

CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers 1

Cat: M - 18 - 39

Total Time: 0:48:46

| |
|------------------------------|
| Leg 1: Robert Ellis 0:12:14 |
| Leg 2: Berihu Tesfey 0:12:25 |
| Leg 3: Jason Drew 0:12:41 |
| Leg 4: Tom Merson 0:11:26 |

Cat Position: 1



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tavistock Run Project 1

Cat: M - 18 - 39

Total Time: 0:50:54

| |
|-----------------------------|
| Leg 1: Chris Rimmer 0:12:26 |
| Leg 2: Sam Hortopp 0:13:19 |
| Leg 3: Edward Smart 0:13:22 |
| Leg 4: Jim Cole 0:11:47 |

Cat Position: 2



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 1

Cat: M - 18 - 39

Total Time: 0:51:11

| |
|------------------------------|
| Leg 1: Gareth Davies 0:12:39 |
| Leg 2: Sam Crocker 0:13:26 |
| Leg 3: Gwilym Gibson 0:12:58 |
| Leg 4: Sam Hopton 0:12:08 |

Cat Position: 3



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Tri Club 1

Cat: M - 18 - 39

Total Time: 0:51:30

| |
|----------------------------------|
| Leg 1: Tim Gordon 0:12:16 |
| Leg 2: Simon Williams 0:13:52 |
| Leg 3: Adam Caunter 0:12:44 |
| Leg 4: Phil Brockenshire 0:12:38 |

Cat Position: 4



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Axe Valley Runners

Cat: M - 18 - 39

Total Time: 0:52:06

| |
|-------------------------------|
| Leg 1: Terry Emmett 0:13:08 |
| Leg 2: Chet Gillespie 0:12:52 |
| Leg 3: Simon Dimmock 0:13:34 |
| Leg 4: James Green 0:12:32 |

Cat Position: 5



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Harriers 1

Cat: M - 18 - 39

Total Time: 0:53:39

| |
|-------------------------------|
| Leg 1: Matt Prisk 0:13:06 |
| Leg 2: Dominic Spraye 0:13:47 |
| Leg 3: Jon Hagues 0:13:38 |
| Leg 4: Jonny Hall 0:13:08 |

Cat Position: 6



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Harriers

Cat: Mixed

Total Time: 0:53:54

| |
|--------------------------------|
| Leg 1: Harry Mills 0:13:14 |
| Leg 2: Clare Cowen 0:14:32 |
| Leg 3: Steve Goss 0:13:32 |
| Leg 4: Callum Crawford 0:12:36 |

Cat Position: 1



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers 2

Cat: M - 18 - 39

Total Time: 0:55:13

| |
|-------------------------------------|
| Leg 1: Tristankelsall-Spurr 0:13:12 |
| Leg 2: Jet White 0:14:25 |
| Leg 3: Robert Ellis 0:12:56 |
| Leg 4: Grant Lee 0:14:40 |

Cat Position: 7



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Fast And Furious

Cat: M - 18 - 39

Total Time: 0:55:24

| |
|------------------------------------|
| Leg 1: Michal Lesniak 0:12:59 |
| Leg 2: Krzysztof Piglowski 0:15:11 |
| Leg 3: Jan Dolezel 0:14:15 |
| Leg 4: Mateusz Szala 0:12:59 |

Cat Position: 8



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Axe Valley Runners

Cat: M - 40 - 49

Total Time: 0:55:25

| |
|-------------------------------|
| Leg 1: Duncan Staddon 0:13:01 |
| Leg 2: Matt Hewer 0:14:57 |
| Leg 3: Rob Collier 0:13:54 |
| Leg 4: Matt Clist 0:13:33 |

Cat Position: 1



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Harriers 2

Cat: M - 18 - 39

Total Time: 0:55:36

| |
|------------------------------|
| Leg 1: Peter Heckles 0:13:42 |
| Leg 2: Howard Bailey 0:14:00 |
| Leg 3: Guy Privott 0:14:25 |
| Leg 4: Charlie Hague 0:13:29 |

Cat Position: 9



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Tri Club

Cat: M - 40 - 49

Total Time: 0:56:07

| |
|--------------------------------|
| Leg 1: Simon Parke 0:14:02 |
| Leg 2: Anthony Snow 0:14:09 |
| Leg 3: Alan Hughes 0:14:11 |
| Leg 4: David Macdonald 0:13:45 |

Cat Position: 2



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners

Cat: Mixed

Total Time: 0:56:53

| |
|--------------------------------|
| Leg 1: Amy Jones 0:14:49 |
| Leg 2: David Wilson 0:14:16 |
| Leg 3: Ollie Thorogood 0:13:14 |
| Leg 4: Mileswoolnough 0:14:34 |

Cat Position: 2



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Taunton Ac

Cat: F - 18 - 34

Total Time: 0:56:56

| |
|-------------------------------------|
| Leg 1: Kirstie Booth 0:14:40 |
| Leg 2: Kim Hill 0:14:46 |
| Leg 3: Alice Murray-Gourlay 0:13:50 |
| Leg 4: Kate Drew 0:13:40 |

Cat Position: 1



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers 1

Cat: M - 40 - 49

Total Time: 0:57:02

| |
|---------------------------------|
| Leg 1: Anthony Hatchard 0:13:20 |
| Leg 2: Adam Miller 0:13:56 |
| Leg 3: Nathan Sheehy 0:14:09 |
| Leg 4: Jos Jones 0:15:37 |

Cat Position: 3



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 1

Cat: M - 40 - 49

Total Time: 0:57:18

| |
|-----------------------------|
| Leg 1: Jamie Howard 0:13:25 |
| Leg 2: Don Rufus 0:14:06 |
| Leg 3: Milan Gok 0:15:42 |
| Leg 4: Rob Somers 0:14:05 |

Cat Position: 4



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 4

Cat: M - 18 - 39

Total Time: 0:57:29

| |
|------------------------------|
| Leg 1: Kieran Ferris 0:15:22 |
| Leg 2: Joe Osborne 0:14:14 |
| Leg 3: Alex Crump 0:13:35 |
| Leg 4: Scott Hunter 0:14:18 |

Cat Position: 10



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tiverton Harriers 1

Cat: M - 18 - 39

Total Time: 0:57:33

| |
|---------------------------------|
| Leg 1: Nathan Luxton 0:14:01 |
| Leg 2: Jamie Tinniswood 0:14:08 |
| Leg 3: Jake Wood 0:15:15 |
| Leg 4: Simon White 0:14:09 |

Cat Position: 11



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 2

Cat: M - 18 - 39

Total Time: 0:57:39

| |
|--------------------------------|
| Leg 1: James Everidge 0:14:34 |
| Leg 2: Richard Pedrick 0:14:38 |
| Leg 3: James Benham 0:14:05 |
| Leg 4: Shaun Vanstone 0:14:22 |

Cat Position: 12



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Honiton Running Club

Cat: M - 18 - 39

Total Time: 0:57:54

| |
|---------------------------------|
| Leg 1: Adam Rooke 0:14:43 |
| Leg 2: Mark Jeffreys 0:13:32 |
| Leg 3: Alisdair Moffett 0:15:35 |
| Leg 4: Adam Hennessey 0:14:04 |

Cat Position: 13



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tavistock Run Project 2

Cat: M - 18 - 39

Total Time: 0:57:55

| |
|------------------------------|
| Leg 1: Ed Smith 0:13:42 |
| Leg 2: Steve Watson 0:14:51 |
| Leg 3: Craig Howells 0:14:19 |
| Leg 4: Pete Moyse 0:15:03 |

Cat Position: 14



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 1

Cat: M - 50 - 59

Total Time: 0:59:10

| |
|--------------------------------|
| Leg 1: Richard Everson 0:14:36 |
| Leg 2: Tim Vialls 0:14:35 |
| Leg 3: Nick Einchcomb 0:15:14 |
| Leg 4: James Woolf 0:14:45 |

Cat Position: 1



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Greenbow Running Club

Cat: M - 18 - 39

Total Time: 0:59:42

| |
|------------------------------|
| Leg 1: Ian Russell 0:15:15 |
| Leg 2: Darren Thomas 0:15:55 |
| Leg 3: Martin Yeo 0:13:45 |
| Leg 4: Rab Churchill 0:14:47 |

Cat Position: 15



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Torbay A C

Cat: M - 40 - 49

Total Time: 0:59:57

| |
|-------------------------------|
| Leg 1: Steve Weeks 0:14:34 |
| Leg 2: Anthony Raine 0:14:59 |
| Leg 3: David Maxwell 0:16:17 |
| Leg 4: Martyn Breslan 0:14:07 |

Cat Position: 5



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers 2

Cat: M - 40 - 49

Total Time: 1:00:00

| |
|---------------------------------|
| Leg 1: Craig Butler 0:14:52 |
| Leg 2: Jon Garrity 0:14:50 |
| Leg 3: Terry Makie 0:15:51 |
| Leg 4: Anthony Hatchard 0:14:27 |

Cat Position: 6



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers

Cat: M - 50 - 59

Total Time: 1:00:02

| |
|---------------------------------|
| Leg 1: Langdon Williams 0:13:37 |
| Leg 2: Brian Sansom 0:15:14 |
| Leg 3: Chris Murrin 0:15:47 |
| Leg 4: Hugh Marsden 0:15:24 |

Cat Position: 2



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 3

Cat: M - 18 - 39

Total Time: 1:00:22

| |
|---------------------------------------|
| Leg 1: Hamish Fletcher-Cooney 0:13:27 |
| Leg 2: Daniel Grey 0:15:20 |
| Leg 3: Edward Shaw 0:14:38 |
| Leg 4: David Nicholls 0:16:57 |

Cat Position: 16



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Tri Club

Cat: M - 50 - 59

Total Time: 1:00:28

| |
|------------------------------|
| Leg 1: Rupert Warren 0:13:58 |
| Leg 2: Rob Moore 0:15:21 |
| Leg 3: Bernie Ewin 0:16:06 |
| Leg 4: Darren Maggs 0:15:03 |

Cat Position: 3



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Axe Valley Runners

Cat: Mixed

Total Time: 1:00:41

| |
|-------------------------------|
| Leg 1: James Asforth 0:15:46 |
| Leg 2: Karen Eyre 0:16:29 |
| Leg 3: Joel Seward 0:14:45 |
| Leg 4: Chet Gillespie 0:13:41 |

Cat Position: 3



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Tri Club 4

Cat: M - 18 - 39

Total Time: 1:00:55

| |
|------------------------------|
| Leg 1: Ian Dabbs 0:15:56 |
| Leg 2: Ben Bunce 0:15:07 |
| Leg 3: Niel Grimwood 0:14:57 |
| Leg 4: Rupert Warren 0:14:55 |

Cat Position: 17



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Tri Club 3

Cat: M - 18 - 39

Total Time: 1:00:57

| |
|-----------------------------|
| Leg 1: Chris Hodges 0:16:19 |
| Leg 2: Mark Mcphee 0:15:32 |
| Leg 3: Simon Chant 0:14:51 |
| Leg 4: Harry German 0:14:15 |

Cat Position: 18



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South Devon Ac

Cat: M - 18 - 39

Total Time: 1:01:46

| |
|-----------------------------|
| Leg 1: Dave Hampton 0:13:13 |
| Leg 2: Liam Lindon 0:13:54 |
| Leg 3: Chris Reece 0:17:58 |
| Leg 4: Jon Hiscoke 0:16:41 |

Cat Position: 19



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Tri Club 1

Cat: Mixed

Total Time: 1:02:02

| |
|--------------------------------|
| Leg 1: Wayne Thursting 0:13:46 |
| Leg 2: Paul Forty 0:14:22 |
| Leg 3: Kit Reynolds 0:16:36 |
| Leg 4: Miriam Harrison 0:17:18 |

Cat Position: 4



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 1

Cat: F - 18 - 34

Total Time: 1:02:35

| |
|----------------------------------|
| Leg 1: Charlotte Benning 0:14:03 |
| Leg 2: Rosie Glazier 0:16:23 |
| Leg 3: Katie Coult 0:15:50 |
| Leg 4: Alicia Regan 0:16:19 |

Cat Position: 2



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 3

Cat: F - 18 - 34

Total Time: 1:02:58

| |
|--------------------------------|
| Leg 1: Victoria Hill 0:15:16 |
| Leg 2: Lisa Cruise 0:16:07 |
| Leg 3: Libby Hockridge 0:16:30 |
| Leg 4: Amy Jones 0:15:05 |

Cat Position: 3



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 5

Cat: M - 18 - 39

Total Time: 1:03:17

| |
|--------------------------------|
| Leg 1: Lee Hedges 0:15:38 |
| Leg 2: Richard Stone 0:16:35 |
| Leg 3: Paul Stidworthy 0:15:22 |
| Leg 4: Karl Schultze 0:15:42 |

Cat Position: 20



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tiverton Harriers

Cat: M - 40 - 49

Total Time: 1:04:09

| |
|-----------------------------|
| Leg 1: Kevin Butt 0:15:34 |
| Leg 2: Phil Spencer 0:16:05 |
| Leg 3: Jeff Curd 0:17:17 |
| Leg 4: Alan Ledger 0:15:13 |

Cat Position: 7



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South Devon Ac

Cat: M - 40 - 49

Total Time: 1:04:29

| |
|-------------------------------|
| Leg 1: Kevin Ashworth 0:15:23 |
| Leg 2: Anthony Waters 0:15:50 |
| Leg 3: Steve Wright 0:18:14 |
| Leg 4: Stuart Batten 0:15:02 |

Cat Position: 8



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Honiton Running Club 1

Cat: Mixed

Total Time: 1:04:44

| |
|-------------------------------|
| Leg 1: Jo Davey 0:16:17 |
| Leg 2: Jay Sweetman 0:16:05 |
| Leg 3: Richard Harvey 0:16:48 |
| Leg 4: Liam Dingle 0:15:34 |

Cat Position: 5



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers

Cat: Mixed

Total Time: 1:05:17

| |
|---------------------------------|
| Leg 1: Ray Elston 0:19:38 |
| Leg 2: Charlotte Briggs 0:16:39 |
| Leg 3: John Garrity 0:16:03 |
| Leg 4: BeriHu Hadera 0:12:57 |

Cat Position: 6



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Newton Abbot Ac

Cat: F - 18 - 34

Total Time: 1:05:18

| |
|-------------------------------|
| Leg 1: Martha Neal 0:14:12 |
| Leg 2: Danielle Page 0:17:09 |
| Leg 3: Thuza Edworthy 0:19:32 |
| Leg 4: Martha Neal 0:14:25 |

Cat Position: 4



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Cf Exe

Cat: Mixed

Total Time: 1:05:38

| |
|-------------------------------|
| Leg 1: Nicola Davies 0:17:30 |
| Leg 2: Del Pitcher 0:15:49 |
| Leg 3: Dan Kinver 0:15:09 |
| Leg 4: Yvonne Farrell 0:17:10 |

Cat Position: 7



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 3

Cat: M - 50 - 59

Total Time: 1:05:45

| |
|-------------------------------|
| Leg 1: Ian Pang 0:15:11 |
| Leg 2: Andy Macmillan 0:15:31 |
| Leg 3: Mike Feighan 0:17:00 |
| Leg 4: Neil Adger 0:18:03 |

Cat Position: 4



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers

Cat: F - 18 - 34

Total Time: 1:06:21

| |
|-----------------------------------|
| Leg 1: Catarina De Silver 0:15:06 |
| Leg 2: Kelly McGurk 0:17:54 |
| Leg 3: Becky Matthews 0:16:46 |
| Leg 4: Emma White 0:16:35 |

Cat Position: 5



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South Devon

Cat: F - 18 - 34

Total Time: 1:06:21

| |
|--------------------------------|
| Leg 1: Michelle Cowley 0:15:19 |
| Leg 2: Kate Maslin 0:16:16 |
| Leg 3: Dani Waters 0:17:09 |
| Leg 4: Serena Jury 0:17:37 |

Cat Position: 5



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South Devon Ac

Cat: M - 50 - 59

Total Time: 1:06:54

| |
|-----------------------------|
| Leg 1: Marc Walpot 0:15:07 |
| Leg 2: Neil Hayes 0:18:56 |
| Leg 3: Keith Belt 0:17:56 |
| Leg 4: Colin Peters 0:14:55 |

Cat Position: 5



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Newquay Road Runners

Cat: F - 35 - 44

Total Time: 1:07:06

| |
|--|
| Leg 1: Joanne Herd Ne Christie 0:16:10 |
| Leg 2: Michelle Steel 0:16:35 |
| Leg 3: Allison Potter 0:18:17 |
| Leg 4: Eleanor Dixon 0:16:04 |

Cat Position: 1



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers 1

Cat: F - 35 - 44

Total Time: 1:08:43

| |
|---------------------------------|
| Leg 1: Paula Hawkins 0:17:18 |
| Leg 2: Louise Hempstead 0:16:48 |
| Leg 3: Kate Baker 0:17:42 |
| Leg 4: Kelly Thomas 0:16:55 |

Cat Position: 2



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tiverton Harriers 2

Cat: M - 18 - 39

Total Time: 1:09:03

| |
|------------------------------|
| Leg 1: Dave Burt 0:16:11 |
| Leg 2: Kerry Roberts 0:15:04 |
| Leg 3: David Cleeve 0:21:16 |
| Leg 4: Ian Collins 0:16:32 |

Cat Position: 21



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Torbay Ac

Cat: Mixed

Total Time: 1:09:41

| |
|-----------------------------------|
| Leg 1: Fleur Ricklin 0:18:37 |
| Leg 2: Cassandra Harrison 0:17:52 |
| Leg 3: Mark Smith 0:17:41 |
| Leg 4: Adam Taylor 0:15:31 |

Cat Position: 8



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tavistock Run Project

Cat: F - 18 - 34

Total Time: 1:09:56

| |
|------------------------------|
| Leg 1: Hayley Clarke 0:18:15 |
| Leg 2: Emma Dooney 0:17:49 |
| Leg 3: Jo Arscott 0:17:59 |
| Leg 4: Jenny Sabine 0:15:53 |

Cat Position: 7



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 2

Cat: M - 40 - 49

Total Time: 1:10:03

| |
|--------------------------------|
| Leg 1: Jonathan Major 0:15:02 |
| Leg 2: Gavin Connor 0:16:03 |
| Leg 3: Stephen Collier 0:16:54 |
| Leg 4: Martin Saxton 0:22:04 |

Cat Position: 9



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Quay2Fitness

Cat: M - 18 - 39

Total Time: 1:10:08

| |
|------------------------------|
| Leg 1: Luke Abrahams 0:15:42 |
| Leg 2: Steve Hagley 0:17:59 |
| Leg 3: Andy Gwynne 0:16:25 |
| Leg 4: James Eustice 0:20:02 |

Cat Position: 22



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers

Cat: F - 55+

Total Time: 1:10:10

| |
|-----------------------------|
| Leg 1: Cathy Newman 0:15:29 |
| Leg 2: Alison White 0:19:04 |
| Leg 3: Susan Hill 0:18:37 |
| Leg 4: Jenny Reay 0:17:00 |

Cat Position: 1



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Swag Babes

Cat: Mixed

Total Time: 1:10:48

| |
|--------------------------------|
| Leg 1: Steve Simpson 0:16:03 |
| Leg 2: Lucille Chapuis 0:19:04 |
| Leg 3: Emma Weschke 0:20:51 |
| Leg 4: Harry Harding 0:14:50 |

Cat Position: 9



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 2

Cat: F - 35 - 44

Total Time: 1:11:05

| |
|------------------------------|
| Leg 1: Roz Debenham 0:17:36 |
| Leg 2: Danielle Cox 0:18:40 |
| Leg 3: Jenny Kathryn 0:18:33 |
| Leg 4: Suzie Tosh 0:16:16 |

Cat Position: 3



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners

Cat: M - 60+

Total Time: 1:11:06

| |
|----------------------------|
| Leg 1: Dave Evans 0:18:46 |
| Leg 2: Barry Frost 0:15:55 |
| Leg 3: Tony Gale 0:18:47 |
| Leg 4: Lewis Jones 0:17:38 |

Cat Position: 1



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Tri Club 2

Cat: M - 18 - 39

Total Time: 1:11:11

| |
|-----------------------------|
| Leg 1: Paul Hitt 0:17:13 |
| Leg 2: Rob Libby 0:18:05 |
| Leg 3: Ewan Woodley 0:20:38 |
| Leg 4: Simon Parke 0:15:15 |

Cat Position: 23



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tavistock Run Project

Cat: Mixed

Total Time: 1:11:38

| |
|------------------------------|
| Leg 1: Matt Teague 0:15:09 |
| Leg 2: Lorna Norris 0:21:23 |
| Leg 3: David Chanter 0:18:08 |
| Leg 4: James Vassey 0:16:58 |

Cat Position: 10



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 4

Cat: F - 18 - 34

Total Time: 1:11:43

| |
|------------------------------------|
| Leg 1: Becky Davis 0:15:28 |
| Leg 2: Alice Elizabeth 0:19:24 |
| Leg 3: Yusra - Zara Salman 0:18:51 |
| Leg 4: Tracey Lloyd 0:18:00 |

Cat Position: 8



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tiverton Harriers

Cat: M - 50 - 59

Total Time: 1:12:42

| |
|-------------------------------|
| Leg 1: Walter Andrews 0:16:50 |
| Leg 2: Len O'Connell 0:17:48 |
| Leg 3: Terry Fullick 0:20:07 |
| Leg 4: Tony Fahy 0:17:57 |

Cat Position: 6



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Tri Club 2

Cat: Mixed

Total Time: 1:12:55

| |
|------------------------------|
| Leg 1: Leah Rogers 0:17:49 |
| Leg 2: Sarah Clough 0:18:07 |
| Leg 3: Martin Parker 0:18:16 |
| Leg 4: Gary Rogers 0:18:43 |

Cat Position: 11



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South Devon Ac

Cat: Mixed

Total Time: 1:13:06

| |
|-----------------------------|
| Leg 1: John Hiscoke 0:16:15 |
| Leg 2: Chris Walpot 0:23:30 |
| Leg 3: Phil Cowley 0:19:58 |
| Leg 4: Dave Hampton 0:13:23 |

Cat Position: 12



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 2

Cat: M - 50 - 59

Total Time: 1:13:08

| |
|----------------------------------|
| Leg 1: Mike Kay 0:17:38 |
| Leg 2: Geoff Smith 0:18:17 |
| Leg 3: Mark Tait 0:19:01 |
| Leg 4: Lawrence Atherton 0:18:12 |

Cat Position: 7



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 1

Cat: F - 35 - 44

Total Time: 1:13:12

| |
|------------------------------|
| Leg 1: Jemma Marsh 0:17:35 |
| Leg 2: Julie Belshaw 0:18:36 |
| Leg 3: Kirsty Hill 0:19:12 |
| Leg 4: Karen Cook 0:17:49 |

Cat Position: 4



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tiverton Harriers 2

Cat: F - 18 - 34

Total Time: 1:13:44

| |
|--------------------------------|
| Leg 1: Rose Partridge 0:17:18 |
| Leg 2: Sara Hope 0:20:16 |
| Leg 3: Catherine Greed 0:16:44 |
| Leg 4: Kate Westcott 0:19:26 |

Cat Position: 9



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers 3

Cat: M - 18 - 39

Total Time: 1:13:48

| |
|------------------------------|
| Leg 1: Dave Eveleigh 0:22:30 |
| Leg 2: Ben White 0:16:50 |
| Leg 3: Phil Hatchard 0:17:47 |
| Leg 4: Des White 0:16:41 |

Cat Position: 24



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Honiton Running Club 2

Cat: Mixed

Total Time: 1:14:15

| |
|-------------------------------|
| Leg 1: Sharon Wells 0:17:45 |
| Leg 2: Sean Corbett 0:19:34 |
| Leg 3: David Hawker 0:19:12 |
| Leg 4: Roger Saunders 0:17:44 |

Cat Position: 13



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Torbay A C

Cat: F - 45 - 54

Total Time: 1:14:24

| |
|---------------------------------|
| Leg 1: Debbie Webber 0:19:19 |
| Leg 2: Karen Baddeley 0:17:17 |
| Leg 3: Anita Merrick 0:19:35 |
| Leg 4: Hayley Radcliffe 0:18:13 |

Cat Position: 1



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 2

Cat: F - 18 - 34

Total Time: 1:14:31

| |
|-------------------------------|
| Leg 1: Naomi Shaw 0:16:31 |
| Leg 2: Laura Nicholls 0:18:14 |
| Leg 3: Katie Williams 0:20:04 |
| Leg 4: Fiona Moore 0:19:42 |

Cat Position: 10



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exmouth Harriers 2

Cat: F - 45 - 54

Total Time: 1:14:57

| |
|-------------------------------|
| Leg 1: Lisa Hatchard 0:17:41 |
| Leg 2: Jane Macdonald 0:18:41 |
| Leg 3: Dawn Teed 0:18:55 |
| Leg 4: Kay Douglas 0:19:40 |

Cat Position: 2



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners

Cat: F - 55+

Total Time: 1:15:20

| |
|-----------------------------|
| Leg 1: Julie Hedges 0:17:17 |
| Leg 2: Donna Smith 0:19:44 |
| Leg 3: Gail Furness 0:19:41 |
| Leg 4: Amanda Perry 0:18:38 |

Cat Position: 2



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter College Running Club

Cat: M - 18 - 39

Total Time: 1:16:34

| |
|----------------------------|
| Leg 1: Greg Waller 0:22:30 |
| Leg 2: Shaun Drew 0:17:10 |
| Leg 3: Ben Tucker 0:18:50 |
| Leg 4: Ben Tancock 0:18:04 |

Cat Position: 25



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Greenbow Running Club

Cat: F - 18 - 34

Total Time: 1:17:25

| |
|-----------------------------|
| Leg 1: Liz Wilson 0:19:25 |
| Leg 2: Emily Kaye 0:19:26 |
| Leg 3: Emmi Wilson 0:18:57 |
| Leg 4: Kelly Lawson 0:19:37 |

Cat Position: 11



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter College Running Club

Cat: F - 18 - 34

Total Time: 1:17:27

| |
|---------------------------------|
| Leg 1: Maggie Gellersjo 0:19:53 |
| Leg 2: Griselda Shipp 0:19:38 |
| Leg 3: Olwen Coates 0:20:47 |
| Leg 4: Christina Green 0:17:09 |

Cat Position: 12



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tiverton Harriers 1

Cat: F - 18 - 34

Total Time: 1:17:58

| |
|--------------------------------|
| Leg 1: Hannah Brown 0:19:12 |
| Leg 2: Vicky Glanville 0:19:03 |
| Leg 3: Jess Marks 0:20:26 |
| Leg 4: Amy Garland 0:19:17 |

Cat Position: 13



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tiverton Harriers

Cat: F - 35 - 44

Total Time: 1:18:09

| |
|-------------------------------|
| Leg 1: Tamsin Phelvin 0:17:42 |
| Leg 2: Claire Dexter 0:19:36 |
| Leg 3: Mary Humphries 0:20:34 |
| Leg 4: Katrina Vos 0:20:17 |

Cat Position: 5



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Honiton Running Club

Cat: F - 18 - 34

Total Time: 1:18:13

| |
|---------------------------------|
| Leg 1: Rachel Hennessey 0:17:56 |
| Leg 2: Philipa Vanham 0:20:25 |
| Leg 3: Lorna Jarrald 0:20:11 |
| Leg 4: Claire Rouse 0:19:41 |

Cat Position: 14



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South Devon

Cat: F - 35 - 44

Total Time: 1:18:13

| |
|-------------------------------|
| Leg 1: Andrea Wall 0:20:18 |
| Leg 2: Rachel Irish 0:20:20 |
| Leg 3: Laura Ashworth 0:17:45 |
| Leg 4: Michelle Coles 0:19:50 |

Cat Position: 6



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners 4

Cat: M - 50 - 59

Total Time: 1:18:35

| |
|-------------------------------|
| Leg 1: Paul Whitmarsh 0:19:34 |
| Leg 2: Paul Barter 0:17:55 |
| Leg 3: Mark Jelley 0:23:44 |
| Leg 4: Ken Lamont 0:17:22 |

Cat Position: 8



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Tri Hard Ladies

Cat: F - 35 - 44

Total Time: 1:19:04

| |
|------------------------------|
| Leg 1: Sam Pigeon 0:20:27 |
| Leg 2: Suzanne Evans 0:19:33 |
| Leg 3: Lisa White 0:19:51 |
| Leg 4: Amanda Day 0:19:13 |

Cat Position: 7



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Exeter Tri Club

Cat: F - 45 - 54

Total Time: 1:19:34

| |
|-------------------------------|
| Leg 1: Caroline Smith 0:18:20 |
| Leg 2: Penny Clapham 0:23:31 |
| Leg 3: Abi Williams 0:19:12 |
| Leg 4: Alex Hutchby 0:18:31 |

Cat Position: 3



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: South West Road Runners

Cat: F - 45 - 54

Total Time: 1:20:18

| |
|------------------------------|
| Leg 1: Caroline Tait 0:19:14 |
| Leg 2: Trudy Saxton 0:19:47 |
| Leg 3: Mary Daymond 0:21:29 |
| Leg 4: Lynda Garcia 0:19:48 |

Cat Position: 4



CONGRATULATIONS

For doing battle at

#RunExeRelays

Friday 17th May 2019

Team: Torbay Ac

Cat: F - 35 - 44

Total Time: 1:23:29

| |
|--------------------------------|
| Leg 1: Gemma Ratcliffe 0:21:40 |
| Leg 2: Alma Ruiz 0:19:51 |
| Leg 3: Michele Sandhu 0:21:26 |
| Leg 4: Jan Barrett 0:20:32 |

Cat Position: 8

