown	MU13	9	Exmouth Harriers	12
323	April	339	0:22:40	Luke Pascoe	MU13	10	Exeter Harriers	12
339	May	339	0:23:01	Luke Pascoe	MU13	11	Exeter Harriers	12
541	April	394	0:35:15	Max Renton	MU13	12	Torbay AC	12
5	May	321	0:15:58	Johnny Livingstone	MU15	1	Exeter Harriers	13
23	April	321	0:16:38	Johnny Livingstone	MU15	2	Exeter Harriers	13
44	July	566	0:17:26	Charlie Arnold	MU15	3	Honiton	13
54	April	404	0:17:41	Oliver Capps	MU15	4	Exeter Harriers	13
269	May	338	0:21:34	Toby Pascoe	MU15	5	Exeter Harriers	13
313	June	338	0:22:19	Toby Pascoe	MU15	6	Exeter Harriers	13
321	July	562	0:22:34	Ben Totten	MU15	7	Honiton Running Club	13
391	April	338	0:24:04	Toby Pascoe	MU15	8	Exeter Harriers	13
7	April	352	0:16:00	Oliver Smart	MU17	1	Trp	14
69	April	353	0:17:59	Edward Smart	MU17	2	Trp	14
78	April	362	0:18:15	Jacob Thomas-Hegal	MU17	3	Tavistock Run Project	14
34	May	451	0:16:58	Tom Brew	MU20	1	TAC	15
39	April	330	0:17:11	Elliot Moran	MU20	2	Exeter Harriers	15
56	April	388	0:17:43	Tc Chulu	MU20	3	SWRR	15
99	May	434	0:18:53	William Daly	MU20	4	Exeter Harriers	15

124	June	529	0:19:30	Harry German	MU20	5	SWRR	15
128	May	492	0:19:33	Will Spencer	MU20	6	Tiverton Harriers	15
143	June	492	0:19:39	Will Spencer	MU20	7	Tiverton Harriers	15
144	June	355	0:19:39	Ethan Sterry	MU20	7	Greenbow Running Club	15
151	July	492	0:19:43	Will Spencer	MU20	9	Tiverton Harriers	15
152	July	529	0:19:45	Harry German	MU20	10	SWRR	15
206	April	355	0:20:31	Ethan Sterry	MU20	11	Greenbow Running Club	15
217	May	355	0:20:46	Ethan Sterry	MU20	12	Greenbow Running Club	15
232	April	434	0:21:06	William Daly	MU20	13	Exeter Harriers	15
277	July	355	0:21:40	Ethan Sterry	MU20	14	Greenbow Running Club	15
1	June	536	0:15:10	Tom Merson	MSen	1	Exmouth Harriers	16
2	June	410	0:15:43	Adam Holland	MSen	2	Tavistock AC	16
3	May	331	0:15:54	Ben Neale	MSen	3	Tavistock Run Project	16
4	May	410	0:15:57	Adam Holland	MSen	4	Tavistock AC	16
6	April	331	0:15:59	Ben Neale	MSen	5	Tavistock Run Project	16
8	May	497	0:16:03	Tim Gordon	MSen	6	Uni of Exeter Triathlon Club	16
9	June	284	0:16:04	Callum Crawford	MSen	7	Exeter Harriers	16
10	June	508	0:16:06	Ben Holmes	MSen	8	Exeter University	16
11	April	379	0:16:09	Jamie Barnett	MSen	9	Teignbridge Trotters	16
12	May	284	0:16:09	Callum Crawford	MSen	9	Exeter Harriers	16
13	April	410	0:16:13	Adam Holland	MSen	11	Tavistock AC	16
14	June	379	0:16:18	Jamie Barnett	MSen	12	Teignbridge Trotters	16
15	May	424	0:16:21	Sam Hopton	MSen	13	SWRR	16
16	April	424	0:16:22	Sam Hopton	MSen	14	SWRR	16
17	May	379	0:16:23	Jamie Barnett	MSen	15	Teignbridge Trotters	16
18	July	284	0:16:23	Callum Crawford	MSen	15	Exeter Harriers	16
19	May	342	0:16:26	Tim Pratt	MSen	17	Teignbridge Trotters	16
21	April	284	0:16:30	Callum Crawford	MSen	18	Exeter Harriers	16
22	May	384	0:16:33	Ollie Thorgood	MSen	19	SWRR	16
24	June	532	0:16:43	Steve Fletcher	MSen	20	Plymouth Harriers	16
25	July	384	0:16:44	Ollie Thorgood	MSen	21	SWRR	16
28	May	471	0:16:49	Kevin Woodard	MSen	22	Teignbridge Trotters	16
29	April	400	0:16:52	Berihu Hadera	MSen	23	Exmouth Harriers	16
30	April	342	0:16:53	Tim Pratt	MSen	24	Teignbridge Trotters	16
31	April	384	0:16:56	Ollie Thorgood	MSen	25	SWRR	16
38	May	469	0:17:10	Thomas Curtis	MSen	26		16
42	June	343	0:17:19	Matt Prisk	MSen	27	Exeter Harriers	16
45	May	489	0:17:27	Miles Woolnough	MSen	28	SWRR	16
46	July	343	0:17:28	Matt Prisk	MSen	29	Exeter Harriers	16
49	June	514	0:17:32	Matthew Menary	MSen	30	Haldon Trail Runners	16
51	June	472	0:17:36	Alex Crump	MSen	31	Haldon Trail Runners	16
55	June	399	0:17:41	Harry Mills	MSen	32	Exeter Harriers	16
57	April	343	0:17:43	Matt Prisk	MSen	33	Exeter Harriers	16
58	May	343	0:17:44	Matt Prisk	MSen	34	Exeter Harriers	16
59	July	560	0:17:45	Tom Whitworth	MSen	35	0	16
61	May	399	0:17:48	Harry Mills	MSen	36	Exeter Harriers	16
65	June	549	0:17:55	Miko Cadeddu	MSen	37	SWRR	16
66	June	397	0:17:56	Howard Bailey	MSen	38	Exeter Harriers	16
67	July	514	0:17:56	Matthew Menary	MSen	38	Haldon Trail Runners	16
68	April	399	0:17:57	Harry Mills	MSen	40	Exeter Harriers	16
72	July	399	0:18:01	Harry Mills	MSen	41	Exeter Harriers	16
73	June	533	0:18:02	Mike Lesniak	MSen	42	South Molton Strugglers	16
75	April	377	0:18:10	Shaun Yeoman	MSen	43	Maverick Runners	16
76	April	397	0:18:12	Howard Bailey	MSen	44	Exeter Harriers	16
77	May	472	0:18:12	Alex Crump	MSen	44	Haldon Trail Runners	16
79	May	461	0:18:17	Martin Yeo	MSen	46	Greenbow Running Club	16
80	July	397	0:18:22	Howard Bailey	MSen	47	Exeter Harriers	16
86	June	340	0:18:34	Richard Pedrick	MSen	48	South West Road Runners	16
89	June	365	0:18:39	Shaun Vanstone	MSen	49	South West Road Runners	16

97	May	340	0:18:52	Richard Pedrick	MSen	50	South West Road Runners	16
108	June	407	0:19:13	Ash Voralia	MSen	52		16
110	July	535	0:19:12	Jan Dolezel	MSen	51	Haldon Trail Runners	16
111	June	535	0:19:16	Jan Dolezel	MSen	53	Haldon Trail Runners	16
113	May	365	0:19:17	Shaun Vanstone	MSen	54	South West Road Runners	16
115	June	531	0:19:23	Mike Pearce	MSen	55	SWRR	16
117	May	474	0:19:24	Steve Clark	MSen	57	Exeter UK Runchat	16
121	April	340	0:19:29	Richard Pedrick	MSen	58	South West Road Runners	16
122	July	554	0:19:23	Graham Bryant	MSen	55	Okehampton RC	16
131	June	503	0:19:35	James Everdge	MSen	59		16
147	June	548	0:19:42	Scott Hunter	MSen	60	SWRR	16
148	April	365	0:19:43	Shaun Vanstone	MSen	61	South West Road Runners	16
149	May	467	0:19:43	Daniel Jewell	MSen	61		16
155	April	407	0:19:48	Ash Voralia	MSen	63		16
158	July	323	0:19:48	Nathan Luxton	MSen	63	Tiverton Harriers	16
161	June	406	0:19:50	Alister Ferguson	MSen	65	SWRR	16
166	April	364	0:19:55	Steve Toomey	MSen	66	Exmouth Harriers	16
173	May	406	0:20:02	Alister Ferguson	MSen	67	SWRR	16
175	April	327	0:20:04	Mustafa Mohammed	MSen	68		16
178	April	406	0:20:08	Alister Ferguson	MSen	69	SWRR	16
179	June	502	0:20:08	Sonny Harvey	MSen	69	Torbay Ac	16
188	May	477	0:20:19	Ryan Lucas	MSen	71		16
191	June	534	0:20:21	Adam Drzyzga	MSen	72		16
192	June	364	0:20:22	Steve Toomey	MSen	73	Exmouth Harriers	16
197	June	323	0:20:26	Nathan Luxton	MSen	74	Tiverton Harriers	16
207	July	406	0:20:32	Alister Ferguson	MSen	75	SWRR	16
215	June	481	0:20:44	Kieran Ferris	MSen	76	SWRR	16
216	May	481	0:20:46	Kieran Ferris	MSen	77	SWRR	16
221	June	477	0:20:50	Ryan Lucas	MSen	78		16
223	July	481	0:20:52	Kieran Ferris	MSen	79	SWRR	16
235	April	438	0:21:11	Rory Barrow	MSen	80		16
239	April	323	0:21:12	Nathan Luxton	MSen	81	Tiverton Harriers	16
244	April	363	0:21:14	Benjamin Thomson	MSen	82		16
281	April	322	0:21:45	Sam Low	MSen	83		16
312	June	436	0:22:18	Harry Theron	MSen	84		16
354	May	326	0:23:14	Greg Mimms	MSen	85	Greenbow Running Club	16
357	May	436	0:23:16	Harry Theron	MSen	86		16
369	April	326	0:23:33	Greg Mimms	MSen	87	Greenbow Running Club	16
387	June	326	0:23:55	Greg Mimms	MSen	88	Greenbow Running Club	16
396	July	274	0:24:17	Simon Agnew	MSen	89	Heavitree Running Group	16
400	April	436	0:24:25	Harry Theron	MSen	90		16
402	June	274	0:24:27	Simon Agnew	MSen	91	Heavitree Running Group	16
403	July	349	0:24:30	Mike Sharpe	MSen	92		16
417	May	463	0:24:43	David Nicholls	MSen	93		16
423	April	349	0:24:52	Mike Sharpe	MSen	94		16
426	April	274	0:24:54	Simon Agnew	MSen	95	Heavitree Running Group	16
437	April	411	0:25:05	Daniel Town	MSen	96		16
442	May	411	0:25:16	Daniel Town	MSen	97		16
447	May	349	0:25:40	Mike Sharpe	MSen	98		16
463	May	274	0:26:20	Simon Agnew	MSen	99	Heavitree Running Group	16
479	April	329	0:27:00	Ryan Moore	MSen	100	Greenbow Running Club	16
32	June	414	0:16:57	Dominic Spayne	M35+	1	Maverick Runners	17
40	May	452	0:17:14	Jody Bee	M35+	2	SWRR	17
41	May	414	0:17:15	Dominic Spayne	M35+	3	Maverick Runners	17
53	April	414	0:17:40	Dominic Spayne	M35+	4	Maverick Runners	17
62	June	475	0:17:48	Peter Heckles	M35+	5	Exeter Harriers	17
63	May	475	0:17:49	Peter Heckles	M35+	6	Exeter Harriers	17
70	June	521	0:17:59	Ben Stone	M35+	7	Exeter Harriers	17
71	July	475	0:18:00	Peter Heckles	M35+	8	Exeter Harriers	17

92	July	553	0:18:32	Scott Jamieson	M35+	9	Royal Navy AC	17
87	May	490	0:18:37	David Wilson	M35+	10	SWRR	17
94	June	324	0:18:49	Adam Main	M35+	11	Greenbow Running Club	17
103	May	324	0:18:56	Adam Main	M35+	12	Greenbow Running Club	17
109	June	490	0:19:15	David Wilson	M35+	13	SWRR	17
127	May	300	0:19:32	Dan Grey	M35+	14	South West Road Runners	17
129	April	324	0:19:34	Adam Main	M35+	15	Greenbow Running Club	17
139	June	300	0:19:38	Dan Grey	M35+	16	South West Road Runners	17
146	May	437	0:19:42	Christian Robinson	M35+	17	Teignbridge Trotters	17
154	April	281	0:19:47	Rab Churchill	M35+	18	Greenbow	17
156	April	300	0:19:48	Dan Grey	M35+	19	South West Road Runners	17
157	June	547	0:19:48	Adam Paulley	M35+	19	Black Pear Joggers	17
170	June	515	0:19:58	Andy Harvey	M35+	21		17
185	April	334	0:20:17	Paul Parker	M35+	22	Exeter Harriers	17
198	July	509	0:20:26	Alan Ledger	M35+	23	Tiverton Harriers	17
203	May	334	0:20:29	Paul Parker	M35+	24	Exeter Harriers	17
211	April	437	0:20:38	Christian Robinson	M35+	25	Teignbridge Trotters	17
212	June	509	0:20:38	Alan Ledger	M35+	25	Tiverton Harriers	17
230	April	396	0:21:03	Craig Week	M35+	27		17
249	May	457	0:21:15	Richard Stone	M35+	28	South West Road Runners	17
260	July	457	0:21:23	Richard Stone	M35+	29	South West Road Runners	17
305	June	495	0:22:08	Paul Carr	M35+	30		17
314	May	495	0:22:21	Paul Carr	M35+	31		17
372	April	332	0:23:36	Matthew Olczak	M35+	32		17
405	April	351	0:24:36	Hugh Slater	M35+	33	South Devon Athletic Club	17
474	June	444	0:26:46	George Royle	M35+	34		17
512	May	444	0:28:51	George Royle	M35+	35		17
20	June	522	0:16:26	Tim Watson	M40+	1	Bristol AC	18
81	April	420	0:18:25	Jamie Howard	M40+	2	SWRR	18
82	May	420	0:18:25	Jamie Howard	M40+	2	SWRR	18
83	July	569	0:18:26	Richard McCollum	M40+	4	0	18
100	May	426	0:18:53	Simon Chant	M40+	5	Exeter Triathlon	18
125	April	426	0:19:31	Simon Chant	M40+	6	Exeter Triathlon	18
142	June	483	0:19:39	James Morrison	M40+	7	Tiverton Harriers	18
162	July	575	0:19:50	Ed Dumbleton	M40+	8	Okehampton running club	18
169	May	483	0:19:58	James Morrison	M40+	9	Tiverton Harriers	18
174	June	516	0:20:02	Dominic Stacey	M40+	10	Swrr	18
182	May	345	0:20:13	Simon Rickard	M40+	11		18
204	June	345	0:20:30	Simon Rickard	M40+	12		18
219	April	345	0:20:47	Simon Rickard	M40+	13		18
224	April	415	0:20:56	Rob Graham	M40+	14	SWRR	18
233	July	371	0:21:06	Darren Westlake	M40+	15	Bristol And West Ac	18
238	June	371	0:21:11	Darren Westlake	M40+	16	Bristol And West Ac	18
242	April	287	0:21:13	Julian Easton	M40+	17	Greenbow Running Club	18
247	July	336	0:21:14	Ian Partridge	M40+	18	South West Road Runners	18
250	May	371	0:21:16	Darren Westlake	M40+	19	Bristol And West Ac	18
275	April	336	0:21:39	Ian Partridge	M40+	20	South West Road Runners	18
276	May	287	0:21:39	Julian Easton	M40+	20	Greenbow Running Club	18
286	June	517	0:21:49	Simon Ruddlesden	M40+	22		18
290	June	287	0:21:53	Julian Easton	M40+	23	Greenbow Running Club	18
291	April	371	0:21:55	Darren Westlake	M40+	24	Bristol And West Ac	18
294	June	336	0:21:57	Ian Partridge	M40+	25	South West Road Runners	18
316	July	337	0:22:28	Philip Pascoe	M40+	26		18
318	April	318	0:22:31	Charles Lee	M40+	27		18
329	June	513	0:22:46	Stephen Collier	M40+	28	South West Road Runners	18
336	June	361	0:22:55	Darren Thomas	M40+	29	Greenbow Running Club	18
338	May	318	0:23:00	Charles Lee	M40+	30		18
343	May	337	0:23:03	Philip Pascoe	M40+	31		18
345	June	290	0:23:04	Steven Forrester	M40+	32	Quay2Fitness	18

347	May	290	0:23:07	Steven Forrester	M40+	33	Quay2Fitness	18
353	April	361	0:23:14	Darren Thomas	M40+	34	Greenbow Running Club	18
362	June	318	0:23:21	Charles Lee	M40+	35		18
379	April	337	0:23:45	Philip Pascoe	M40+	36		18
394	April	290	0:24:11	Steven Forrester	M40+	37	Quay2Fitness	18
410	June	368	0:24:37	Jonathan Weighell	M40+	38	Tiverton Harriers	18
424	April	368	0:24:53	Jonathan Weighell	M40+	39	Tiverton Harriers	18
440	May	368	0:25:09	Jonathan Weighell	M40+	40	Tiverton Harriers	18
484	April	356	0:27:21	Martin Sterry	M40+	41	Greenbow Running Club	18
33	June	518	0:16:57	Stephen Goss	M45+	1	Bristol And West Ac	19
35	June	527	0:17:00	Mike Musgrove	M45+	2		19
37	May	480	0:17:04	Daryl Milford	M45+	3	Maverick Runners	19
74	June	512	0:18:08	Edward Pickering	M45+	4	South West Road Runners	19
84	July	574	0:18:28	Keith Littlewood	M45+	5	Barnsley Athletic Club	19
85	July	389	0:18:31	Jon Garrity	M45+	6	Exmouth Harriers	19
91	June	389	0:18:45	Jon Garrity	M45+	7	Exmouth Harriers	19
112	April	389	0:19:17	Jon Garrity	M45+	8	Exmouth Harriers	19
120	May	484	0:19:27	Martin Brace	M45+	9	Tiverton Harriers	19
123	May	456	0:19:30	Darren Powell	M45+	10	South West Road Runners	19
126	June	423	0:19:31	Del Pitcher	M45+	11	Route 2 Endurance	19
130	June	519	0:19:34	Wayne Trump	M45+	12	Honiton Running Club	19
137	May	423	0:19:38	Del Pitcher	M45+	13	Route 2 Endurance	19
160	May	392	0:19:50	Zane Steers	M45+	14	Maverick Runners	19
164	June	456	0:19:52	Darren Powell	M45+	15	South West Road Runners	19
194	April	392	0:20:24	Zane Steers	M45+	16	Maverick Runners	19
213	April	423	0:20:41	Del Pitcher	M45+	17	Route 2 Endurance	19
225	June	392	0:20:56	Zane Steers	M45+	18	Maverick Runners	19
265	April	295	0:21:31	Ynon Gablinger	M45+	19		19
273	June	476	0:21:37	Ian White	M45+	20	SWRR	19
274	July	476	0:21:38	Ian White	M45+	21	SWRR	19
285	May	347	0:21:49	Ian Russell	M45+	22	Greenbow	19
288	April	347	0:21:51	Ian Russell	M45+	23	Greenbow	19
300	July	347	0:22:02	Ian Russell	M45+	24	Greenbow	19
303	May	476	0:22:06	Ian White	M45+	25	SWRR	19
363	June	346	0:23:23	Darren Roberts	M45+	26	Uk Runchat Exeter	19
384	May	346	0:23:54	Darren Roberts	M45+	27	Uk Runchat Exeter	19
421	July	541	0:24:47	Mark Tait	M45+	28	SWRR	19
432	June	541	0:25:01	Mark Tait	M45+	29	SWRR	19
444	April	393	0:25:32	Hamish Renton	M45+	30	Torbay Tri	19
482	June	304	0:27:12	Richard Hill	M45+	31	Heavitree Running Group	19
487	May	432	0:27:29	Joe Daly	M45+	32	Honiton Running Club	19
504	April	432	0:28:36	Joe Daly	M45+	33	Honiton Running Club	19
517	April	304	0:29:03	Richard Hill	M45+	34	Heavitree Running Group	19
26	May	383	0:16:46	Peter Monaghan	M50+	1	Torbay AC	20
27	June	383	0:16:47	Peter Monaghan	M50+	2	Torbay AC	20
36	April	383	0:17:02	Peter Monaghan	M50+	3	Torbay AC	20
47	July	530	0:17:30	Langdon Williams	M50+	4	Exmouth Harriers	20
52	June	530	0:17:38	Langdon Williams	M50+	5	Exmouth Harriers	20
96	May	499	0:18:52	Julian Cabrera	M50+	6	SWRR	20
98	June	525	0:18:52	Andrew Vernon	M50+	6	Okehampton	20
101	June	544	0:18:54	Andy Thompson	M50+	8		20
114	June	412	0:19:22	Simon Swift	M50+	9	Erme Valley Harriers	20
133	May	412	0:19:36	Simon Swift	M50+	11	Erme Valley Harriers	20
134	July	412	0:19:29	Simon Swift	M50+	10	Erme Valley Harriers	20
136	April	316	0:19:38	Vincent Langdon	M50+	12	South Devon Ac	20
138	May	460	0:19:38	Mark Newson	M50+	12	Honiton Running Club	20
165	July	316	0:19:54	Vincent Langdon	M50+	14	South Devon Ac	20
167	April	412	0:19:58	Simon Swift	M50+	15	Erme Valley Harriers	20
176	July	479	0:20:04	Richard Bishop	M50+	16	Exmouth Harriers	20

187	June	479	0:20:18	Richard Bishop	M50+	17	Exmouth Harriers	20
193	May	479	0:20:23	Richard Bishop	M50+	18	Exmouth Harriers	20
208	June	460	0:20:34	Mark Newson	M50+	19	Honiton Running Club	20
209	June	520	0:20:36	Martin McEneny	M50+	20	Haldon Trail Runners	20
251	May	494	0:21:16	Mike Feighan	M50+	21	SWRR	20
254	June	310	0:21:18	Andrew Johnson	M50+	22	Exmouth Harriers	20
262	July	310	0:21:27	Andrew Johnson	M50+	23	Exmouth Harriers	20
282	June	403	0:21:45	Jonno Johnson	M50+	24	SWRR	20
292	May	491	0:21:55	Phil Spencer	M50+	25	Tiverton Harriers	20
302	June	491	0:22:05	Phil Spencer	M50+	26	Tiverton Harriers	20
315	May	285	0:22:25	Jeff Curd	M50+	27	Tiverton Harriers	20
317	July	491	0:22:30	Phil Spencer	M50+	28	Tiverton Harriers	20
320	July	581	0:22:33	Stephen Boulton	M50+	29	SWRR	20
322	June	539	0:22:36	Ken Lamont	M50+	30	SWRR	20
327	May	473	0:22:45	Jon Sweet	M50+	31	Greenbon	20
328	April	403	0:22:46	Jonno Johnson	M50+	32	SWRR	20
330	April	285	0:22:48	Jeff Curd	M50+	33	Tiverton Harriers	20
335	June	285	0:22:51	Jeff Curd	M50+	34	Tiverton Harriers	20
341	July	285	0:23:02	Jeff Curd	M50+	35	Tiverton Harriers	20
456	May	466	0:26:08	Kevin Canham	M50+	36		20
459	July	558	0:26:11	Paul Whitmarsh	M50+	37	South West Road Runners	20
494	May	409	0:27:48	Mark Brown	M50+	38		20
505	May	309	0:28:37	Mark Jelley	M50+	39	South West Road Runners	20
506	April	409	0:28:38	Mark Brown	M50+	40		20
509	July	309	0:28:47	Mark Jelley	M50+	41	South West Road Runners	20
514	June	309	0:28:52	Mark Jelley	M50+	42	South West Road Runners	20
536	May	487	0:32:01	Dean Cashmore	M50+	43		20
141	May	325	0:19:39	Hugh Marsden	M55+	1	Exmouth Harriers	21
145	April	325	0:19:40	Hugh Marsden	M55+	2	Exmouth Harriers	21
150	June	325	0:19:44	Hugh Marsden	M55+	3	Exmouth Harriers	21
153	July	325	0:19:46	Hugh Marsden	M55+	4	Exmouth Harriers	21
184	May	292	0:20:15	Barry Frost	M55+	5	Swrr	21
186	June	292	0:20:17	Barry Frost	M55+	6	Swrr	21
195	July	292	0:20:24	Barry Frost	M55+	7	Swrr	21
214	July	573	0:20:41	Andy Johnson	M55+	8	Dawlish Coasters	21
263	April	344	0:21:28	Chris Randall	M55+	9		21
267	June	344	0:21:32	Chris Randall	M55+	10		21
270	April	380	0:21:35	Pete Hayward	M55+	11	Teignbridge Trotters	21
299	July	344	0:22:01	Chris Randall	M55+	12		21
325	July	380	0:22:42	Pete Hayward	M55+	13	Teignbridge Trotters	21
326	June	455	0:22:44	Tim Syge	M55+	14	Westbury Harriers	21
346	May	455	0:23:06	Tim Syge	M55+	15	Westbury Harriers	21
382	June	458	0:23:50	Aled Gethin	M55+	16		21
385	April	395	0:23:55	Graham Neal	M55+	17	Newton Abbott AC	21
395	May	458	0:24:14	Aled Gethin	M55+	18		21
406	July	458	0:24:36	Aled Gethin	M55+	19	0	21
453	May	439	0:25:58	Jonathan Getz	M55+	20	Exeter Triathlon Club	21
458	June	294	0:26:09	Terry Fullick	M55+	21	Tiverton Harriers	21
462	July	580	0:26:18	John Kavanagh	M55+	22	SWRR	21
470	May	302	0:26:40	Dennis Hall	M55+	23		21
472	May	294	0:26:43	Terry Fullick	M55+	24	Tiverton Harriers	21
475	July	294	0:26:47	Terry Fullick	M55+	25	Tiverton Harriers	21
477	April	302	0:26:59	Dennis Hall	M55+	26		21
478	April	294	0:26:59	Terry Fullick	M55+	26	Tiverton Harriers	21
525	July	557	0:30:14	Geoffrey Harcombe	M55+	28	Crediton Running Network	21
171	June	468	0:19:58	Steve Lang	M60+	1	South West Veterans Ac	22
183	May	468	0:20:14	Steve Lang	M60+	2	South West Veterans Ac	22
189	July	373	0:20:20	Des White	M60+	3	Exmouth Harriers Aac	22
196	June	373	0:20:25	Des White	M60+	4	Exmouth Harriers Aac	22

202	July	468	0:20:28	Steve Lang	M60+	5	South West Veterans Ac	22
234	July	425	0:21:08	Martin Havill	M60+	6	Exeter Harriers	22
237	May	373	0:21:11	Des White	M60+	7	Exmouth Harriers Aac	22
256	April	425	0:21:21	Martin Havill	M60+	8	Exeter Harriers	22
268	April	373	0:21:34	Des White	M60+	9	Exmouth Harriers Aac	22
296	July	578	0:21:58	Walter Andrews	M60+	10	Tiverton Harriers	22
306	June	546	0:22:12	Ian Page	M60+	11	South West Vets	22
307	June	405	0:22:12	David Moulder	M60+	11	SWRR	22
331	June	417	0:22:49	Nick Spayne	M60+	13	Maverick Runners	22
344	May	405	0:23:04	David Moulder	M60+	14	SWRR	22
364	July	559	0:23:26	Roger Saunders	M60+	15	Honiton Running Club	22
367	April	405	0:23:28	David Moulder	M60+	16	SWRR	22
376	April	417	0:23:42	Nick Spayne	M60+	17	Maverick Runners	22
465	May	442	0:26:24	Peter Ryan	M60+	18	Ilford Ac	22
469	June	528	0:26:32	John Drennan	M60+	19	South Devon AC	22
119	June	524	0:19:26	John Shapland	M65+	1	Bideford AC	23
135	July	524	0:19:36	John Shapland	M65+	2	Bideford AC	23
349	May	382	0:23:12	Peter Bunyan	M65+	3	South West Veterans Ac	23
377	April	382	0:23:44	Peter Bunyan	M65+	4	South West Veterans Ac	23
430	June	382	0:25:00	Peter Bunyan	M65+	5	South West Veterans Ac	23
350	May	501	0:23:13	Bob Small	M70+	1	Teignbridge Trotters	24
351	June	501	0:23:13	Bob Small	M70+	1	Teignbridge Trotters	24
433	July	579	0:25:01	Jim Movat	M70+	3	Haldon Trail Runners	24